

Kent Indoor Championships - Lee Valley Indoor Athletics Centre 19/20 March 2016

(a) Saturday, (b) Sunday

SM 60m (b)

Heat 1					
	No.	Athlete	Club	Perf	
1	215	Omari Markland-Montgomery	Cambridge Harriers	7.02	Q
2	216	Andy Millen	Bexley AC	7.28	Q
3	220	Wesley Walton	Tonbridge AC	7.38	Q
4	208	Devante Ewenkhare	Victoria Park & Tower H AC	7.54	q
	210	Jack Green	Kent AC	dnf	
Heat 2					
	No.	Athlete	Club	Perf	
1	209	Daniel Gill	Medway and Maidstone AC	7.22	Q
2	205	Aaron Broderick	Kent AC	7.41	Q
3	217	Paul Slater	Bexley AC	7.57	Q
4	213	Harry Kendall	Tonbridge AC	7.62	q
Heat 3					
	No.	Athlete	Club	Perf	
1	218	Wade Thompson	Cambridge Harriers	7.26	Q
2	203	Justin Bailey	Dartford Harriers AC	7.44	Q
3	211	Edward Hall	Tonbridge AC	7.49	Q
4	214	Alexander Lee	Dartford Harriers AC	7.69	q
5	202	Bilen Ahmet	Kingston AC & Poly H	8.03	
6	219	Adam Wall	Unattached	8.16	
S/F 1					
	No.	Athlete	Club	Perf	
1	215	Omari Markland-Montgomery	Cambridge Harriers	7.05	Q
2	218	Wade Thompson	Cambridge Harriers	7.15	Q
3	220	Wesley Walton	Tonbridge AC	7.36	Q
4	205	Aaron Broderick	Kent AC	7.39	
5	217	Paul Slater	Bexley AC	7.60	
	213	Harry Kendall	Tonbridge AC	dnf	
S/F 2					
	No.	Athlete	Club	Perf	
1	209	Daniel Gill	Medway and Maidstone AC	7.23	Q
2	216	Andy Millen	Bexley AC	7.31	Q
3	211	Edward Hall	Tonbridge AC	7.41	Q
4	203	Justin Bailey	Dartford Harriers AC	7.47	
5	208	Devante Ewenkhare	Victoria Park & Tower H AC	7.61	
6	214	Alexander Lee	Dartford Harriers AC	7.73	
Final					
	No.	Athlete	Club	Perf	
1	215	Omari Markland-Montgomery	Cambridge Harriers	6.96	
2	218	Wade Thompson	Cambridge Harriers	7.17	
3	209	Daniel Gill	Medway and Maidstone AC	7.25	
4	216	Andy Millen	Bexley AC	7.28	
5	220	Wesley Walton	Tonbridge AC	7.35	
6	211	Edward Hall	Tonbridge AC	7.41	

SM Disability 60m (b)

Final				
	No.	Athlete	Club	Perf
1	323	Danny Campion (T42)	Thanet AC	11.38

SM 200m (a)

Heat 1					
	No.	Athlete	Club	Perf	
1	342	Anthony Bryan	Tonbridge AC	23.8	Q
2	203	Justin Bailey	Dartford Harriers AC	24.4	q
3	202	Bilen Ahmet	Kingston AC & Poly H	27.3	q
Heat 2					
	No.	Athlete	Club	Perf	
1	346	David Stewart	Dartford Harriers AC	24.6	Q
2	204	Mathew Beech	Swale Combined AC	24.9	q
3	206	Jason Cannon (M50)	Tonbridge AC	27.5	
4	344	Iain Presnell (M55)	Ashford AC	27.6	
Final					
	No.	Athlete	Club	Perf	
1	346	David Stewart	Dartford Harriers AC	23.98	
2	342	Anthony Bryan	Tonbridge AC	24.08	
3	203	Justin Bailey	Dartford Harriers AC	24.21	
4	204	Mathew Beech	Swale Combined AC	24.66	
5	202	Bilen Ahmet	Kingston AC & Poly H	26.93	

SM 400m (b)

Heat 1				
	No.	Athlete	Club	Perf
1	210	Jack Green	Kent AC	48.67
2	373	Lewis Heffernan	Medway and Maidstone AC	50.31
3	369	Alexander Atkins	Dartford Harriers AC	51.21
4	371	George Clements	Medway and Maidstone AC	51.31
5	346	David Stewart	Dartford Harriers AC	51.70
Heat 2				
	No.	Athlete	Club	Perf
1	345	Andrew Smitherman	Cheltenham & County Harriers	51.45
2	372	Mark Cryer	Blackheath & Bromley H AC	51.78
3	375	Steven Tester	Tonbridge AC	51.99
4	374	Rawlston Morian	Kent AC	53.44
5	376	Jahdo Vanterpool	Invicta East Kent AC	53.62
Final				
	No.	Athlete	Club	Perf
1	373	Lewis Heffernan	Medway and Maidstone AC	51.67
2	371	George Clements	Medway and Maidstone AC	52.70
3	369	Alexander Atkins	Dartford Harriers AC	52.87
	345	Andrew Smitherman	Cheltenham & County Harriers	disq
	372	Mark Cryer	Blackheath & Bromley H AC	dns
	210	Jack Green	Kent AC	dns

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qQ
Q**SM 800m (a)**

Final				
	No.	Athlete	Club	Perf
1	399	Alexander Hookway	Tonbridge AC	2:02.87
2	374	Rawlston Morian	Kent AC	2:03.99
3	398	Sam Dowler	Dartford Harriers AC	2:04.00
4	401	Andrew Scoones	Swale Combined AC	2:07.74

SM 1500m (b)

Final				
	No.	Athlete	Club	Perf
1	398	Sam Dowler	Dartford Harriers AC	4:22.12

SM 60m Hurdles (a)

Final				
	No.	Athlete	Club	Perf
1	324	Lewis Church	Tonbridge AC	8.68
2	212	Matthew Harris	Ashford AC	9.10
3	202	Bilen Ahmet	Kingston AC & Poly H	10.25

SM High Jump (a)

