

u-13 Females		218 Finishers					
1	Hope Goddard	Bracknell AC	10:46	1	Bracknell AC	(1 2 9 21)	33
2	Grace Goddard	Bracknell AC	10:50	2	West Suffolk AC	(8 15 19 68)	110
3	Saskia Millard	Herne Hill Harriers	10:58	3	Blackheath & Bromley Harriers	(6 10 55 59)	130
4	Niamh Brown	Reigate Priory AC	11:04	4	Tonbridge AC	(23 31 40 47)	141
5	Sabrina Sinha	Cambridge Harriers	11:06	5	Windsor Slough Eton & Hounslow AC	(12 38 41 69)	160
6	Naomi Kingston	Blackheath & Bromley Harriers	11:06	6	Herne Hill Harriers	(3 11 62 113)	189
7	Jodie Judd	Chelmsford AC	11:09	7	Dorking & Mole Valley AC	(17 34 70 97)	218
8	Sophie Tooley	West Suffolk AC	11:10	8	Aldershot Farnham & District AC	(45 46 84 96)	271
9	Aimee Bowers	Bracknell AC	11:12	9	St Albans AC	(56 67 83 100)	306
10	Jessica Keene	Blackheath & Bromley Harriers	11:13	10	Camberley & District AC	(37 72 101 120)	330
11	Breagha Campbell	Herne Hill Harriers	11:17	11	Medway & Maidstone AC	(29 85 112 115)	341
12	Alex Barbour	Windsor Slough Eton & Hounslow AC	11:21	12	Newquay & Par AC	(28 54 75 189)	346
13	Marella Whitfield	Harrow AC	11:23	13	Oxford City AC	(80 91 93 107)	371
14	Bridget Dence	Bournemouth AC	11:26	14	Thames Valley Harriers	(57 79 118 164)	418
15	Nella Walters	West Suffolk AC	11:34	15	Bedford & County AC	(30 116 122 180)	448
16	Grace Copeland	Wimborne AC	11:34	16	Chiltern Harriers AC	(49 117 147 150)	463
17	Bea Allan	Dorking & Mole Valley AC	11:37	17	Brighton & Hove City AC	(39 139 153 154)	485
18	Fiona Bunn	Abingdon AAC	11:39	18	Hastings AC	(81 99 158 172)	510
19	Holly Davies	West Suffolk AC	11:40	19	South London Harriers	(66 98 141 207)	512
20	Amy Chalmers	Cambridge & Coleridge	11:41	20	Dartford Harriers	(44 82 192 210)	528
21	Emily Read	Bracknell AC	11:42	21	Herne Hill Harriers	(129 131 136 137)	533
22	Lucy Wildash	Basingstoke & Mid Hants AC	11:43	22	Windsor Slough Eton & Hounslow AC	(123 135 140 142)	540
23	Kathleen Faes	Tonbridge AC	11:44	23	Horsham Blue Star Harriers	(102 103 155 185)	545
24	Josie Czura	City of Portsmouth AC	11:45	24	Dorking & Mole Valley AC	(109 110 148 199)	566
25	Keira Tippet	Chelmsford AC	11:49	25	Reading AC	(76 125 194 203)	598
26	Lianne Langford	Shaftesbury Barnet Harriers	11:50	26	Ealing Southall & Middlesex AC	(74 157 183 218)	632
27	Rosie Poole	Woodford Green AC with Essex ladies	11:51	27	Chichester Runners & AC	(106 124 191 214)	635
28	Lily England	Newquay & Par AC	11:51	28	Blackheath & Bromley Harriers	(119 156 166 201)	642
29	Megan Warner	Medway & Maidstone AC	11:52	29	Southampton AC	(128 146 171 213)	658
30	Erin McCaffray	Bedford & County AC	11:54				
31	Alice Ralph	Tonbridge AC	11:54				
32	Mahliah Tomsett	Bracknell AC	11:55				
33	Bess Bickel	Poole Runners	11:56				
34	Hannah Morris	Dorking & Mole Valley AC	11:56				
35	Lauren Murphy	Marshall Milton Keynes AC	11:57				
36	Lucy Baldwin	Wells City Harriers	11:57				
37	Peony Myall	Camberley & District AC	11:58				
38	Evie Higton	Windsor Slough Eton & Hounslow AC	11:59				
39	Nancy Jones	Brighton & Hove City AC	12:01				
40	Genevieve Allan	Tonbridge AC	12:01				
41	Tara De Klerk	Windsor Slough Eton & Hounslow AC	12:02				
42	Megan Wilson	Harrow AC	12:02				
43	Natasha May	Southend AC	12:03				
44	Holly Page	Dartford Harriers	12:03				
45	Stacey Burrows	Aldershot Farnham & District AC	12:07				
46	Tilly Horton	Aldershot Farnham & District AC	12:08				
47	Eleanor Cohen	Tonbridge AC	12:09				
48	Catherine Longe	City of Norwich AC	12:09				
49	Hannah Thear	Chiltern Harriers AC	12:09				
50	Jodi Ratcliffe	Woodford Green AC with Essex ladies	12:09				
51	Rachael Jeffries	Poole AC	12:10				
52	Catherine Darlison	Winchester & District AC	12:11				
53	Hannah Willis	Bracknell AC	12:11				
54	Abby Cayton Smith	Newquay & Par AC	12:13				
55	Shannon Risky	Blackheath & Bromley Harriers	12:14				
56	Tabitha Weddell	St Albans AC	12:15				
57	India Weir	Thames Valley Harriers	12:17				
58	Alice Newcombe	Cambridge & Coleridge	12:18				
59	Yasmine Austridge	Blackheath & Bromley Harriers	12:18				
60	Emma Martin	Poole AC	12:18				
61	Charlie Duke	Stevenage & North Herts AC	12:19				
62	Eloise O'Shaunessey	Herne Hill Harriers	12:20				
63	Rebecca Chee	Crawley AC	12:21				
64	Edie Preece	Woodford Green AC with Essex ladies	12:22				
65	Josie Kavangh	Croydon Harriers	12:22				
66	Georgia Holden	South London Harriers	12:23				
67	Georgia Robin	St Albans AC	12:23				
68	Megan Newton	West Suffolk AC	12:24				
69	Nancy Slott	Windsor Slough Eton & Hounslow AC	12:24				
70	Anna Whitworth	Dorking & Mole Valley AC	12:24				
71	Alex Medicott	Crawley AC	12:25				
72	Sarah Heddle	Camberley & District AC	12:25				
73	Elena Carey	Bracknell AC	12:26				
74	Courtney Marshall	Ealing Southall & Middlesex AC	12:26				
75	Ami Brown	Newquay & Par AC	12:27				
76	Kirsty Walker	Reading AC	12:28				
77	Molly Adams	Marshall Milton Keynes AC	12:29				
78	Isabella Padt	Hercules Wimbledon AC	12:29				
79	Rosie Vallance	Thames Valley Harriers	12:31				
80	Jess Upjohn	Oxford City AC	12:31				
81	Hannah Cook	Hastings AC	12:31				
82	Chloe Sharp	Dartford Harriers	12:32				
83	Jessica Edwards	St Albans AC	12:33				
84	Emily Ayers	Aldershot Farnham & District AC	12:35				
85	Darcey Barham	Medway & Maidstone AC	12:35				
86	Anna Bakewell	City of Norwich AC	12:35				
87	Jessica Carley	Ashford AC	12:36				
88	Hannah Booth	Herts Phoenix AC	12:36				
89	Emily Marshall	Havering Mayesbrook AC	12:36				
90	Carys Cox	Team Kennet	12:37				
91	Ciara Huxley	Oxford City AC	12:37				
92	Talya Abbott	Orion Harriers	12:37				
93	Isabel Rodriguez	Oxford City AC	12:38				
94	Gemma Grose	St Edmund Pacers	12:38				
95	Lauren Dowling	Enfield & Haringey AC	12:38				
96	Hannah Jacobs	Aldershot Farnham & District AC	12:39				
97	Ellie Parnham	Dorking & Mole Valley AC	12:39				
98	Amelia Stiff	South London Harriers	12:39				
99	Ellen Brooker	Hastings AC	12:39				