Final				
	No.	Athlete	Club	Ht
1	370	Martin Brockman	Medway and Maidstone AC	2.00
2	452	Thomas Howlett	Dartford Harriers AC	2.00
3	324	Lewis Church	Tonbridge AC	1.90
4	451	Mason Doyle	Paddock Wood AC	1.85
5	213	Harry Kendall	Tonbridge AC	1.80
5	221	Paul Williams	Dartford Harriers AC	1.80
7	372	Mark Cryer	Blackheath & Bromley H AC	1.75
8	202	Bilen Ahmet	Kingston AC & Poly H	1.60

1.85 o;1.90 o;1.95 o;2.00 xxo;2.05 xxx
 1.85 o;1.90 xxo;1.95 xxo;2.00 xxx
 1.85 o;1.90 xxo;1.95 xxx
 1.75 o;1.80 o;1.85 o;1.90 xxx
 1.80 o;1.85 xxx
 1.70 o;1.75 o;1.80 o;1.85 xxx
 1.70 xo;1.75 o;1.80 xxx
 1.50 o;1.55 o;1.60 o;1.65 xxx

SM Pole Vault (b)

Final				
	No.	Athlete	Club	Ht
1	370	Martin Brockman	Medway and Maidstone AC	4.85
2	324	Lewis Church	Tonbridge AC	4.10
3	454	Thomas Snee	Kingston AC & Poly H	4.00
4	212	Matthew Harris	Ashford AC	4.00
5	202	Bilen Ahmet	Kingston AC & Poly H	3.80
6	456	Luke Williams	Ashford AC	3.70
7	213	Harry Kendall	Tonbridge AC	3.50

CBP

4.50 xxo;4.70 xxo;4.85 o;5.00 xxx
 3.80 o;3.90 -;4.00 xo;4.10 xo;4.20 xxo;4.50 o;4.70 xxx
 4.00 o;4.10 xxx
 3.60 o;3.70 -;3.80 o;3.90 xo;4.00 xxo;4.10 xxx
 3.40 o;3.50 -;3.60 xo;3.70 xxo;3.80 xo;3.90 xxx
 3.40 o;3.50 -;3.60 xo;3.70 xxo;3.80 xxx
 3.40 xo;3.50 o;3.60 xxx

Final				
	No.	Athlete	Club	Perf
1	242	Shamar Thomas-Campbell	Blackheath & Bromley H AC	7.01
2	230	Maximilian Heavens	Invicta East Kent AC	7.08
3	243	Michael Watson	Medway and Maidstone AC	7.18
4	227	Eghosa Evbosomon	Cambridge Harriers	7.24
5	229	Max Harbord	Kent AC	7.32
6	233	Matteo Okogie	Cambridge Harriers	7.34

U20M 200m (a)

Heat 1				
	No.	Athlete	Club	Perf
1	242	Shamar Thomas-Campbell	Blackheath & Bromley H AC	23.0
2	243	Michael Watson	Medway and Maidstone AC	23.2
3	223	Ryan Campbell	Dartford Harriers AC	23.5
4	234	Lewis Parsons	Thanet AC	24.7
5	226	Oliver Cooper	Thanet AC	25.7
	225	Jacob Colman	Tonbridge AC	disq
Heat 2				
	No.	Athlete	Club	Perf
1	349	Henry Marshall	Tonbridge AC	22.9
2	240	Alex Skipp	Blackheath & Bromley H AC	23.3
3	348	Kevin Feyisetan	Dartford Harriers AC	24.1
4	238	Matthew Rushden	Dartford Harriers AC	24.1
5	350	Lloyd Riggall	Dartford Harriers AC	24.8
6	224	Thomas Coleman	Invicta East Kent AC	26.1
Final				
	No.	Athlete	Club	Perf
1	242	Shamar Thomas-Campbell	Blackheath & Bromley H AC	22.53
2	349	Henry Marshall	Tonbridge AC	22.66
3	240	Alex Skipp	Blackheath & Bromley H AC	22.70
4	243	Michael Watson	Medway and Maidstone AC	22.82
5	223	Ryan Campbell	Dartford Harriers AC	23.13

U20M 400m (b)

Heat 1				
	No.	Athlete	Club	Perf
1	326	Cameron Amedee	Ashford AC	52.45
2	235	William Pope	Blackheath & Bromley H AC	53.18
3	239	Zakariya Shaikh	Ashford AC	55.26
	226	Oliver Cooper	Thanet AC	dnf
Heat 2				
	No.	Athlete	Club	Perf
1	241	Lewis Smith	Ashford AC	53.59
2	379	Aleksander Wiltshire	Blackheath & Bromley H AC	56.89
3	377	Lewis Makey	Medway and Maidstone AC	57.62
	378	Odunayo Ojo	Invicta East Kent AC	dns
Final				
	No.	Athlete	Club	Perf
1	326	Cameron Amedee	Ashford AC	51.64
2	235	William Pope	Blackheath & Bromley H AC	52.85
3	379	Aleksander Wiltshire	Blackheath & Bromley H AC	53.67
4	241	Lewis Smith	Ashford AC	53.73
5	239	Zakariya Shaikh	Ashford AC	54.94
6	377	Lewis Makey	Medway and Maidstone AC	56.60

U20M 800m (a)

Final				
	No.	Athlete	Club	Perf
1	403	Kieran Eland	Ashford AC	2:02.06
2	405	Cameron Payas	Medway and Maidstone AC	2:03.31
3	406	Max Read	Medway and Maidstone AC	2:09.47
4	402	Samuel Avis	Tonbridge AC	2:11.01
5	404	Ryan Maunders	Medway and Maidstone AC	2:11.29

U20M 1500m (b)

Final				
	No.	Athlete	Club	Perf
1	428	Charlie Davis	Blackheath & Bromley H AC	4:28.49
2	429	Bayley Massey	Cambridge Harriers	4:29.65

U20M 60m Hurdles (a)

Final				
	No.	Athlete	Club	Perf
1	325	Ethan Akanni	Bexley AC	8.18
2	327	Joseph Thurgood	Medway and Maidstone AC	8.64
3	326	Cameron Amedee	Ashford AC	8.69
4	241	Lewis Smith	Ashford AC	8.75

U20M 1000m Walk (a)

Final				
	No.	Athlete	Club	Perf

	No.	Athlete	Club	Perf
1	445	Luc Legon	Bexley AC	4:09.2

CBP

U20M High Jump (a)

Final				
	No.	Athlete	Club	Ht
1	327	Joseph Thurgood	Medway and Maidstone AC	1.75
2	466	Ben Stanbury	Cambridge Harriers	1.70

1.70 o;1.75 xo;1.80 xxx
1.65 o;1.70 xo;1.75 xxx

U20M Pole Vault (b)

Final				
	No.	Athlete	Club	Ht
1	467	Alexander Hardy	Ashford AC	3.50
2	466	Ben Stanbury	Cambridge Harriers	3.00
3	226	Oliver Cooper	Thanet AC	2.50

3.40 o;3.50 xo;3.60 xxx
2.60 o;2.80 o;3.00 xo;3.10 xxx
2.10 o;2.20 -;2.30 xo;2.50 o;2.60 xxx

U20M Long Jump (a)

Final				
	No.	Athlete	Club	Dist
1	348	Kevin Feyisetan	Dartford Harriers AC	5.88
2	226	Oliver Cooper	Thanet AC	5.03

5.53; 5.80; 5.88; 5.85
5.03; 3.18; nj; 4.87

U20M Triple Jump (b)

Final				
	No.	Athlete	Club	Dist
1	222	Ashley Buckman	Ashford AC	13.22
2	348	Kevin Feyisetan	Dartford Harriers AC	12.49
3	378	Odunayo Ojo	Invicta East Kent AC	12.15
4	468	Benjamin Isaac	Ashford AC	12.12
5	226	Oliver Cooper	Thanet AC	10.65

13.15; 13.22; 12.84; 12.92
12.40; 11.77; 12.49; 11.95
12.05; 12.15; 12.06; 12.13
nj; 12.12; 11.80; 11.91
10.19; 9.99; 10.65; 10.27

U20M Shot (a)

Final				
	No.	Athlete	Club	Dist
1	469	Luc Durant	Unaffiliated	13.31
2	470	Oliver Hussey	Dartford Harriers AC	12.63
3	327	Joseph Thurgood	Medway and Maidstone AC	10.74
4	238	Matthew Rushden	Dartford Harriers AC	10.37
5	226	Oliver Cooper	Thanet AC	10.02

12.50; 13.31; 12.25; 13.09
12.37; 12.15; 12.63; 12.30
9.61; 10.01; 10.65; 10.74
-; 9.41; 10.37; 10.36
9.29; 9.86; 10.02; 9.67

U17M 60m (b)

Heat 1				
	No.	Athlete	Club	Perf
1	248	Matthew Knight	Blackheath & Bromley H AC	7.21
2	251	Alex Marshall	Medway and Maidstone AC	7.48
3	249	Rory Kuypers	Medway and Maidstone AC	7.51
4	244	Robert Abbott	Blackheath & Bromley H AC	7.71
5	250	Khuwayne Linton	S Factor Academy	8.29
Heat 2				
	No.	Athlete	Club	Perf
1	252	Brandon Mingeli	Cambridge Harriers	7.23
2	254	Toby Seal	Tonbridge AC	7.39
3	253	Luke Moore	Cambridge Harriers	7.48
4	247	Nathan Isaac	Medway and Maidstone AC	7.49
5	246	Omogbolahan Adeyemo	S Factor Academy	7.89
Final				
	No.	Athlete	Club	Perf
1	248	Matthew Knight	Blackheath & Bromley H AC	7.16
2	252	Brandon Mingeli	Cambridge Harriers	7.27
3	254	Toby Seal	Tonbridge AC	7.35
4	251	Alex Marshall	Medway and Maidstone AC	7.46
5	253	Luke Moore	Cambridge Harriers	7.48
6	247	Nathan Isaac	Medway and Maidstone AC	7.54

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U17M 200m (a)

Heat 1				
	No.	Athlete	Club	Perf
1	253	Luke Moore	Cambridge Harriers	24.3
2	353	Justin Oludemi	Dartford Harriers AC	24.3
3	251	Alex Marshall	Medway and Maidstone AC	24.3
4	247	Nathan Isaac	Medway and Maidstone AC	24.9

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Heat 2				
	No.	Athlete	Club	Perf
1	352	Ethan Brown	Dartford Harriers AC	23.6
2	254	Toby Seal	Tonbridge AC	24.0
3	249	Rory Kuypers	Medway and Maidstone AC	24.2
4	351	Fabrice Baptiste	Cambridge Harriers	24.7
5	511	Chizute Ogbedeh	Blackheath & Bromley H AC	25.1
Final				
	No.	Athlete	Club	Perf
1	352	Ethan Brown	Dartford Harriers AC	23.60
2	353	Justin Oludemi	Dartford Harriers AC	23.71
3	253	Luke Moore	Cambridge Harriers	23.80
4	249	Rory Kuypers	Medway and Maidstone AC	24.06
5	254	Toby Seal	Tonbridge AC	24.47

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U17M 400m (b)

Heat 1				
	No.	Athlete	Club	Perf
1	384	William Milham	Medway and Maidstone AC	54.19
2	383	Isaac Milham	Medway and Maidstone AC	54.34
3	385	Connor Owen	Ashford AC	54.46
4	381	Lewis Cable	Medway and Maidstone AC	57.92
Heat 2				
	No.	Athlete	Club	Perf
1	382	Michael Fagbenle	Bexley AC	53.53
2	386	Ben Sutton	Blackheath & Bromley H AC	54.05
3	380	George Blake	Medway and Maidstone AC	55.81
4	351	Fabrice Baptiste	Cambridge Harriers	58.68
Final				
	No.	Athlete	Club	Perf
1	384	William Milham	Medway and Maidstone AC	52.65
2	386	Ben Sutton	Blackheath & Bromley H AC	53.00
3	382	Michael Fagbenle	Bexley AC	53.22
4	383	Isaac Milham	Medway and Maidstone AC	53.32
5	385	Connor Owen	Ashford AC	55.42
	380	George Blake	Medway and Maidstone AC	dns

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U17M 800m (a)

Final				
	No.	Athlete	Club	Perf
1	407	Jacques Cunningham-Marsh	Medway and Maidstone AC	2:04.80
2	411	Marshall Smith	Ashford AC	2:07.45
3	413	Joseph Whitby	Invicta East Kent AC	2:11.93
4	408	Carl Eldred	Medway and Maidstone AC	2:23.52
	409	Samuel Hallett	Medway and Maidstone AC	disq

CBP

U17M 1500m (b)