100	Alex Bently	St Albans AC	12:40
101	Alicia Martin	Camberley & District AC	12:40
102	Erin Bateman	Horsham Blue Star Harriers	12:40
103	Megan Allerton	Horsham Blue Star Harriers	12:41
104	Olivia Coll	St Albans AC	12:42
105	Sinaed Coll	St Albans AC	12:42
106	Saskia Gardam	Chichester Runners & AC	12:43
107	Chloe Ridewood	Oxford City AC	12:44
108	Lauren Murphy	Cambridge & Coleridge	12:44
109	Emily Hornung	Dorking & Mole Valley AC	12:44
110	Lucy Brett	Dorking & Mole Valley AC	12:44
111	Mikayela Sealby	West Suffolk AC	12:45
112	Imogen Munday	Medway & Maidstone AC	12:45
113	Olivia Lamont	Herne Hill Harriers	12:45
114	Becky O Hara	Tonbridge AC	12:45
115	Sian Keegan	Medway & Maidstone AC	12:46
116	Becky Ward	Bedford & County AC	12:47
117	Lizzie Barraclough	Chiltern Harriers AC	12:47
118	Kosana Weir	Thames Valley Harriers	12:48
119	Mary Guy	Blackheath & Bromley Harriers	12:49
120	Lucy Sturton	Camberley & District AC	12:50
121	Jessica Barnes	St Albans AC	12:50
122	Georgina Sharp	Bedford & County AC	12:51
123	Samantha Bonny	Windsor Slough Eton & Hounslow AC	12:52
124	Mia Selman	Chichester Runners & AC	12:52
125	Caitlin Stacey	Reading AC	12:53
126	Eden Crumplin	Isle of Wight AC	12:54
127	Katie Inch	Orion Harriers	12:54
128	Rosie Lynch	Southampton AC	12:54
129	Kebe Morley Fletcher	Herne Hill Harriers	12:55
130	Rebecca Brown	Havering Mayesbrook AC	12:55
131	Bozena Fanner Brezina	Herne Hill Harriers	12:56
132	Ottavia Laidler	London Heathside	12:57
133	Maddie Williams	Wimborne AC	12:57
134	Emma Spoor	Worthing & District Harriers	12:58
135	Olivia Smyth	Windsor Slough Eton & Hounslow AC	12:59
136	Izzie Lampport Went	Herne Hill Harriers	13:00
137	Catrina McSorley	Herne Hill Harriers	13:01
138	Madeleine Bonser	Herts Phoenix AC	13:01
139	Ella Witt	Brighton & Hove City AC	13:02
140	Kirstin Sutherland	Windsor Slough Eton & Hounslow AC	13:02
141	Lili Collins	South London Harriers	13:02
142	Tula Hary	Windsor Slough Eton & Hounslow AC	13:03
143	Holly Fielder	Invicta East Kent AC	13:05 IEK 1
144	Amy Ratcliffe	Aldershot Farnham & District AC	13:06
145	Cara Upton	Winchester & District AC	13:07
146	Holly Powell	Southampton AC	13:07
147	Abi Jones	Chiltern Harriers AC	13:08
148	Alice Blair	Dorking & Mole Valley AC	13:10
149	Lucy Anderson	Poole Runners	13:12
150	Katie McCartney	Chiltern Harriers AC	13:16
151	Catherine Canham	Luton AC	13:19
152	Isobel Legg	Windsor Slough Eton & Hounslow AC	13:20
153	Amber Anning	Brighton & Hove City AC	13:21
154	Scarlett Springett	Brighton & Hove City AC	13:21
155	Caroline Wirth	Horsham Blue Star Harriers	13:22
156	Elizabeth Ibdunni	Blackheath & Bromley Harriers	13:23
157	Roisin Lynch	Ealing Southall & Middlesex AC	13:24
158	Becky Smart	Hastings AC	13:24
159	Megan Raby	Camberley & District AC	13:25
160	Lucy King Powrie	Tonbridge AC	13:25
161	Megan Mawer	Camberley & District AC	13:26
162	Lexi Fellows	Team Kennet	13:27
163	Kate Brown	Herne Hill Harriers	13:27
164	Chiara Kafero Roberts	Thames Valley Harriers	13:29
165	Rebekah Jones	Hercules Wimbledon AC	13:29
166	Joanna Clowes	Blackheath & Bromley Harriers	13:30
167	Isabel Barnes	Thames Valley Harriers	13:31
168	Lucy Elms	Dulwich Runners AC	13:31
169	Imogen Walker	Herts Phoenix AC	13:33
170	Ellen Carrick	Brighton & Hove City AC	13:33
171	Aimee Coppin	Southampton AC	13:34
172	Abbie Higgs	Hastings AC	13:35
173	Molly Harrison	London Heathside	13:37
174	Ella Newton	Herne Hill Harriers	13:39
175	Ellie McCormack	Croydon Harriers	13:40
176	Lily Shalev	West Suffolk AC	13:40
177	Kelsi Cornish	Tonbridge AC	13:41
178	Izzie Upton	Winchester & District AC	13:42
179	Marianne Bullen	Bexley AC	13:44
180	Ellie Shreeves	Bedford & County AC	13:44
181	Georgina Barnett	Chiltern Harriers AC	13:45
182	Harriett Fox	Wells City Harriers	13:47
183	Millie Atherton	Ealing Southall & Middlesex AC	13:52
184	Beth Daines	Windsor Slough Eton & Hounslow AC	13:52
185	Rebecca Williams	Horsham Blue Star Harriers	13:52
186	Jaime Cubitt	Thames Valley Harriers	13:52
187	Elorah Mann	Phoenix AC	13:56
188	Indi Roberts	Bodyworks XTC Tri Store	13:58
189	Lieacha Cundy	Newquay & Par AC	14:00
190	Georgina Robinson	Reigate Priory AC	14:02
191	Molly Whatmore	Chichester Runners & AC	14:04
192	Rebecca Davy	Dartford Harriers	14:04
193	Osho Field	Bodyworks XTC Tri Store	14:08
194	Lorna Cousins	Reading AC	14:11
195	Kathryn Simpson	Victory AC	14:12
196	Millie Hyde	Bexley AC	14:12
197	Jade Waite	Poole AC	14:13
198	Sandie Pohlman	Chiltern Harriers AC	14:13
199	Rebecca Loomes	Dorking & Mole Valley AC	14:16
200	Amelia Cook	Basingstoke & Mid Hants AC	14:19
201	Chloe Kibblewaite	Blackheath & Bromley Harriers	14:21

202	Jessica Brew	Chiltern Harriers AC	14:25
203	Loren Hunter	Reading AC	14:26
204	Hannah Westhenry	Weymouth St Pauls Harriers	14:27
205	Jordan Donovan	Team Kennet	14:27
206	Isobel Jones	Brighton & Hove City AC	14:39
207	Chloe Foster	South London Harriers	14:48
208	Laura Stewart	Victoria Park H & Tower Hamlets AC	14:51
209	Natasha Bird	Hastings AC	14:54
210	Jasmine Anderson	Dartford Harriers	14:58
211	Alana Rayfield	Reading AC	15:00
212	Rosie Canby	Bodyworks XTC Tri Store	15:02
213	Olivia Hollos	Southampton AC	15:03
214	Mia Faulkner	Chichester Runners & AC	15:05
215	India Froud	Horsham Blue Star Harriers	15:30
216	Alannah McGrath	Harrow AC	16:08
217	Carmen Adjare	Brighton & Hove City AC	16:17
218	Erica Wallace	Ealing Southall & Middlesex AC	17:21

u-15 Females

198 Finishers

1	Bobby Clay	Invicta East Kent AC	14:05	IEK 1	1	Windsor Slough Eton & Hounslow AC	(7 14 17 20)	58
2	Katie Shiel-Rankin	Aldershot Farnham & District AC	14:22		2	Aldershot Farnham & District AC	(2 8 44 49)	103
3	Gemma Holloway	Thurrock Harriers	14:29		3	City of Norwich AC	(30 37 46 53)	166
4	Katie Rowe	Guernsey Island AAC	14:32		4	Invicta East Kent AC	(1 41 54 97)	193
5	Siannah Rayment	Bracknell AC	14:38		5	Shaftesbury Barnet Harriers	(19 34 67 95)	215
6	Elisabeth Hood	Poole AC	14:44		6	Cambridge & Coleridge	(12 16 43 164)	235
7	Rebecca Croft	Windsor Slough Eton & Hounslow AC	14:50		7	Winchester & District AC	(18 39 71 108)	236
8	Daisy D'Santos	Aldershot Farnham & District AC	14:57		8	Bedford & County AC	(13 15 40 169)	237
9	Georgia Tuckfield	Orion Harriers	14:58		9	Windsor Slough Eton & Hounslow AC	(36 38 83 94)	251
10	Amelia Barrett	Woodford Green AC with Essex ladies	14:59		10	Chiltern Harriers AC	(11 24 106 124)	265
11	Connie Lewis	Chiltern Harriers AC	15:00		11	Southampton AC	(45 48 78 112)	283
12	Claire Wilson	Cambridge & Coleridge	15:01		12	Aldershot Farnham & District AC	(51 74 93 99)	317
13	Lauren Russell	Bedford & County AC	15:02		13	Chelmsford AC	(22 91 98 107)	318
14	Sarah Chapman	Windsor Slough Eton & Hounslow AC	15:05		14	Worthing & District Harriers	(28 87 109 128)	352
15	Kelly Rodd	Bedford & County AC	15:08		15	Hastings AC	(32 55 127 163)	377
16	Charlotte Tara Murphy	Cambridge & Coleridge	15:13		16	Wimborne AC	(42 76 130 132)	380
17	Eloise Davison	Windsor Slough Eton & Hounslow AC	15:16		17	Team Kennet	(57 101 126 151)	435
18	Hannah Knapton	Winchester & District AC	15:16		18	Havering Mayesbrook AC	(21 113 160 165)	459
19	Natalie Connor	Shaftesbury Barnet Harriers	15:17		19	Reading AC	(114 120 129 137)	500
20	Josie Savill	Windsor Slough Eton & Hounslow AC	15:18		20	Chichester Runners & AC	(100 117 136 157)	510
21	Lydia Hallam	Havering Mayesbrook AC	15:19		21	Ealing Southall & Middlesex AC	(133 141 143 155)	572
22	Millie Smith	Chelmsford AC	15:19		22	Luton AC	(119 147 170 182)	618
23	Gemma Wildash	Basingstoke & Mid Hants AC	15:20		23	Shaftesbury Barnet Harriers	(123 144 177 185)	629
24	Hannah Morton	Chiltern Harriers AC	15:21		24	Bexley AC	(111 173 178 186)	648
25	Beth Hawtin	Oxford City AC	15:23		25	Reading AC	(145 158 166 184)	653
26	Martha Coyle	Brighton & Hove City AC	15:25					
27	Holly Haile	Croydon Harriers	15:29					
28	India Spoor	Worthing & District Harriers	15:30					
29	Megan Humphreys	Radley AC	15:30					
30	Meghan Soanes	City of Norwich AC	15:30					
31	Sian Driscoll	Tonbridge AC	15:31					
32	Louise Nash	Hastings AC	15:32					
33	Charlotte Cayton Smith	Newquay & Par AC	15:32					
34	Sophie Parvizi Wayne	Shaftesbury Barnet Harriers	15:34					
35	Alice Chandler	Reigate Priory AC	15:35					
36	Emily Reeves	Windsor Slough Eton & Hounslow AC	15:35					
37	Sophie Alden	City of Norwich AC	15:36					
38	Rebecca Killip	Windsor Slough Eton & Hounslow AC	15:37					
39	Emily Stoodley	Winchester & District AC	15:39					
40	Sarah Kerr	Bedford & County AC	15:40					
41	Anna Weston	Invicta East Kent AC	15:41	IEK 2				
42	Sharon Hutchings	Wimborne AC	15:44					
43	Diana Chalmbers	Cambridge & Coleridge	15:45					
44	Molly Pocock	Aldershot Farnham & District AC	15:45					
45	Abbie Fisher	Southampton AC	15:45					
46	Alice Cheverton	City of Norwich AC	15:46					
47	Amy Radford	Marshall Milton Keynes AC	15:47					
48	Alan Spiers	Southampton AC	15:47					
49	Rebekah Pantony	Aldershot Farnham & District AC	15:49					
50	Stevie Lawrence	Croydon Harriers	15:49					
51	Tamara Myall	Aldershot Farnham & District AC	15:53					
52	Skye O'Shaunessey	Herne Hill Harriers	15:56					
53	Megan Bird	City of Norwich AC	15:58					
54	Amy Old	Invicta East Kent AC	16:00	IEK 3				
55	Sophie Markwich	Hastings AC	16:00					
56	Katherine J Watts	Colchester Harriers AC	16:02					
57	Yasmin Ryder	Team Kennet	16:02					
58	Emma Butterworth	Poole AC	16:03					
59	Madeleine Perrins	Swindon Harriers	16:04					
60	Charlotte Baker	Wells City Harriers	16:04					
61	Zoe Illis	Hercules Wimbledon AC	16:06					
62	Esther Lutz Davies	Brighton & Hove City AC	16:06					
63	Charlotte Wickens	Ipswich Harriers	16:10					
64	Emma Jarvis	Southend AC	16:11					
65	Sydney Taylor	Orion Harriers	16:12					
66	Lorna McCarthy	City of Portsmouth AC	16:13					
67	Molly Garden	Shaftesbury Barnet Harriers	16:14					
68	Niamh Bridson Hubbard	Blackheath & Bromley Harriers	16:17					
69	Caroline Dunnett	Enfield & Haringey AC	16:18					
70	Ellie Baker	Herts Phoenix AC	16:23					
71	Rosie Upton	Winchester & District AC	16:26					
72	Charlotte George	Swindon Harriers	16:26					
73	Emma Hatchett	Enfield & Haringey AC	16:27					
74	Pippa Tilney	Aldershot Farnham & District AC	16:27					
75	Charlotte Harwood	Medway & Maidstone AC	16:28					
76	Abbie Hine	Wimborne AC	16:28					
77	Emma Jones	Andover AC	16:30					
78	Caitlin Stewart	Southampton AC	16:32					
79	Nicole Allan	Horsham Blue Star Harriers	16:32					
80	Amy Billups	South London Harriers	16:33					
81	Tessa Billups	South London Harriers	16:33					
82	Elisha Evans	Oxford City AC	16:35					
83	Kathryn Ditton	Windsor Slough Eton & Hounslow AC	16:37					
84	Serena Espeute	Orion Harriers	16:39					