Final				
	No.	Athlete	Club	Perf
1	432	Thomas Manning	Dartford Harriers AC	4:23.37
2	433	Lewis Mills	Blackheath & Bromley H AC	4:27.58
3	411	Marshall Smith	Ashford AC	4:29.38
4	430	Marcus Etheridge	Invicta East Kent AC	4:39.00
5	431	Joseph Griffiths	Invicta East Kent AC	4:39.36

U17M 60m Hurdles (a)

Final				
	No.	Athlete	Club	Perf
1	254	Toby Seal	Tonbridge AC	8.42

U17M High Jump (b)

Final				
	No.	Athlete	Club	Ht
1	471	Samuel Masters	Bexley AC	1.60

1.45 o; 1.50 o; 1.55 xo; 1.60 xxo; 1.65 xxx

U17M Pole Vault (b)

Final				
	No.	Athlete	Club	Ht
1	475	Frankie Scrivener	Blackheath & Bromley H AC	3.20
2	473	George Pope	Blackheath & Bromley H AC	2.40

2.50 o; 2.60 o; 2.70 o; 2.80 xxo; 2.90 o; 3.00 o; 3.10 xxo; 3.20 o; 3.30 xxx
2.40 xo; 2.50 xxx

U17M Long Jump (a)

Final				
	No.	Athlete	Club	Dist
1	254	Toby Seal	Tonbridge AC	5.99
2	386	Ben Sutton	Blackheath & Bromley H AC	5.83
3	472	Douglas Noel	Invicta East Kent AC	5.46

5.97; nj; nj; 5.99
nj; 5.58; 5.69; 5.83
5.35; 5.32; 5.46; 5.45

U17M Shot (a)

Final				
	No.	Athlete	Club	Dist

1	250	Khuwayne Linton	S Factor Academy	9.35
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8.77; 9.13; 9.17; 9.35

U15B 60m (b)

Heat 1				
	No.	Athlete	Club	Perf
1	261	Ernest Lake	Tonbridge AC	7.88
2	263	Connor Neal	Thanet AC	7.95
3	264	Nathan Reid	S Factor Academy	8.08
4	257	Felix Brooks	Tonbridge AC	8.38
5	255	Jonathan Abbott	Blackheath & Bromley H AC	9.07
Heat 2				
	No.	Athlete	Club	Perf
1	258	Rico Cottell	Blackheath & Bromley H AC	7.69
2	266	George Smith	Tonbridge AC	8.19
3	256	Oliver Briars	Blackheath & Bromley H AC	8.23
4	268	Leonard Wright	Blackheath & Bromley H AC	8.56
5	262	Leo McCallum	Blackheath & Bromley H AC	9.06
6	265	Imani Ru Pert-Em-Hru	S Factor Academy	9.49
Final				
	No.	Athlete	Club	Perf
1	258	Rico Cottell	Blackheath & Bromley H AC	7.58
2	261	Ernest Lake	Tonbridge AC	7.62
3	263	Connor Neal	Thanet AC	7.94
4	264	Nathan Reid	S Factor Academy	8.08
5	266	George Smith	Tonbridge AC	8.09
6	256	Oliver Briars	Blackheath & Bromley H AC	8.11

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U15B 200m (a)

Final				
	No.	Athlete	Club	Perf
1	261	Ernest Lake	Tonbridge AC	24.9
2	356	Myles Xavier	Blackheath & Bromley H AC	25.4
3	263	Connor Neal	Thanet AC	25.4
4	354	Rory Sturgeon	Tonbridge AC	26.9
5	257	Felix Brooks	Tonbridge AC	26.9
6	355	Guy White	Tonbridge AC	27.4

U15B 300m (b)

Final				
	No.	Athlete	Club	Perf
1	513	Joshua Gbagbo	Blackheath & Bromley H AC	40.12
2	266	George Smith	Tonbridge AC	40.70
3	257	Felix Brooks	Tonbridge AC	42.56
	263	Connor Neal	Thanet AC	disq

U15B 800m (a)

Final				
	No.	Athlete	Club	Perf
1	416	Jack Higgins	Bexley AC	2:14.33
2	387	Ewan Wood	Tonbridge AC	2:20.19
3	418	Ronnie Stowell	Bexley AC	2:21.84
4	260	Benjamin Gardiner	Blackheath & Bromley H AC	2:24.46
5	414	Alexander Donnelly	Medway and Maidstone AC	2:25.18
6	417	Reece Perkins	Medway and Maidstone AC	2:32.66
7	415	James English	Swale Combined AC	2:42.93
8	328	Harry Ives	Dartford Harriers AC	2:47.50

U15B 1500m (b)

Final				
	No.	Athlete	Club	Perf
1	435	Ted Higgins	Bexley AC	4:31.69
2	437	Bashiri Ryan	Medway and Maidstone AC	4:45.41
3	436	Hamish Reilly	Medway and Maidstone AC	4:51.61
4	438	Luke Stringer	Medway and Maidstone AC	4:56.40
5	434	Matthew Crane	Bexley AC	5:02.14

CBP

U15B 60m Hurdles (a)

Final				
	No.	Athlete	Club	Perf
1	328	Harry Ives	Dartford Harriers AC	12.72

U15B 1000m Walk (a)

Final				
	No.	Athlete	Club	Perf
1	446	Jack Childs	Medway and Maidstone AC	5:02.2

NCBP

U15B High Jump (b)

Final				
	No.	Athlete	Club	Ht
1	258	Rico Cottell	Blackheath & Bromley H AC	1.80
2	474	Daniel Smith	Tonbridge AC	1.50

CBP

1.50 o;1.55 o;1.60 o;1.65 o;1.70 xo;1.75 o;1.80 xo;1.83 xxx
1.20 o;1.25 -;1.30 o;1.35 -;1.40 o;1.45 xxo;1.50 o;1.55 xxx

U15B Pole Vault (b)

Final				
	No.	Athlete	Club	Ht
1	474	Daniel Smith	Tonbridge AC	2.30
2	476	Ethan Kitteridge	Blackheath & Bromley H AC	2.30

2.00 o;2.10 o;2.20 xo;2.30 xxo;2.40 xxx
2.00 xo4;2.10 o;2.20 xo;2.30 xxo;2.40 xxx

U15B Long Jump (a)

Final				
	No.	Athlete	Club	Dist
1	356	Myles Xavier	Blackheath & Bromley H AC	5.29
2	261	Ernest Lake	Tonbridge AC	5.20
3	263	Connor Neal	Thanet AC	4.84

; 5.10; 5.03; 5.29
; 5.20; 5.02; 5.10
; nj; 4.84; 4.72

U15B Triple Jump (b)

Final				
	No.	Athlete	Club	Dist
1	513	Joshua Gbagbo	Blackheath & Bromley H AC	11.30

11.30; 11.07; 11.29; -

U15B Shot (a)

Final				
	No.	Athlete	Club	Dist
1	477	Michael Burfoot	Blackheath & Bromley H AC	10.86
2	478	Freddie Marshall	Tonbridge AC	10.72
3	355	Guy White	Tonbridge AC	10.08
4	479	Jordan Oludemi	Dartford Harriers AC	7.00

10.86; 10.29; 10.42; 10.15
10.38; 10.72; 10.37; 10.16
7.94; np; 10.08; np
; np; 7.00; np

SW 60m (b)

Final				
	No.	Athlete	Club	Perf
1	269	Simone Baxter	Tonbridge AC	8.17
2	270	Emma Giles	Medway and Maidstone AC	8.17

SW 200m (a)

Final				
	No.	Athlete	Club	Perf
1	359	Jodie Leslie	Bedford & County AC	25.1
2	357	Samantha Brown	Unattached	26.1
3	358	Hatshepsut James	Cambridge Harriers	27.0

CBP

SW 400m (b)

Final				
	No.	Athlete	Club	Perf
1	359	Jodie Leslie	Bedford & County AC	57.18
2	357	Samantha Brown	Unattached	58.66

CBP

SW 800m (a)

Final				
	No.	Athlete	Club	Perf
1	419	Jessica Jones	Blackheath & Bromley H AC	2:24.79
2	420	Donelle Yapp	Blackheath & Bromley H AC	2:49.60

SW 1500m (b)

Final				
	No.	Athlete	Club	Perf
1	441	Lucy Marlow	Cambridge Harriers	5:00.64

SW 60m Hurdles (a)

Final				
	No.	Athlete	Club	Perf
1	269	Simone Baxter	Tonbridge AC	9.53

SW 1000m Walk (a)

Final				
	No.	Athlete	Club	Perf
1	447	Geraldine Legon (W55)	Bexley AC	6:26.8

SW High Jump (a)

Final				
	No.	Athlete	Club	Ht
1	480	Deborah Martin	Ashford AC	1.70

1.60 o;1.70 o;1.75 xxx

SW Pole Vault (a)

Final				
No.	Athlete	Club	Ht	
1	481	Jacqueline Montgomery (W50)	Blackheath & Bromley H AC	2.60

2.40 o;2.50 o;2.60 o;2.70 xxx

SW Shot (b)

Final				
No.	Athlete	Club	Dist	
1	483	Christine Lynch (W55)	Swale Combined AC	4.99

4.69; 4.70; 4.99; 4.73

U20W 60m (b)

Heat 1				
No.	Athlete	Club	Perf	
1	276	Parris Johnson	Blackheath & Bromley H AC	7.90
2	274	Shekinah George-Lawal	Cambridge Harriers	8.02
3	279	Jazmin Salter	Medway and Maidstone AC	8.16
4	278	Hannah Owen	Ashford AC	8.58
Heat 2				
No.	Athlete	Club	Perf	
1	277	Darcey Kuypers	Medway and Maidstone AC	7.91
2	272	Diana Adegoke	Thanet AC	8.01
3	275	Kera Jean-Francois	Cambridge Harriers	8.21
4	273	Marie Bates	Bexley AC	8.47
Final				
No.	Athlete	Club	Perf	
1	276	Parris Johnson	Blackheath & Bromley H AC	7.81
2	277	Darcey Kuypers	Medway and Maidstone AC	7.90
3	274	Shekinah George-Lawal	Cambridge Harriers	7.94
4	279	Jazmin Salter	Medway and Maidstone AC	8.04
5	272	Diana Adegoke	Thanet AC	8.07
6	275	Kera Jean-Francois	Cambridge Harriers	8.14

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q**U20W 200m (a)**

Final				
No.	Athlete	Club	Perf	
1	360	Isabella Hilditch	Blackheath & Bromley H AC	26.1
2	279	Jazmin Salter	Medway and Maidstone AC	26.5
3	277	Darcey Kuypers	Medway and Maidstone AC	27.1
4	361	Mary Obembe	Swale Combined AC	30.3
5	362	Katie Scoones	Swale Combined AC	31.5

U20W 400m (b)

Final				
No.	Athlete	Club	Perf	
1	389	Rebecca O'Hara	Tonbridge AC	58.95
2	330	Harriet Day	Medway and Maidstone AC	59.89
3	388	Poppy Collins	Invicta East Kent AC	61.40
	390	Ellie White	Bexley AC	dnf

U20W 800m (a)

Final				
No.	Athlete	Club	Perf	
1	421	Hannah Czarnowski	Tonbridge AC	2:25.49
2	423	Emma Jenkins	Medway and Maidstone AC	2:31.07
3	422	Molly Hawkins	Cambridge Harriers	2:31.63

U20W 60m Hurdles (a)

Final				
No.	Athlete	Club	Perf	
1	329	Anastasia Davies	Blackheath & Bromley H AC	9.00
2	280	Grace Sullivan	Ashford AC	9.33
3	330	Harriet Day	Medway and Maidstone AC	9.44
4	331	Una Laqeretabua	Tonbridge AC	9.69

CBP

U20W High Jump (a)

Final				
No.	Athlete	Club	Ht	
1	484	Joanne Ware	Tonbridge AC	1.55

1.50 o;1.55 o;1.60 xxx

U20W Pole Vault (a)

Final				
No.	Athlete	Club	Ht	
1	331	Una Laqeretabua	Tonbridge AC	2.90

2.60 o;2.70 o;2.80 o;2.90 xo;3.00 xxx

U20W Long Jump (b)

Final				
	No.	Athlete	Club	Dist
1	272	Diana Adegoke	Thanet AC	5.43
2	484	Joanne Ware	Tonbridge AC	5.11

CBP nj; nj; 5.35; 5.43
5.11; nj; 5.02; 5.03

U20W Triple Jump (a)