85	Lucy Sidey	Blackheath & Bromley Harriers	16:39	
86	Elise Annana	Medway & Maidstone AC	16:39	
87	Georgina Searle	Worthing & District Harriers	16:41	
88	Rosie Gouldstone	City of Portsmouth AC	16:42	
89	Isabel Levine	Woodford Green AC with Essex ladies	16:43	
90	Megan Brooke	Woking AC	16:43	
91	Cameron Venton	Chelmsford AC	16:44	
92	Steffi Paraskevas	Brighton & Hove City AC	16:44	
93	Molly-Kate Sharples	Aldershot Farnham & District AC	16:44	
94	Caitlin Critchley	Windsor Slough Eton & Hounslow AC	16:45	
95	Chloe Goodson	Shaftesbury Barnet Harriers	16:46	
96	Lucy Kidwell	Southend AC	16:46	
97	Lilly Coward	Invicta East Kent AC	16:49	IEK 4
98	Natasha Fisher	Chelmsford AC	16:49	
99	Katie Barney	Aldershot Farnham & District AC	16:49	
100	Charlotte Reading	Chichester Runners & AC	16:50	
101	Chloe Scaplehorn	Team Kennet	16:51	
102	Charlotte Head	Colchester Harriers AC	16:52	
103	Fran Taylor-Lowen	Tonbridge AC	16:53	
104	Louise Mills	Woking AC	16:57	
105	Emily Strickland	St Edmund Pacers	16:59	
106	Emma Barraclough	Chiltern Harriers AC	17:00	
107	Megan Williams	Chelmsford AC	17:01	
108	Imogen Emmett	Winchester & District AC	17:01	
109	Amy Harris	Worthing & District Harriers	17:02	
110	Charlotte Robinson	Reigate Priory AC	17:02	
111	Harley Wooler	Bexley AC	17:03	
112	Briallen Taylor	Southampton AC	17:05	
113	Heidi Surman Wells	Havering Mayesbrook AC	17:06	
114	Katherine West	Reading AC	17:06	
115	Hannah Czarnowski	Tonbridge AC	17:06	
116	Eleanor Mills	City of Portsmouth AC	17:07	
117	Nicola Mead	Chichester Runners & AC	17:07	
118	Kaitlin Howard	Woking AC	17:08	
119	Charlotte Kelly	Luton AC	17:10	
120	Georgia Walton	Reading AC	17:11	
121	Lydia Gallyer Barnett	Invicta East Kent AC	17:12	IEK 5
122	Katie Stratton	City of Norwich AC	17:13	
123	Emma Dwan	Shaftesbury Barnet Harriers	17:13	
124	Katie Bench	Chiltern Harriers AC	17:14	
125	Sophie Bigmore	Windsor Slough Eton & Hounslow AC	17:15	
126	Georgina Bradford	Team Kennet	17:17	
127	Becky Haggard	Hastings AC	17:20	
128	Katie Lankshear	Worthing & District Harriers	17:22	
129	Ella Saunders	Reading AC	17:25	
130	Ella Hearne	Wimborne AC	17:26	
131	Lauren Gee	London Heathside	17:27	
132	Charlotte Bourne	Wimborne AC	17:27	
133	Olivia Will	Ealing Southall & Middlesex AC	17:29	
134	Beth Heddle	Camberley & District AC	17:29	
135	Lowena Hawkey	Newquay & Par AC	17:29	
136	Holly Beaton	Chichester Runners & AC	17:30	
137	Lauren Church	Reading AC	17:31	
138	Eleanor Tennant	Ipswich Harriers	17:36	
139	Genevieve Weston	London Heathside	17:39	
140	Laura Edwards	St Albans AC	17:41	
141	Camille Bradbury	Ealing Southall & Middlesex AC	17:42	
142	Natalia Munro	Thames Valley Harriers	17:44	
143	Rosanna Bell	Ealing Southall & Middlesex AC	17:45	
144	Gaia Casciello	Shaftesbury Barnet Harriers	17:46	
145	Alice Milsom	Reading AC	17:46	
146	Kaya Simpson	Isle of Wight AC	17:47	
147	Adeya Edwards	Luton AC	17:48	
148	Chloe Morris	Wimborne AC	17:49	
149	Jody Mann	Phoenix AC	17:53	
150	Megan Gildea	Aldershot Farnham & District AC	17:53	
151	Rhea Walter	Team Kennet	17:55	
152	Abigail Gibbons	Wells City Harriers	17:59	
153	Rebecca Warrington	Poole AC	18:00	
154	Rebecca Pedley	Huntingdonshire AC	18:00	
155	Besirat Tesfu	Ealing Southall & Middlesex AC	18:01	
156	Emelia Williams	Worthing & District Harriers	18:06	
157	Lucy Ellis	Chichester Runners & AC	18:06	
158	Lydia Blythe	Reading AC	18:06	
159	Charlotte Lawrie	Folkestone RC	18:07	
160	Louise Lear	Havering Mayesbrook AC	18:12	
161	Lily Beckford	London Heathside	18:14	
162	Georgina Needham Bennett	Cambridge Harriers	18:15	
163	Zoe Botting	Hastings AC	18:16	
164	Lucy Loughlan	Cambridge & Coleridge	18:20	
165	Robbie Nunn	Havering Mayesbrook AC	18:23	
166	Lois Meredith	Reading AC	18:24	
167	Alice Mulcahy	St Albans AC	18:25	
168	Ellena White	City of Norwich AC	18:26	
169	Annabel Shreeves	Bedford & County AC	18:27	
170	Michelle Lathwell	Luton AC	18:30	
171	Joy Huggins	Colchester Harriers AC	18:34	
172	Ella Neil	Andover AC	18:34	
173	Katie Butterworth	Bexley AC	18:35	
174	Laurel Bryce	Folkestone RC	18:37	
175	Rebecca Skeats	Wimborne AC	18:43	
176	Alexandra Maughan	Team Kennet	18:45	
177	Ellie McNamara	Shaftesbury Barnet Harriers	18:47	
178	Victoria Blincoe	Bexley AC	18:49	
179	Chloe Hayes	Windsor Slough Eton & Hounslow AC	18:59	
180	Polly Casson Green	Bracknell AC	19:00	
181	Celine Atwell	Hercules Wimbledon AC	19:01	
182	Katherine Lathwell	Luton AC	19:11	
183	Jodie Penny	Reading AC	19:16	
184	Hayley Bartlett	Peterborough AC	19:16	
185	Ellen Joyce	Shaftesbury Barnet Harriers	19:16	
186	Olivia Bailey	Bexley AC	19:22	

187	Eleanor Winch	Bexley AC	19:22
188	Georgina Lavery	Havant AC	19:32
189	Nakita Brades	Andover AC	19:58
190	Saskia Budgett	Ealing Southall & Middlesex AC	20:20
191	Katie Hatchett	Enfield & Haringey AC	20:22
192	Freya Vafadari	Luton AC	20:26
193	Ella Kotecha	Ealing Southall & Middlesex AC	20:37
194	Bethen Turner	Victoria Park H & Tower Hamlets AC	21:10
195	Felicity Ford	Peterborough AC	21:16
196	Abigail Brown	Ealing Southall & Middlesex AC	21:54
197	Clemmie Hilliare	Herne Hill Harriers	22:29
198	Maria Eremionkhale	Bexley AC	27:37