Final				
	No.	Athlete	Club	Dist
1	280	Grace Sullivan	Ashford AC	11.65
2	329	Anastasia Davies	Blackheath & Bromley H AC	11.14
3	484	Joanne Ware	Tonbridge AC	10.85

11.11; 11.44; 11.65; 11.65
11.14; 10.76; 11.03; 10.95
10.85; 10.71; 10.63; nj

U20W Shot (b)

Final				
	No.	Athlete	Club	Dist
1	488	Divine Oladipo	Blackheath & Bromley H AC	12.09
2	278	Hannah Owen	Ashford AC	9.49
3	489	Anika Olalere	Cambridge Harriers	9.40
4	487	Rebecca Cock	Ashford AC	6.55
5	362	Katie Scoones	Swale Combined AC	6.36
6	490	Chloe Williams	Thanet AC	6.13

11.89; nj; 12.09; 12.03
8.17; 9.05; 9.12; 9.49
9.40; 9.04; 9.28; 8.21
6.17; 6.55; 6.35; 6.48
6.36; 6.36; 6.27; 5.86
5.45; 5.96; nj; 6.13

U17W 60m (b)

Heat 1				
	No.	Athlete	Club	Perf
1	290	Taiwo Eyiowuawi	Bexley AC	8.39
1	292	Sophia Harper	Blackheath & Bromley H AC	8.51
3	284	Eleanor Callaghan-Inge	Medway and Maidstone AC	8.61
4	332	Faye Olszowka (T20)	Bexley AC	8.65
5	289	Gabrielle Dalsan	Blackheath & Bromley H AC	8.78
6	294	Lola Koleosho	S Factor Academy	12.11
Heat 2				
	No.	Athlete	Club	Perf
1	287	Vera Chinedu	Cambridge Harriers	7.82
2	299	Katie Woolcott	Blackheath & Bromley H AC	8.09
3	296	Jade Oni	Medway and Maidstone AC	8.52
4	300	Emily Worsfold	Cambridge Harriers	8.67
5	286	Amira Carew	Tonbridge AC	8.85
6	291	Emily Giardina	Thanet AC	9.11
	281	Antonia Alapafuja	Blackheath & Bromley H AC	dnf
Heat 3				
	No.	Athlete	Club	Perf
1	288	Magda Cienciala	Blackheath & Bromley H AC	7.90
2	298	Ellie Turner	Medway and Maidstone AC	8.13
3	282	Mhairi Brooks	Blackheath & Bromley H AC	8.17
4	297	Asha Root	Tonbridge AC	8.32
5	285	Lauren Campbell	Dartford Harriers AC	8.87
6	283	Laura Brown	S Factor Academy	9.10
	295	Nejma Nassman	Tonbridge AC	disq
S/F 1				
	No.	Athlete	Club	Perf
1	287	Vera Chinedu	Cambridge Harriers	7.71
2	298	Ellie Turner	Medway and Maidstone AC	8.07
3	282	Mhairi Brooks	Blackheath & Bromley H AC	8.08
4	290	Taiwo Eyiowuawi	Bexley AC	8.25
5	284	Eleanor Callaghan-Inge	Medway and Maidstone AC	8.44
6	332	Faye Olszowka (T20)	Bexley AC	8.70
S/F 2				
	No.	Athlete	Club	Perf
1	288	Magda Cienciala	Blackheath & Bromley H AC	7.88
2	299	Katie Woolcott	Blackheath & Bromley H AC	7.99
3	297	Asha Root	Tonbridge AC	8.13
4	296	Jade Oni	Medway and Maidstone AC	8.61
5	300	Emily Worsfold	Cambridge Harriers	8.62
6	292	Sophia Harper	Blackheath & Bromley H AC	8.66
Final				
	No.	Athlete	Club	Perf
1	287	Vera Chinedu	Cambridge Harriers	7.68
2	288	Magda Cienciala	Blackheath & Bromley H AC	7.88
3	299	Katie Woolcott	Blackheath & Bromley H AC	7.94
4	298	Ellie Turner	Medway and Maidstone AC	8.05
5	282	Mhairi Brooks	Blackheath & Bromley H AC	8.06
6	297	Asha Root	Tonbridge AC	8.11

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U17W Disability 60m (b)

Final				
No.	Athlete	Club	Perf	
1	332	Faye Olszowka (T20)	Bexley AC	8.65

U17W 200m (a)

Heat 1				
No.	Athlete	Club	Perf	
1	298	Ellie Turner	Medway and Maidstone AC	26.7
2	364	Karina Harris	Blackheath & Bromley H AC	28.0
3	336	Alice English	Swale Combined AC	28.9
4	334	Keeley Burdge	Swale Combined AC	31.2
Heat 2				
No.	Athlete	Club	Perf	
1	363	Kehinde Eyiowuawi	Bexley AC	27.2
2	295	Nejma Nassman	Tonbridge AC	28.0
3	332	Faye Olszowka (T20)	Bexley AC	28.4
Final				
No.	Athlete	Club	Perf	
1	363	Kehinde Eyiowuawi	Bexley AC	26.45
2	298	Ellie Turner	Medway and Maidstone AC	27.00
3	295	Nejma Nassman	Tonbridge AC	27.64
4	364	Karina Harris	Blackheath & Bromley H AC	27.91
5	332	Faye Olszowka (T20)	Bexley AC	28.59

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q**U17W 300m (b)**

Final				
No.	Athlete	Club	Perf	
1	297	Asha Root	Tonbridge AC	43.19
2	392	Jade Fitt	Cambridge Harriers	43.41
3	393	Grace Scopes	Blackheath & Bromley H AC	44.05
4	394	Monay Thomas	Cambridge Harriers	45.01
5	332	Faye Olszowka (T20)	Bexley AC	46.05

U17W 800m (a)

Final				
No.	Athlete	Club	Perf	
1	427	Kelsi Cornish	Blackheath & Bromley H AC	2:25.89
2	424	Lara Atkinson	Cambridge Harriers	2:28.25
3	425	Karrienne Bell	Medway and Maidstone AC	2:48.82
4	426	Phoebe Cooper	Bexley AC	2:55.42

U17W 60m Hurdles (a)

Final				
No.	Athlete	Club	Perf	
1	337	Rachael Gilby	Tonbridge AC	9.49
2	333	Michelina Ashong	Cambridge Harriers	9.78
3	336	Alice English	Swale Combined AC	10.25
4	286	Amira Carew	Tonbridge AC	10.63
5	334	Keeley Burdge	Swale Combined AC	12.00

U17W 1000m Walk (a)

Final				
No.	Athlete	Club	Perf	
1	448	Evelyn Butcher	Cambridge Harriers	4:57.7

U17W High Jump (a)

Final				
No.	Athlete	Club	Ht	
1	296	Jade Oni	Medway and Maidstone AC	1.65
2	492	Rebecca Hawkins	Bexley AC	1.65
3	493	Elena Trebino	Tonbridge AC	1.35
	491	Jasmine Anderson	Dartford Harriers AC	nhr

=CBP 1.50 xo;1.55 o;1.60 o;1.65 o;1.68 xxx
1.55 o;1.60 xo;1.65 xo;1.68 xxx
1.25 o;1.30 xo;1.35 xo;1.40 xxx
1.25 xxx**U17W Pole Vault (a)**

Final				
No.	Athlete	Club	Ht	
1	335	Leia Desseaux	Ashford AC	2.70

2.30 o;2.40 o;2.50 o;2.60 o;2.70 xo;2.80 xxx

U17W Long Jump (b)

Final				
No.	Athlete	Club	Dist	
1	495	Eloise Harvey	Dartford Harriers AC	5.09
2	337	Rachael Gilby	Tonbridge AC	4.94
3	491	Jasmine Anderson	Dartford Harriers AC	4.51
4	292	Sophia Harper	Blackheath & Bromley H AC	4.42
5	493	Elena Trebino	Tonbridge AC	4.24
6	291	Emily Giardina	Thanet AC	4.22

nj; 4.87; 5.09; nj
4.84; 4.70; 4.71; 4.94
4.48; 4.44; 4.38; 4.51
4.28; 4.32; 4.42; 4.34
4.19; 3.95; 4.24; 4.11
nj; 4.22; 4.07; 4.10**U17W Disability Long Jump (b)**

Final				
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	No.	Athlete	Club	Perf
1	332	Faye Olszowka (T20)	Bexley AC	3.39

3.21; 3.10; 2.92; 3.39

U17W Triple Jump (a)

Final				
	No.	Athlete	Club	Dist
1	495	Eloise Harvey	Dartford Harriers AC	10.82
2	364	Karina Harris	Blackheath & Bromley H AC	10.62
3	491	Jasmine Anderson	Dartford Harriers AC	9.89
4	285	Lauren Campbell	Dartford Harriers AC	9.63
5	336	Alice English	Swale Combined AC	9.45
6	498	Titilola Williams	Swale Combined AC	9.16

nj; nj; 10.82; nj
10.38; 10.62; 10.39; 10.60
9.74; nj; 9.89; 9.84
9.57; 9.43; 9.63; nj
8.84; 8.90; 9.45; nj
7.77; 8.76; 9.16; 8.29

U17W Shot (b)

Final				
	No.	Athlete	Club	Dist
1	499	Eloise Locke	Blackheath & Bromley H AC	12.88
2	291	Emily Giardina	Thanet AC	7.44

12.85; 12.72; 12.50; 12.88
7.22; 6.88; 7.01; 7.44

U15G 60m (b)

Heat 1				
	No.	Athlete	Club	Perf
1	303	Shiann Brock-Walters	Cambridge Harriers	8.13
2	309	Connie Lamplugh	Medway and Maidstone AC	8.54
3	315	Kamiyla Robinson-Pascal	Blackheath & Bromley H AC	8.66
4	302	Lani Bakewell	Blackheath & Bromley H AC	8.91
5	301	Rashindah Ayinbode	Blackheath & Bromley H AC	9.21
6	321	Katie Westpfel	Blackheath & Bromley H AC	9.76
Heat 2				
	No.	Athlete	Club	Perf
1	304	Chanelle Cole	Dartford Harriers AC	8.53
2	311	Holly Mpassy	Blackheath & Bromley H AC	8.55
3	319	Renay Thomas	Cambridge Harriers	8.60
4	320	Abigail Walters	Medway and Maidstone AC	8.87
5	307	Greta Elliott	Blackheath & Bromley H AC	8.98
Heat 3				
	No.	Athlete	Club	Perf
1	318	Mary Schouvaloff	Cambridge Harriers	8.36
2	314	Maisie Rixon	Medway and Maidstone AC	8.51
3	322	Kaliyah Young	Medway and Maidstone AC	8.57
4	313	Rahmat Ottun	Blackheath & Bromley H AC	8.78
5	312	Hollie Newman	Medway and Maidstone AC	9.41
6	308	Kiara Hurst	Cambridge Harriers	9.64
S/F 1				
	No.	Athlete	Club	Perf
1	318	Mary Schouvaloff	Cambridge Harriers	8.25
2	319	Renay Thomas	Cambridge Harriers	8.46
3	314	Maisie Rixon	Medway and Maidstone AC	8.53
4	311	Holly Mpassy	Blackheath & Bromley H AC	8.59
5	313	Rahmat Ottun	Blackheath & Bromley H AC	8.73
6	320	Abigail Walters	Medway and Maidstone AC	dns
S/F 2				
	No.	Athlete	Club	Perf
1	303	Shiann Brock-Walters	Cambridge Harriers	8.11
2	309	Connie Lamplugh	Medway and Maidstone AC	8.54
3	304	Chanelle Cole	Dartford Harriers AC	8.58
4	322	Kaliyah Young	Medway and Maidstone AC	8.62
5	302	Lani Bakewell	Blackheath & Bromley H AC	8.82
6	315	Kamiyla Robinson-Pascal	Blackheath & Bromley H AC	8.83
Final				
	No.	Athlete	Club	Perf
1	303	Shiann Brock-Walters	Cambridge Harriers	8.12
2	318	Mary Schouvaloff	Cambridge Harriers	8.18
3	319	Renay Thomas	Cambridge Harriers	8.37
4	314	Maisie Rixon	Medway and Maidstone AC	8.50
5	322	Kaliyah Young	Medway and Maidstone AC	8.55
6	309	Connie Lamplugh	Medway and Maidstone AC	8.59

U15G 200m (a)