u-17 Females

100 Finishers

1	Alex Clay	Invicta East Kent AC	17:12	IEK 1	1	Aldershot Farnham & District AC	(3 4 6 8)	21
2	Jessica Judd	Chelmsford AC	17:26		2	Tonbridge AC	(7 9 20 26)	62
3	Grace Baker	Aldershot Farnham & District AC	17:32		3	Aldershot Farnham & District AC	(10 13 31 43)	97
4	Laura Gent	Aldershot Farnham & District AC	17:38		4	Chelmsford AC	(2 16 44 51)	113
5	Rebecca Murray	Bedford & County AC	17:56		5	Windsor Slough Eton & Hounslow AC	(21 34 48 53)	156
6	Rebecca Howard	Aldershot Farnham & District AC	18:03		6	Herts Phoenix AC	(15 35 59 89)	198
7	Ruth Bourne	Tonbridge AC	18:06		7	Chichester Runners & AC	(28 37 54 100)	219
8	Susan Shiel-Rankin	Aldershot Farnham & District AC	18:13		8	Reading AC	(63 66 71 72)	272
9	Nicole Taylor	Tonbridge AC	18:19		9	Chelmsford AC	(65 68 79 80)	292
10	Harriet Preedy	Aldershot Farnham & District AC	18:20					
11	George Schwiening	Cambridge & Coleridge	18:25					
12	Emma Dixon	Brighton & Hove City AC	18:31					
13	Rosanna Stewart	Aldershot Farnham & District AC	18:34					
14	Grace Mullins	Nene Valley Harriers	18:34					
15	Elizabeth Bird	Herts Phoenix AC	18:38					
16	Kim Johansen	Chelmsford AC	18:38					
17	Charlotte Chalwin	Basingstoke & Mid Hants AC	18:39					
18	Lillie Bellamy	Swindon Harriers	18:41					
19	Jasmine Finlay	Marshall Milton Keynes AC	18:43					
20	Sophie Foreman	Tonbridge AC	18:49					
21	Nicole Swaffield	Windsor Slough Eton & Hounslow AC	18:52					
22	Sky Draper	Harrow AC	18:56					
23	Carla Plowden-Roberts	Isle of Wight AC	18:59					
24	Nastassja Potgieter	City of Norwich AC	19:00					
25	Rebecca Berger North	Bracknell AC	19:02					
26	Alice Wood	Tonbridge AC	19:08					
27	Bethany Hanson	Luton AC	19:09					
28	Beth Garland	Chichester Runners & AC	19:10					
29	Freya Lenton	Shaftesbury Barnet Harriers	19:11					
30	Rebecca Turton	Bracknell AC	19:14					
31	Poppy Disley-May	Aldershot Farnham & District AC	19:22					
32	Ellie Still	Luton AC	19:26					
33	Lauren Hawtin	Oxford City AC	19:28					
34	Kirsty Marshall	Windsor Slough Eton & Hounslow AC	19:31					
35	Emily Ruane	Herts Phoenix AC	19:32					
36	Saffron Salih	Tonbridge AC	19:34					
37	Georgina Warner	Chichester Runners & AC	19:38					
38	Amber Reed	Blackheath & Bromley Harriers	19:41					
39	Camile Cowan	Horsham Blue Star Harriers	19:47					
40	Harriet Clifford	Shaftesbury Barnet Harriers	19:50					
41	Frances Arnott	Southampton AC	19:55					
42	Sophie Lloyd	White Horse Harriers	19:58					
43	Beth Gibson	Aldershot Farnham & District AC	19:59					
44	Rebecca Wade	Chelmsford AC	19:59					
45	Emily Bousfield	Marshall Milton Keynes AC	20:05					
46	Megan Steer	St Albans AC	20:11					
47	Susannah Reid	Ipswich Harriers	20:13					
48	Mary Alice Davidson	Windsor Slough Eton & Hounslow AC	20:14					
49	Isobel Thompson	Shaftesbury Barnet Harriers	20:19					
50	Rebecca Carver	Wells City Harriers	20:20					
51	Sophie Crofts	Chelmsford AC	20:24					
52	Lilly Hawkins	Wells City Harriers	20:25					
53	Emma Croft	Windsor Slough Eton & Hounslow AC	20:26					
54	Lucy Thraves	Chichester Runners & AC	20:27					
55	Nicola Wilkinson	Tonbridge AC	20:28					
56	Ellie Wallis	Windsor Slough Eton & Hounslow AC	20:29					
57	Alice Wills	Windsor Slough Eton & Hounslow AC	20:31					
58	Lucy Bowden	Newquay & Par AC	20:38					
59	Mary Gough	Herts Phoenix AC	20:46					
60	Ellen Newark	Bexley AC	20:48					
61	Fern Yull	Marshall Milton Keynes AC	20:51					
62	Olivia Shepherd	Bracknell AC	20:53					
63	Beki Taylor	Reading AC	20:55					
64	Mollie Huggins	Colchester Harriers AC	20:57					
65	Jessca Jellicoe	Chelmsford AC	21:00					
66	Cerys Aitken	Reading AC	21:01					
67	Becky Harris	Stevenage & North Herts AC	21:03					
68	Jessica Swain	Chelmsford AC	21:08					
69	Laura Fenwick	Winchester & District AC	21:10					
70	Yanna Raykov	London Heathside	21:11					
71	Rosie Bishop	Reading AC	21:13					
72	Ellie Kemp	Reading AC	21:21					
73	Hannah Wardley	Chiltern Harriers AC	21:23					
74	Amelia Jones	Ashford AC	21:23					
75	Sarah Imbush	Southend AC	21:27					
76	Alice Maguire	St Edmund Pacers	21:29					
77	Hannah Hull	St Albans AC	21:31					
78	Faye McLellan	Cambridge & Coleridge	21:33					
79	Samantha Wallwork	Chelmsford AC	21:37					
80	Izzy Warren	Chelmsford AC	21:37					
81	Katrina Will	Ealing Southall & Middlesex AC	21:46					
82	Maysie Hillare	Herne Hill Harriers	22:00					
83	Bethony Frost	Blackheath & Bromley Harriers	22:03					
84	Beth Tooley	West Suffolk AC	22:06					
85	Izzy Broughton	Herne Hill Harriers	22:12					
86	Lucy Hayes	Woodford Green AC with Essex ladies	22:37					
87	Megan Shreeves	Bedford & County AC	23:00					
88	Mollie Haines	Reading AC	23:15					
89	Aisling Hayward	Herts Phoenix AC	23:18					

90	Stephanie Smith	Woodford Green AC with Essex ladies	23:20			
91	Emma Taylor	Reading AC	23:23			
92	Cassie Benson	Dartford Harriers	23:38			
93	Ruth Myburgh	South London Harriers	24:03			
94	Evie King	Ealing Southall & Middlesex AC	24:25			
95	Katherine Hyde	Bexley AC	24:34			
96	Sarah Gates	Bexley AC	24:34			
97	Rebecca Wilby	Dartford Harriers	25:25			
98	Kathleen Jackson	London Heathside	25:57			
99	Ellen Jackson	London Heathside	25:57			
100	Molly Peel	Chichester Runners & AC	26:07			
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u-20 Females		54 Finishers				
1	Emelia Gorecka	Aldershot Farnham & District AC	22:01	1	Aldershot Farnham & District AC	(1 2 5 7)
2	Louise Small	Aldershot Farnham & District AC	22:34	2	Tonbridge AC	(31 32 43 44)
3	Jess Chen	City of Portsmouth AC	23:29			
4	Sophie Connor	Shaftesbury Barnet Harriers	23:34			
5	Rachel Robinson	Aldershot Farnham & District AC	23:35			
6	Alice Burgin	Bedford & County AC	23:44			
7	Jess Andrews	Aldershot Farnham & District AC	23:58			
8	Melissa Hawtin	Oxford City AC	24:02			
9	Abigail Ashbee Simmonds	Crawley AC	24:12			
10	Vicky Walker	Shaftesbury Barnet Harriers	24:14			
11	Ruth Haynes	Aldershot Farnham & District AC	24:21			
12	Gemma Bridge	Radley AC	24:22			
13	Melissa Courtney	Shaftesbury Barnet Harriers	24:31			
14	Steph McCall	South London Harriers	24:33			
15	Kirsty Addy	Saxmundham Runners & Fitness Club	24:34			
16	Emma Gilmore	City of Portsmouth AC	24:41			
17	Charlotte Taylor	Nene Valley Harriers	24:46			
18	Maryse Haynes	Windsor Slough Eton & Hounslow AC	24:46			
19	Rosie Hiles	Guildford & Godalming AC	24:48			
20	Claire Arnold	Aldershot Farnham & District AC	24:52			
21	Emily Hosker-Thornhill	Invicta East Kent AC	25:24	IEK 1		
22	Elle Roche	Marshall Milton Keynes AC	25:36			
23	Emily Wallbank	Bedford & County AC	25:44			
24	Juliet Broster	City of Norwich AC	25:55			
25	Katie Hickson	Southampton AC	26:02			
26	Holly Archer	West Suffolk AC	26:08			
27	Lauren Macgregor	Woodford Green AC with Essex ladies	26:15			
28	Molly Riglin	Windsor Slough Eton & Hounslow AC	26:22			
29	Jen Mclachlin	Winchester & District AC	26:26			
30	Anna Rust	Exeter Harriers	26:29			
31	Helen Wilson	Tonbridge AC	26:38			
32	Megan Brickell	Tonbridge AC	26:42			
33	Sophie Darling	Southampton AC	26:45			
34	Rachel Titheradge	Brighton & Hove City AC	26:52			
35	Joanne Mobed	Thames Valley Harriers	26:52			
36	Africa Mason	Poole AC	26:54			
37	Sofie Kent	Aldershot Farnham & District AC	27:03			
38	Melody Kane	Blackheath & Bromley Harriers	27:09			
39	Holly Gillard	Southend AC	27:39			
40	Danielle Critchley	Blackheath & Bromley Harriers	27:43			
41	Amy Bream	Havant AC	28:16			
42	Victoria Stoodley	Winchester & District AC	28:32			
43	Jess Owen	Tonbridge AC	28:41			
44	Kelsey Howard	Tonbridge AC	28:55			
45	Amy Haines Eynon	Peterborough AC	29:02			
46	Rebecca Cooke	Colchester Harriers AC	29:07			
47	Penelope Ford	Peterborough AC	29:25			
48	Rebecca Walford	Ealing Southall & Middlesex AC	29:30			
49	Millie Windus	Horsham Blue Star Harriers	29:38			
50	Lizzie Keep	Lewes AC	29:53			
51	Lucy Weekes	Folkestone RC	30:01			
52	Emily Baker	West Suffolk AC	30:05			
53	Bethany Burnett	Invicta East Kent AC	30:31	IEK 2		
54	Rachel Walsh	Ealing Southall & Middlesex AC	32:55			
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Senior Females		335 Finishers				
1	Ceri Mitchell	Southampton AC	29:44	1	Aldershot Farnham & District AC	(28 33 40 58)
2	Lauren Deadman	Havering Mayesbrook AC	29:49	2	Serpentine RC	(4 5 9 68 72)
3	Lucy Elliott	Winchester & District AC	30:20	3	Belgrave Harriers	(16 63 78 82)
4	Sylvie Lloyd	Serpentine RC	30:35	4	St Albans Striders	(37 41 45 118)
5	Emma Macready	Midhurst Milers	30:44	5	Southampton AC	(1 31 55 161)
6	Leigh Lattimore	Harrow AC	30:49	6	London Heathside	(23 57 85 87)
7	Ruth Clifton	Thames Hare & Hounds	31:05	7	Winchester & District AC	(3 29 49 187)
8	Carolyn Boosey	Vale of Aylesbury AC	31:10	8	Ranelagh Harriers	(25 30 98 138)
9	Lizzy Hall	Herts Phoenix AC	31:14	9	Herne Hill Harriers	(21 32 83 165)
10	Lucy Hodgson	Newquay & Par AC	31:21	10	Reading AC	(43 79 92 93)
11	Miranda Heathcote	Newquay & Par AC	31:26	11	South London Harriers	(17 34 129 131)
12	Hayley Munn	Enfield & Haringey AC	31:29	12	Metropolitan Police AC	(56 86 94 107)
13	Elaine Murty	Blackheath & Bromley Harriers	31:36	13	Headington RR	(46 64 95 139)
14	Jessica Douglas	Crawley AC	31:41	14	Ealing Southall & Middlesex AC	(54 70 109 152)
15	Philippa Auckett	Shaftesbury Barnet Harriers	31:46	15	Thames Hare & Hounds	(7 76 89 214)
16	Samantha Amend	Belgrave Harriers	32:07	16	Dorking & Mole Valley AC	(26 102 156 162)
17	Beckie Woodland	South London Harriers	32:11	17	Chichester Runners & AC	(71 75 121 185)
18	Alexis Gounelas	Eton Manor AC	32:12	18	Barnet & District AC	(35 67 155 209)
19	Rebekah Gardiner	Shaftesbury Barnet Harriers	32:12	19	Reading AC	(100 104 127 147)
20	Lucy Rogers	Wycombe Phoenix Harriers & AC	32:14	20	Luton AC	(47 50 150 237)
21	Karen Ellison	Herne Hill Harriers	32:14	21	Serpentine RC	(81 119 135 151)
22	Emily Alden	Epsom & Ewell Harriers	32:16	22	Blackheath & Bromley Harriers	(13 143 146 203)
23	Sue Rust	London Heathside	32:23	23	Vale of Aylesbury AC	(8 69 215 220)
24	Martha Hall	Garden City Runners	32:26	24	Brighton & Hove City AC	(120 136 144 158)
25	Estelle Damant	Ranelagh Harriers	32:27	25	Phoenix AC	(99 101 157 217)
26	Zoe Shannon	Dorking & Mole Valley AC	32:28	26	Hercules Wimbledon AC	(77 133 224 248)
27	Ellie Matthews	City of Norwich AC	32:30	27	Crawley AC	(14 125 267 284)
28	Naomi Lenane	Aldershot Farnham & District AC	32:34	28	West 4 Harriers	(62 124 200 304)
29	Karen Hazlitt	Winchester & District AC	32:38	29	Victoria Park H & Tower Hamlets AC	(53 142 182 322)
30	Liz Kipling	Ranelagh Harriers	32:39	30	Eton Manor AC	(18 169 256 297)
31	Laura Brenton	Southampton AC	32:40	31	Serpentine RC	(175 177 184 225)
32	Suzie Richards	Herne Hill Harriers	32:44	32	Oxford Brookes Running & AC	(105 205 222 233)
33	Montana Jones	Aldershot Farnham & District AC	32:45	33	Canterbury Harriers	(140 141 242 249)
34	Rachel Coe O'Brien	South London Harriers	32:46	34	Aldershot Farnham & District AC	(179 192 198 204)
35	Joanne Kent	Barnet & District AC	32:48	35	Swanley & District AC	(171 202 221 234)

36	Dominique Ballard	Benfleet RC	32:56	36	Folkestone RC	(110 226 247 250)	833
37	Lucy Waterlow	St Albans Striders	33:00	37	Dulwich Runners AC	(181 199 211 251)	842
38	Louise Peters	Stopsley Striders	33:01	38	Overton Harriers	(123 216 243 271)	853
39	Lauren Stewart	Woodford Green AC with Essex ladies	33:15	39	Stubbington Green Runners & AC	(176 208 235 295)	914
40	Laura Odell	Aldershot Farnham & District AC	33:15	40	Pitsea RC	(97 246 293 299)	935
41	Sally Onn	St Albans Striders	33:16	41	Stopsley Striders	(38 263 323 324)	948
42	Lara Bromilow	Marshall Milton Keynes AC	33:16	42	North Norfolk Beach Runners	(210 228 262 290)	990
43	Rachel Phillips	Reading AC	33:17	43	Serpentine RC	(232 245 255 260)	992
44	Jessica Franklin	Newbury AC	33:20	44	New Eltham Joggers	(223 231 279 280)	1013
45	Deborah Steer	St Albans Striders	33:23	45	Bexley AC	(197 239 283 296)	1015
46	Jude Craft	Headington RR	33:28	46	Springfield Striders	(212 277 278 313)	1080
47	Claire McMahon	Luton AC	33:32	47	Victory AC	(206 254 310 314)	1084
48	Vicky Smith	Havering Mayesbrook AC	33:39	48	Folkestone RC	(264 270 272 286)	1092
49	Michaela McCallum	Winchester & District AC	33:41	49	Pitsea RC	(305 307 316 320)	1248
50	Christine Lathwell	Luton AC	33:42				
51	Jenny Robinson	Garden City Runners	33:48				
52	Nicki Alford	City of Norwich AC	33:59				
53	Jo Singer	Victoria Park H & Tower Hamlets AC	34:01				
54	Alison Hopkins	Ealing Southall & Middlesex AC	34:02				
55	Nicola Blandford	Southampton AC	34:03				
56	Caroline Walsh	Metropolitan Police AC	34:12				
57	Claire Morrissey	London Heathside	34:15				
58	Sharon Elder	Aldershot Farnham & District AC	34:19				
59	Victoria Crawford	Serpentine RC	34:23				
60	Sarah Ivory	Bideford AAC	34:27				
61	Lois Bowles	Enfield & Haringey AC	34:29				
62	Emily Loughnan	West 4 Harriers	34:30				
63	Fiona Maycock	Belgrave Harriers	34:30				
64	Charlotte Harris	Headington RR	34:31				
65	Wendy Webber	Marshall Milton Keynes AC	34:39				
66	Charlotte Firth	Windsor Slough Eton & Hounslow AC	34:41				
67	Karen Murphy	Barnet & District AC	34:45				
68	Anna Ferguson	Serpentine RC	34:46				
69	Julia Austin	Vale of Aylesbury AC	34:48				
70	Fiona Kennedy	Ealing Southall & Middlesex AC	34:50				
71	Jane Harrop	Chichester Runners & AC	34:53				
72	Helen Winsor	Serpentine RC	35:03				
73	Hazel Vovi	Dartford RR	35:06				
74	Sarah Davies	Oxford City AC	35:08				
75	Fay Cripps	Chichester Runners & AC	35:10				
76	Elizabeth Stavreski	Thames Hare & Hounds	35:10				
77	Amy Aronson	Hercules Wimbledon AC	35:12				
78	Mathilde Heaton	Belgrave Harriers	35:13				
79	Sarah Wilkins	Reading AC	35:18				
80	Cara Oliver	Dartford Harriers	35:19				
81	Laura Denison	Serpentine RC	35:20				
82	Nelleke Quispell	Belgrave Harriers	35:22				
83	Suzanne Swain	Herne Hill Harriers	35:25				
84	Sarah Jeffery	Southend AC	35:34				
85	Iva Raykov	London Heathside	35:36				
86	Katherine Reeves	Metropolitan Police AC	35:41				
87	Rachel Babbs	London Heathside	35:46				
88	Elinor Winter	Highgate Harriers	35:47				
89	Vikki Filsell	Thames Hare & Hounds	35:49				
90	Jenna Tarrant	Woking AC	35:50				
91	Charlotte Grandfield	Invicta East Kent AC	35:55	IEK 1			
92	Susan Francis	Reading AC	36:02				
93	Julie Rayfield	Reading AC	36:04				
94	Sarah Green	Metropolitan Police AC	36:05				
95	Adrienne Hopkins	Headington RR	36:06				
96	Maggie Allen	Wycombe Phoenix Harriers & AC	36:07				
97	Rachel Flannigan	Pitsea RC	36:08				
98	Marie Synnott Wells	Ranelagh Harriers	36:12				
99	Catherine Bounds	Phoenix AC	36:13				
100	Nicola Cooke	Reading AC	36:15				
101	Liz Durman	Phoenix AC	36:17				
102	Louise Ionaseu	Dorking & Mole Valley AC	36:17				
103	Sarah Yates	Wimbledon Windmilers	36:24				
104	Anna Boniface	Reading AC	36:26				
105	Bethany Alston	Oxford Brookes Running & AC	36:29				
106	Bernadine Pritchett	Woodford Green AC with Essex ladies	36:30				
107	Jo Ravenhill	Metropolitan Police AC	36:33				
108	Claire Danson	Windsor Slough Eton & Hounslow AC	36:39				
109	Patricia Thomas	Ealing Southall & Middlesex AC	36:41				
110	Lauren Fawke	Folkestone RC	36:43				
111	Rachel Stewart	Medway & Maidstone AC	36:46				
112	Christine Anthony	West Suffolk AC	36:46				
113	Sue Van Huyssteen	Newbury AC	36:48				
114	Helen Grant	Cambridge & Coleridge	36:50				
115	Jackie Wastell	London Heathside	36:54				
116	Lowri Richards	Tonbridge AC	36:55				
117	Melanie Ross	Collingwood AC	36:56				
118	Gill Jubb	St Albans Striders	36:57				
119	Samantha Ludlow	Serpentine RC	36:58				
120	Julia Armstrong	Brighton & Hove City AC	37:00				
121	Sarah Fenmor Collins	Chichester Runners & AC	37:04				
122	Siana Jones	Thames Valley Harriers	37:11				
123	Cath Wheeler	Overton Harriers	37:13				
124	Rachel Badham	West 4 Harriers	37:14				
125	Susan Aldridge	Crawley AC	37:15				
126	Anna Lewis	Wells City Harriers	37:17				
127	Hayley Pearce	Reading AC	37:18				
128	Hester Barsham-Rolfe	Belgrave Harriers	37:20				
129	Pam Iannella	South London Harriers	37:21				
130	Amy Tanner	Hardley Runners	37:26				
131	Natalie Glover	South London Harriers	37:27				
132	Christina Smith	St Albans Striders	37:31				
133	Rosemary Fernando	Hercules Wimbledon AC	37:31				
134	Louise Wilkinson	City of Norwich AC	37:38				
135	Sarah Knox	Serpentine RC	37:39				
136	Gail Nerurkar	Brighton & Hove City AC	37:40				
137	Emily Neilan	Shaftesbury Barnet Harriers	37:43				