Heat 1				
	No.	Athlete	Club	Perf
1	303	Shiann Brock-Walters	Cambridge Harriers	27.06
2	314	Maisie Rixon	Medway and Maidstone AC	27.75
3	368	Eva Stephanou	Blackheath & Bromley H AC	29.99
4	307	Greta Elliott	Blackheath & Bromley H AC	30.49
Heat 2				
	No.	Athlete	Club	Perf
1	316	Emily Russell	Thanet AC	27.98
2	310	Lucy Maunders	Medway and Maidstone AC	28.43
3	366	Isabel Lloyd	Medway and Maidstone AC	28.96
4	306	Zara Edeleanu	Medway and Maidstone AC	29.07

5	304	Chanelle Cole	Dartford Harriers AC	29.41
Heat 3				
	No.	Athlete	Club	Perf
1	322	Kaliyah Young	Medway and Maidstone AC	27.72
2	340	Erin Moses	Thanet AC	28.20
3	367	Chloe Morford	Dartford Harriers AC	28.29
4	317	Abigail Sayer	Thanet AC	30.12
Final				
	No.	Athlete	Club	Perf
1	303	Shiann Brock-Walters	Cambridge Harriers	27.03
2	316	Emily Russell	Thanet AC	27.54
3	314	Maisie Rixon	Medway and Maidstone AC	27.69
4	340	Erin Moses	Thanet AC	28.27
	322	Kaliyah Young	Medway and Maidstone AC	disq
	367	Chloe Morford	Dartford Harriers AC	dns

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U15G 300m (b)

Final				
	No.	Athlete	Club	Perf
1	397	Rebekah O'Brien	Tonbridge AC	44.6
2	396	Zoe Martial	Blackheath & Bromley H AC	47.14

U15G 800m (a)

Final				
	No.	Athlete	Club	Perf
1	366	Isabel Lloyd	Medway and Maidstone AC	2:38.22
2	314	Maisie Rixon	Medway and Maidstone AC	3:34.8

U15G 1500m (b)

Final				
	No.	Athlete	Club	Perf
1	442	Alexandra Millard	Invicta East Kent AC	5:02.62
2	443	Jessica Neal	Blackheath & Bromley H AC	5:07.35
3	444	Lily Tappenden	Blackheath & Bromley H AC	5:14.68

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U15G 60m Hurdles (a)

Final				
	No.	Athlete	Club	Perf
1	340	Erin Moses	Thanet AC	9.59
2	309	Connie Lamplugh	Medway and Maidstone AC	9.62
3	305	Jade Curtis	Ashford AC	9.93
4	322	Kaliyah Young	Medway and Maidstone AC	10.11
5	310	Lucy Maunders	Medway and Maidstone AC	10.26
6	317	Abigail Sayer	Thanet AC	10.50

U15G 1000m Walk (a)

Final				
	No.	Athlete	Club	Perf
1	450	Suki Ly	Cambridge Harriers	5:01.6
2	449	Beatrice Fury	Medway and Maidstone AC	5:32.7

U15G High Jump (b)

Final				
	No.	Athlete	Club	Ht
1	397	Rebekah O'Brien	Tonbridge AC	1.50
2	305	Jade Curtis	Ashford AC	1.50
3	322	Kaliyah Young	Medway and Maidstone AC	1.50
3	339	Lauren Farley	Medway and Maidstone AC	1.50
5	314	Maisie Rixon	Medway and Maidstone AC	1.40
6	320	Abigail Walters	Medway and Maidstone AC	1.35
7	500	Elise Hinde	Swale Combined AC	1.20

1.35 o;1.40 o;1.45 xo;1.50 o;1.55 xxx
1.50 xxo;1.55 xxx
1.30 o;1.35 -;1.40 o;1.45 xo;1.50 xxo;1.55 xxx
1.40 xo;1.45 o;1.50 xxo;1.55 xxx
1.25 o;1.30 o;1.35 o;1.40 xo
1.20 o;1.25 o;1.30 o;1.35 xo;1.40 xxx
1.15 o;1.20 xo;1.25 xxx

U15G Pole Vault (a)

Final				
	No.	Athlete	Club	Ht
1	503	Lois Warden	Bexley AC	3.15
2	502	Erin Thomas	Bexley AC	2.90
3	501	Eleanor Barrett	Blackheath & Bromley H AC	2.80

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2.90 o;3.01 o;3.15 o;3.25 xxx
2.60 xo;2.70 o;2.80 xxo;2.90 o;3.01 xxx
2.30 o;2.40 o;2.50 o;2.60 o;2.70 o;2.80 o;2.90 xxx

U15G Long Jump (b)

Final				
	No.	Athlete	Club	Dist
1	339	Lauren Farley	Medway and Maidstone AC	4.92
2	305	Jade Curtis	Ashford AC	4.81
3	396	Zoe Martial	Blackheath & Bromley H AC	4.42
4	322	Kaliyah Young	Medway and Maidstone AC	4.36
5	315	Kamiyla Robinson-Pascal	Blackheath & Bromley H AC	4.35
6	314	Maisie Rixon	Medway and Maidstone AC	4.28
7	500	Elise Hinde	Swale Combined AC	3.50

4.79; 4.92; 4.78; 4.77
 4.81; 4.75; nj; 4.76
 4.06; 4.42; 4.42; 4.24
 3.95; 4.31; 4.36; 4.30
 4.06; 4.03; 4.35; nj
 4.05; 4.28; nj; 4.04
 3.18; 3.29; 3.10; 3.50

U15G Triple Jump (a)

Final				
	No.	Athlete	Club	Dist
1	504	Charlotte Crockford	Dartford Harriers AC	9.30
2	505	Megan Groombridge	Dartford Harriers AC	9.15
3	367	Chloe Morford	Dartford Harriers AC	8.85

9.05; 9.30; 9.14; 9.27
 8.94; 9.15; 9.04; nj
 8.45; 8.00; 8.85; 8.76

U15G Shot (b)

Final				
	No.	Athlete	Club	Dist
1	339	Lauren Farley	Medway and Maidstone AC	10.03
2	506	Kirsty-Anne Ebbage	Tonbridge AC	9.36
3	509	Freya Simkins	Ashford AC	8.27
4	312	Hollie Newman	Medway and Maidstone AC	8.06
5	507	Lexie Hammon	Swale Combined AC	6.41

10.03; 9.64; 9.46; 9.61
 9.36; 8.99; 9.17; 9.31
 7.60; 7.11; 7.84; 8.27
 8.06; 8.05; 7.97; 7.98
 6.41; np; np; 6.23