138	Kate Woodhouse	Ranelagh Harriers	37:45
139	Anne Edwards	Headington RR	37:46
140	Barbara Buczek	Canterbury Harriers	38:01
141	Karlene Kurtz	Canterbury Harriers	38:01
142	Laura Morgan	Victoria Park H & Tower Hamlets AC	38:08
143	Kate Pratten	Blackheath & Bromley Harriers	38:11
144	Cerian Lancaster	Brighton & Hove City AC	38:15
145	Sharon Bardwell	Norwich RR	38:17
146	Sarah Belaon	Blackheath & Bromley Harriers	38:18
147	Andrea Curson	Reading AC	38:23
148	Sian Roberts	Tunbridge Wells Harriers	38:34
149	Suzanna Ditton	Windsor Slough Eton & Hounslow AC	38:36
150	Charlotte Hardy	Luton AC	38:37
151	Jennifer Bradley	Serpentine RC	38:40
152	Gillian Morgan	Ealing Southall & Middlesex AC	38:41
153	Lynn Jones	Trent Park RC	38:41
154	Amy Inchley	Leighton Buzzard AC	38:43
155	Catherine Perry	Barnet & District AC	38:45
156	Louise Schlaeppi	Dorking & Mole Valley AC	38:46
157	Paule Kremer	Phoenix AC	38:49
158	Claire Rank	Brighton & Hove City AC	38:49
159	Rebecca Sleap	Basingstoke & Mid Hants AC	38:52
160	Julie Dalzell	Marshall Milton Keynes AC	38:53
161	Hannah Coombs	Southampton AC	38:54
162	Fiona Blagg	Dorking & Mole Valley AC	38:54
163	Sarah Stephens-James	Metropolitan Police AC	38:58
164	Dianne Crisp	Ilford AC	39:00
165	Rebecca Barrow	Herne Hill Harriers	39:01
166	Jenny Thomas	Woodford Green AC with Essex ladies	39:11
167	Charlotte Phillips	Reading AC	39:13
168	Laura Robertson	Peterborough AC	39:14
169	Zoe Woodward	Eton Manor AC	39:25
170	Cindy Godwin	Herne Hill Harriers	39:37
171	Michelle De Kisszazy	Swanley & District AC	39:41
172	Tina Wren	Hastings AC	39:43
173	Sarah Bolton	Basingstoke & Mid Hants AC	39:44
174	Sarah Allen	Herne Hill Harriers	39:45
175	Wendy L Vandoolaeghe	Serpentine RC	39:46
176	Lucy May	Stubbington Green Runners & AC	39:49
177	Joanne Conn	Serpentine RC	39:51
178	Jane Sauer	Leighton Buzzard AC	39:53
179	Cathy Stewart	Aldershot Farnham & District AC	39:54
180	Alison Wilson	Cambridge & Coleridge	39:57
181	Ros Tabor	Dulwich Runners AC	39:59
182	Emily Mosedale	Victoria Park H & Tower Hamlets AC	40:04
183	Natasha Cendrowicz	Highgate Harriers	40:07
184	Joanna Beak	Serpentine RC	40:10
185	Jane Leonard	Chichester Runners & AC	40:11
186	Kimberley Deeney	Tunbridge Wells Harriers	40:13
187	Alison Fenwick	Winchester & District AC	40:15
188	Alice Ewen	Striders of Croydon AC	40:19
189	Jessica Dando	Dartford Harriers	40:26
190	Sandra Prosser	Ranelagh Harriers	40:28
191	Deirdre Heydecker	St Albans Striders	40:35
192	Sam Prier	Aldershot Farnham & District AC	40:37
193	Fallon Lafferty	Medway & Maidstone AC	40:40
194	Rebecca Coxhead	Newbury AC	40:45
195	Julie Clarke	South London Harriers	40:48
196	Julia Snaith Pearce	The Stragglers	40:50
197	Dawn Saunders	Bexley AC	40:56
198	Jess Prier	Aldershot Farnham & District AC	40:57
199	Louisa Pritchard	Dulwich Runners AC	40:58
200	Rochelle Winn	West 4 Harriers	40:59
201	Emma Gooding	Torrington AAC	41:01
202	Jane Blackmore	Swanley & District AC	41:02
203	Justine Eastbury	Blackheath & Bromley Harriers	41:07
204	Verity Snook	Aldershot Farnham & District AC	41:09
205	Kirsty Bunning	Oxford Brookes Running & AC	41:10
206	Amanda Godfrey	Victory AC	41:11
207	Lynne Morgan	Dartford Harriers	41:19
208	Donna Mitchell	Stubbington Green Runners & AC	41:23
209	Sandra O'Connor	Barnet & District AC	41:23
210	Lucy Collyer	North Norfolk Beach Runners	41:27
211	Anna Thomas	Dulwich Runners AC	41:35
212	Sarah Hammond	Springfield Striders	41:37
213	Jacqueline King	Istead & Ifield Harriers	41:38
214	Emma Pritty	Thames Hare & Hounds	41:40
215	Sharon Maisey	Vale of Aylesbury AC	41:42
216	Sarah McCann	Overton Harriers	41:42
217	Sonal Chaudhary	Phoenix AC	41:45
218	Kate Brook	Ranelagh Harriers	41:53
219	Penel Fixter	Herne Hill Harriers	41:55
220	Jo Card	Vale of Aylesbury AC	41:55
221	Caroline Burley	Swanley & District AC	41:56
222	Lindsey Ackland	Oxford Brookes Running & AC	41:58
223	Geraldine Eastmont	New Eltham Joggers	42:02
224	Marilena De Luca	Hercules Wimbledon AC	42:04
225	Caroline Ringrow	Serpentine RC	42:06
226	Catherine O'Connor	Folkestone RC	42:06
227	Victoria Sheldon	Vale of Aylesbury AC	42:08
228	Ellen Similon	North Norfolk Beach Runners	42:13
229	Jacqui Young	Queens Park Harriers	42:17
230	Jane Hallam	Havering Mayesbrook AC	42:30
231	Julie Unitt	New Eltham Joggers	42:33
232	Beatrice Bonello	Serpentine RC	42:37
233	Karen Moberg	Oxford Brookes Running & AC	42:40
234	Sharon McGuiness	Swanley & District AC	42:41
235	Rachael Openshaw	Stubbington Green Runners & AC	42:43
236	Carolyna Jones Baldock	Blackheath & Bromley Harriers	42:55
237	Rosie Canham	Luton AC	42:59
238	Marie Anne Fischer	Headington RR	43:01
239	Juliette Horeau	Bexley AC	43:03

240	Claire Scammell	Wimborne AC	43:03		
241	Alison Holdway	Fleet & Crookham AC	43:19		
242	Joanne Norrington	Canterbury Harriers	43:23		
243	Audra Dennison	Overton Harriers	43:26		
244	Dian Braverman	Cambridge & Coleridge	43:28		
245	Val Metcalf	Serpentine RC	43:31		
246	Lorna Pettifer	Pitsea RC	43:31		
247	Leah Williams	Folkestone RC	43:32		
248	Heather Letley	Hercules Wimbledon AC	43:34		
249	Barbara Hutton	Canterbury Harriers	43:40		
250	Rebecca Fuggle	Folkestone RC	43:40		
251	Marlene Russell	Dulwich Runners AC	43:41		
252	Jane Stafford	Norwich RR	43:46		
253	Anita McReynolds	Victory AC	43:47		
254	Rebecca Smith	Tunbridge Wells Harriers	43:47		
255	Stephanie Vaatz	Serpentine RC	43:50		
256	Jenni Close	Eton Manor AC	43:55		
257	Alison Bell	Headington RR	44:00		
258	Mary Walsh	Ealing Southall & Middlesex AC	44:05		
259	Trudi Cunningham	Chichester Runners & AC	44:08		
260	Cheryl Sacks	Serpentine RC	44:09		
261	Sigrid Stangl	Serpentine RC	44:12		
262	Jess Neal	North Norfolk Beach Runners	44:14		
263	Karen Ashby	Stopsley Striders	44:15		
264	Kirsty Gardiner	Folkestone RC	44:20		
265	Sue Barty	Chichester Runners & AC	44:22		
266	Syeena Bassett	Horsham Blue Star Harriers	44:24		
267	Ann Buckett	Crawley AC	44:27		
268	Rosa Sampson Geroski	Cambridge Harriers	44:40		
269	Lou Walker	Winchester & District AC	44:53		
270	Tina Eke	Folkestone RC	45:00		
271	Monique Van Neuten	Overton Harriers	45:08		
272	Kim Gardiner	Folkestone RC	45:12		
273	Cat Gaskell	Collingwood AC	45:18		
274	Dawn Cobbett	Worthing Striders	45:20		
275	Lynda Massey	Southampton AC	45:24		
276	Natasha Janes	The Stragglers	45:36		
277	Sarah Knowles	Springfield Striders	45:42		
278	Nicola Pyle	Springfield Striders	45:47		
279	Kay Goodyear	New Eltham Joggers	45:49		
280	Jane Scanlan	New Eltham Joggers	45:54		
281	Angela Kikugawa	Hercules Wimbledon AC	46:16		
282	Ursula Puentener	Southampton AC	46:21		
283	Anoushka Johnson	Bexley AC	46:23		
284	Rachel Williams	Crawley AC	46:25		
285	Emma Pilbeam	Totton RC	46:31		
286	Angela Saunders	Folkestone RC	46:35		
287	Mel McClure	Metropolitan Police AC	46:37		
288	Carole Wisdom	Serpentine RC	46:44		
289	Teresa Griffith	Serpentine RC	46:50		
290	Shelley Burton	North Norfolk Beach Runners	46:54		
291	Lisa Sammons	Oxford City AC	46:55		
292	Joanna Miller	Folkestone RC	47:18		
293	Helen Williams	Pitsea RC	47:28		
294	Janet Smith	New Eltham Joggers	47:55		
295	Sharon White	Stubbington Green Runners & AC	48:05		
296	Dawn Robertson	Bexley AC	48:20		
297	Claire Wagh	Eton Manor AC	48:21		
298	Persephone Hagan	Chichester Runners & AC	48:25		
299	Teresa Flannigan	Pitsea RC	48:41		
300	Tracy Hunter	Bexley AC	48:50		
301	Wendy Hadley	Crawley AC	48:55		
302	Rebecca Miller	Metropolitan Police AC	48:56		
303	Mary Brown	Barnet & District AC	49:27		
304	Edyta Wierzbowska	West 4 Harriers	49:37		
305	Louise Smith	Pitsea RC	49:41		
306	Helen Pellet	Worthing & District Harriers	49:43		
307	Nicky Gordon	Pitsea RC	50:05		
308	Amanda White	New Eltham Joggers	50:12		
309	Liz Jackson	Trent Park RC	50:24		
310	Belinda Harding	Victory AC	51:02		
311	Claire Ward	Istead & Ifield Harriers	51:06		
312	Chris Glew	The Stragglers	51:10		
313	Sandra Stanton	Springfield Striders	51:13		
314	Marilyn Crocker	Victory AC	51:25		
315	Gill Grant	New Eltham Joggers	51:31		
316	Sharon Eastland	Pitsea RC	51:47		
317	Christina Watson	Eton Manor AC	51:55		
318	Lorraine Thomas	Collingwood AC	51:57		
319	Emma Culley	North Norfolk Beach Runners	51:59		
320	Caz Wallis	Pitsea RC	52:06		
321	Jane Allen	Trent Park RC	52:20		
322	Susan Leese	Victoria Park H & Tower Hamlets AC	52:45		
323	Elanie Harries	Stopsley Striders	52:57		
324	Tracey Barrett	Stopsley Striders	53:49		
325	Linda Kelly	Stopsley Striders	53:53		
326	Rene Pilbeam	Totton RC	54:02		
327	Maureen Shirley	Barnet & District AC	54:19		
328	Amanda Jenkins	Pitsea RC	55:25		
329	Zahara Sharples	Dorking & Mole Valley AC	56:17		
330	Linda Noke	Hardley Runners	56:34		
331	Geraldine Legon	Bexley AC	57:57		
332	Mary Russell	Headington RR	1:00:09		
333	Heather Jackson	Pitsea RC	1:02:35		
334	Linda Bates	Pitsea RC	1:03:34		
335	Gill Stalley	Collingwood AC	1:14:58		
<hr/>					
u-13 Males		192 Finishers			
1	Canaan Solomon	Woodford Green AC with Essex ladies	10:10	1	Aldershot Farnham & District AC (2 11 16 39) 68
2	Jack Boswell	Aldershot Farnham & District AC	10:19	2	Herne Hill Harriers (4 22 40 46) 112
3	Sam Henning	Chiltern Harriers AC	10:20	3	City of Norwich AC (17 29 38 53) 137
4	Paul Burgess	Herne Hill Harriers	10:20	4	Reading AC (21 27 52 62) 162
5	Thomas Kendrick	Tonbridge AC	10:20	5	Tonbridge AC (5 42 51 69) 167

6	Max Jones	Basildon AC	10:28	6	Bedford & County AC	(9 15 72 78)	174
7	Piers Copeland	Wimborne AC	10:32	7	Shaftesbury Barnet Harriers	(25 33 63 94)	215
8	Daniel Richards	Orion Harriers	10:32	8	Thames Valley Harriers	(23 41 85 87)	236
9	Stanley Willis	Bedford & County AC	10:39	9	Camberley & District AC	(45 47 73 98)	263
10	Alfie Yabsley	Marshall Milton Keynes AC	10:43	10	Chiltern Harriers AC	(3 70 96 119)	288
11	Sean Pocknee	Aldershot Farnham & District AC	10:43	11	Phoenix AC	(13 91 104 107)	315
12	Jamie Philpott	Herts Phoenix AC	10:46	12	Windsor Slough Eton & Hounslow AC	(28 68 109 111)	316
13	Archie Davies	Phoenix AC	10:48	13	Hastings AC	(55 56 99 131)	341
14	Aaron Spink	Ealing Southall & Middlesex AC	10:50	14	Wimborne AC	(7 31 144 162)	344
15	William Mullins	Bedford & County AC	10:51	15	Ealing Southall & Middlesex AC	(14 106 108 127)	355
16	Robbie Coupland	Aldershot Farnham & District AC	10:53	16	Tonbridge AC	(71 81 97 150)	399
17	Luke Spear	City of Norwich AC	10:53	17	Winchester & District AC	(75 93 120 124)	412
18	Ben Reed	Andover AC	10:54	18	Chichester Runners & AC	(57 100 103 152)	412
19	Alexander Rowe	Guernsey Island AAC	10:54	19	Andover AC	(18 130 138 145)	431
20	Terry Fawden	Highgate Harriers	10:55	20	Leighton Buzzard AC	(58 82 168 174)	482
21	Isaac Farnworth	Reading AC	10:56	21	Aldershot Farnham & District AC	(86 121 126 160)	493
22	Sam Cohen	Herne Hill Harriers	10:56	22	Woodford Green AC with Essex ladies	(1 132 173 187)	493
23	Karim Mahaddine	Thames Valley Harriers	10:58	23	Highgate Harriers	(20 158 167 184)	529
24	Dominic Murphy	Marshall Milton Keynes AC	10:59	24	Brighton & Hove City AC	(110 146 153 154)	563
25	Jamie Harper	Shaftesbury Barnet Harriers	10:59	25	Thames Valley Harriers	(89 172 180 182)	623
26	Luke Powell	Southampton AC	11:00	26	Poole AC	(181 185 190 191)	747
27	Matthew Rwalings	Reading AC	11:00				
28	Tom Fitch	Windsor Slough Eton & Hounslow AC	11:00				
29	Jacob Cotton	City of Norwich AC	11:01				
30	Brandon Thorpe	Southend AC	11:02				
31	Thomas Bourne	Wimborne AC	11:03				
32	Oliver Dickinson	Wells City Harriers	11:04				
33	Nathan Davies	Shaftesbury Barnet Harriers	11:05				
34	Lawrie Pope	South London Harriers	11:05				
35	Ben Clarke	St Albans AC	11:06				
36	Sam Cliff	Dorking & Mole Valley AC	11:07				
37	Charlie Ackland	Newham & Essex Beagles AC	11:08				
38	Alfie Linstead	City of Norwich AC	11:08				
39	Harry Grace	Aldershot Farnham & District AC	11:08				
40	Tom Singholden	Herne Hill Harriers	11:08				
41	Abraham Mendes Da Costa	Thames Valley Harriers	11:09				
42	James Puxty	Tonbridge AC	11:11				
43	Scott Rowatt	Medway & Maidstone AC	11:11				
44	Benjamin Haynes	Newham & Essex Beagles AC	11:12				
45	Daniel Cooke	Camberley & District AC	11:12				
46	Callum Barker	Herne Hill Harriers	11:12				
47	James Fleming	Camberley & District AC	11:13				
48	Charlie Brackenborough	Croydon Harriers	11:13				
49	Sam Costley	Southampton AC	11:13				
50	Tom Verney	City of Portsmouth AC	11:14				
51	Jamie Goodge	Tonbridge AC	11:14				
52	Harry Lowery	Reading AC	11:16				
53	Cameron Lindsay	City of Norwich AC	11:17				
54	Alex Gayton	Bracknell AC	11:17				
55	Matt Herring	Hastings AC	11:18				
56	Alex Goldstone	Hastings AC	11:19				
57	Josh Eeles	Chichester Runners & AC	11:20				
58	Sam Nicholas	Leighton Buzzard AC	11:21				
59	Oscar Millard	Herne Hill Harriers	11:22				
60	Sam Wattles	Herne Hill Harriers	11:22				
61	Sam Hutchinson	Isle of Wight AC	11:22				
62	Ben Corless	Reading AC	11:23				
63	James Brennan	Shaftesbury Barnet Harriers	11:23				
64	Omar Harhara	Croydon Harriers	11:23				
65	James Beeks	Basingstoke & Mid Hants AC	11:25				
66	Daniel Stidder	Eastbourne Rovers AC	11:25				
67	Josh Davidson	Blackheath & Bromley Harriers	11:26				
68	Max O'Neill	Windsor Slough Eton & Hounslow AC	11:27				
69	Ben Brooks	Tonbridge AC	11:27				
70	Angus Denison Smith	Chiltern Harriers AC	11:28				
71	Leo Rossouw	Tonbridge AC	11:30				
72	Freddie Ayres	Bedford & County AC	11:31				
73	Ross Maxwell	Camberley & District AC	11:32				
74	Mason Webb	Basildon AC	11:33				
75	Archie Ives	Winchester & District AC	11:33				
76	Owen Lawrence	Southampton AC	11:34				
77	James Hadden	Crawley AC	11:34				
78	Spencer Willis	Bedford & County AC	11:35				
79	Tom Daniel	Dorking & Mole Valley AC	11:36				
80	Dominic Preachey	Bedford & County AC	11:36				
81	Harry Rees	Tonbridge AC	11:39				
82	Owen Drabwell	Leighton Buzzard AC	11:39				
83	Caine Moir	Thanet Roadrunners AC	11:43				
84	Daniel Weathers	Wycombe Phoenix Harriers & AC	11:44				
85	Nicholas Cowley Andrea	Thames Valley Harriers	11:44				
86	Lawrence Gilfrin	Aldershot Farnham & District AC	11:44				
87	Lucillo Burrell	Thames Valley Harriers	11:45				
88	Ricardo James	St Albans AC	11:45				
89	Cassius Rathbone	Thames Valley Harriers	11:46				
90	Ollie Fox	Herne Hill Harriers	11:46				
91	Harry Bartley	Phoenix AC	11:47				
92	George Day	Orion Harriers	11:48				
93	William Reid	Winchester & District AC	11:49				
94	Will Stibbs	Shaftesbury Barnet Harriers	11:49				
95	Joe Edwards	Dorking & Mole Valley AC	11:50				
96	Jonny Stenning	Chiltern Harriers AC	11:51				
97	Sam Crick	Tonbridge AC	11:51				
98	Aiden Grainger	Camberley & District AC	11:51				
99	Liam Coleman	Hastings AC	11:51				
100	Sam Pink	Chichester Runners & AC	11:52				
101	Cameron Beasley-Clarke	Marshall Milton Keynes AC	11:53				
102	Callum Mullins	Bedford & County AC	11:54				
103	Brodie Keates	Chichester Runners & AC	11:54				
104	Harry Swindells	Phoenix AC	11:55				
105	Benjamin Fry	Newbury AC	11:55				
106	Mark Simons	Ealing Southall & Middlesex AC	11:55				
107	Sam Betts	Phoenix AC	11:57				

108	George Kerry	Ealing Southall & Middlesex AC	11:57
109	Joe Mozkal	Windsor Slough Eton & Hounslow AC	11:57
110	Oscar Smith	Brighton & Hove City AC	11:58
111	Jack Davies	Windsor Slough Eton & Hounslow AC	11:58
112	Jackson Spielmeier	Victoria Park H & Tower Hamlets AC	11:58
113	Joseph Webb	Medway & Maidstone AC	11:59
114	Joe Killip	Windsor Slough Eton & Hounslow AC	12:00
115	Rufus Kent	Barnet & District AC	12:01
116	Callum Mcleod	Windsor Slough Eton & Hounslow AC	12:01
117	Alex Elms	Dulwich Runners AC	12:02
118	Ethan Sears	Camberley & District AC	12:02
119	Freddie Burrell	Chiltern Harriers AC	12:03
120	Matt South	Winchester & District AC	12:04
121	Reece Webber	Aldershot Farnham & District AC	12:06
122	Okiki Olagbaiye	Bexley AC	12:07
123	Felix Bordet Stead	Shaftesbury Barnet Harriers	12:08
124	Freddie Hazlitt	Winchester & District AC	12:08
125	Flynn Hope	Medway & Maidstone AC	12:09
126	Sam McCready	Aldershot Farnham & District AC	12:09
127	Reece Farren	Ealing Southall & Middlesex AC	12:09
128	Luke Baker	Wells City Harriers	12:09
129	Lewis Chalcraft	City of Norwich AC	12:10
130	John Vignaux	Andover AC	12:11
131	Bailey Cheshire	Hastings AC	12:13
132	James Wakefield	Woodford Green AC with Essex ladies	12:14
133	Ross Friar	Basingstoke & Mid Hants AC	12:14
134	Tom Maddock	Windsor Slough Eton & Hounslow AC	12:15
135	JJ Heart	Hastings AC	12:15
136	Ollie Johnson	Phoenix AC	12:19
137	Alex Bond	Hercules Wimbledon AC	12:20
138	Lewis Reed	Andover AC	12:20
139	Nathan Wren	Hastings AC	12:21
140	Ashley Harvell	Camberley & District AC	12:22
141	Robbie Crowther	Oxford City AC	12:22
142	Ethan Tattersall	Bracknell AC	12:22
143	Thomas Coleman	City of Portsmouth AC	12:24
144	Tom Boulton	Wimborne AC	12:25
145	Jared Rolfe	Andover AC	12:26
146	Ewan Edmans	Brighton & Hove City AC	12:27
147	Jack Anderson	St Albans AC	12:28
148	Ed Easton	London Heathside	12:28
149	Jamie Maughan	Team Kennet	12:29
150	George Slack	Tonbridge AC	12:29
151	Harry Jarvis	Bexley AC	12:30
152	Oliver Poole	Chichester Runners & AC	12:31
153	Joshua Fitzgerald	Brighton & Hove City AC	12:32
154	George Warren	Brighton & Hove City AC	12:34
155	Joel Lill	Folkestone RC	12:35
156	Freddie Thackray	Winchester & District AC	12:37
157	Lewis Stickings	Blackheath & Bromley Harriers	12:39
158	Filip Bastion	Highgate Harriers	12:42
159	Issac Harding	Hastings AC	12:43
160	James Hier	Aldershot Farnham & District AC	12:45
161	Henry Stiff	South London Harriers	12:46
162	Ryan Long	Wimborne AC	12:47
163	Alfie Grafton	Thanet Roadrunners AC	12:49
164	Tommy Blanden	Brighton & Hove City AC	12:50
165	Jan Hallebo	London Heathside	12:54
166	Charlie Harrison	White Horse Harriers	12:54
167	Theo Noble	Highgate Harriers	12:55
168	Henry Mead	Leighton Buzzard AC	12:57
169	Gregory Coleman	City of Portsmouth AC	12:59
170	Frank Brand	Brighton & Hove City AC	13:01
171	Scott Bulmer	Blackheath & Bromley Harriers	13:05
172	Thomas Horrex	Thames Valley Harriers	13:10
173	Harry Cavell	Woodford Green AC with Essex ladies	13:12
174	Patrick Clay	Leighton Buzzard AC	13:17
175	David Craggs	Andover AC	13:22
176	Michael Oku Ampofo	Newham & Essex Beagles AC	13:25
177	Tomer Tarragon	Hercules Wimbledon AC	13:27
178	Ewan Frolich	Riverside Runners	13:36
179	Tom Potter	Aldershot Farnham & District AC	13:37
180	Edward Wootton	Thames Valley Harriers	13:38
181	Dean Fields	Poole AC	13:40
182	George Barnes	Thames Valley Harriers	13:40
183	Dylan Halpin	Eastbourne Rovers AC	13:40
184	Cameron McGovern	Highgate Harriers	13:54
185	Connor Wright	Poole AC	13:55
186	Gus Skinner	Highgate Harriers	14:08
187	Taylor Reece	Woodford Green AC with Essex ladies	14:10
188	Chris Hogg	Woodford Green AC with Essex ladies	14:35
189	James Greatham	Crawley AC	14:40
190	Tom Freeman	Poole AC	14:58
191	Michael Cornes	Poole AC	15:33
192	Luke Murphy	Barnet & District AC	16:14

U-15 Males

211 Finishers

1	George Duggan	Tonbridge AC	14:46	1	Windsor Slough Eton & Hounslow AC	(9 17 19 21)	66
2	Tom Holden	South London Harriers	14:51	2	Shaftesbury Barnet Harriers	(6 30 31 71)	138
3	Petros Asgodom	Enfield & Haringey AC	14:58	3	Chiltern Harriers AC	(12 23 33 88)	156
4	Jamie Dee	Herts Phoenix AC	14:59	4	Southampton AC	(10 26 45 82)	163
5	Tom Newnham	Isle of Wight AC	15:08	5	Tonbridge AC	(1 48 63 69)	181
6	Robbie Lightowler	Shaftesbury Barnet Harriers	15:16	6	West Suffolk AC	(28 47 70 98)	243
7	Oliver Fox	Wells City Harriers	15:17	7	Camberley & District AC	(27 80 91 107)	305
8	George Elliot	Chelmsford AC	15:20	8	Bexley AC	(50 67 89 105)	311
9	Gus Cockle	Windsor Slough Eton & Hounslow AC	15:21	9	Poole Runners	(32 44 95 165)	336
10	George Butler	Southampton AC	15:28	10	Bedford & County AC	(14 49 99 187)	349
11	Nathan Gillis	Team Kennet	15:30	11	Blackheath & Bromley Harriers	(52 57 103 151)	363
12	James McCarthy	Chiltern Harriers AC	15:31	12	Basingstoke & Mid Hants AC	(13 74 113 163)	363
13	Oliver Butler	Basingstoke & Mid Hants AC	15:35	13	Tonbridge AC	(75 83 97 110)	365
14	Jonathon Janes	Bedford & County AC	15:35	14	Southend AC	(60 61 115 132)	368
15	Christian Von Eitzen	Radley AC	15:38	15	Marshall Milton Keynes AC	(65 79 108 137)	389
16	Harry Leleu	Chichester Runners & AC	15:40	16	London Heathside	(37 73 84 198)	392

17	George Gathercole	Windsor Slough Eton & Hounslow AC	15:43	17	Bracknell AC	(40 104 111 149)	404
18	Matt Smith	City of Portsmouth AC	15:44	18	Ealing Southall & Middlesex AC	(42 59 124 190)	415
19	Jivendra Singh	Windsor Slough Eton & Hounslow AC	15:47	19	Herne Hill Harriers	(22 133 134 136)	425
20	Jack Goss	Ashford AC	15:48	20	Aldershot Farnham & District AC	(94 116 128 167)	505
21	Joshua Bowden	Windsor Slough Eton & Hounslow AC	15:48	21	Thames Valley Harriers	(64 143 153 154)	514
22	Laslelles Hussey	Herne Hill Harriers	15:48	22	Windsor Slough Eton & Hounslow AC	(25 155 170 172)	522
23	Joe Aherne	Chiltern Harriers AC	15:48	23	Crawley AC	(35 146 177 188)	546
24	James Pitcher	Invicta East Kent AC	15:54	24	Harrow AC	(122 141 147 162)	572
25	Jamie Finnigan	Windsor Slough Eton & Hounslow AC	15:54	25	Leighton Buzzard AC	(101 157 160 168)	586
26	Peter Ellis	Southampton AC	15:55	26	Tonbridge AC	(125 130 178 179)	612
27	Rian McCawley	Camberley & District AC	15:55	27	Brighton & Hove City AC	(54 201 204 208)	667
28	Michael Bartram	West Suffolk AC	15:56				
29	Callum Gregory	Reading AC	15:57				
30	Adam Thorpe	Shaftesbury Barnet Harriers	15:58				
31	Joseph Brennan	Shaftesbury Barnet Harriers	15:58				
32	Andrew Smith	Poole Runners	16:01				
33	Bill Hughes	Chiltern Harriers AC	16:03				
34	Sam Somerville	Wells City Harriers	16:04				
35	Ben Golding	Crawley AC	16:05				
36	Ryan Walbridge	Wimborne AC	16:05				
37	James Wooldridge	London Heathside	16:07				
38	Josh Haasz	Croydon Harriers	16:08				
39	Perry Rowan	Woodford Green AC with Essex ladies	16:09				
40	Tom Burns	Bracknell AC	16:09				
41	Josh James	Chichester Runners & AC	16:10				
42	Mukhtar Farah	Ealing Southall & Middlesex AC	16:11				
43	Jack Woods	Worthing & District Harriers	16:13				
44	Louis Kellaway	Poole Runners	16:14				
45	Lucas Clements	Southampton AC	16:14				
46	Callum Upton	Winchester & District AC	16:16				
47	Cameron Mckie	West Suffolk AC	16:17				
48	William Roud	Tonbridge AC	16:17				
49	Stephen Headley	Bedford & County AC	16:18				
50	Joseph O'Hara	Bexley AC	16:19				
51	Jake Algar	Eastbourne Rovers AC	16:19				
52	Jamie Gosnell	Blackheath & Bromley Harriers	16:21				
53	James Hancock	Sutton & District AC	16:22				
54	Samura Kamura	Brighton & Hove City AC	16:23				
55	Luke Cooper	Hastings AC	16:24				
56	Aedan O'Brien	St Mary's Richmond AC	16:25				
57	Richard Webb	Blackheath & Bromley Harriers	16:27				
58	Sam Lloyd	Hillingdon AC	16:29				
59	Sam McGonigale	Ealing Southall & Middlesex AC	16:30				
60	James Nadin	Southend AC	16:30				
61	Adam Jordan	Southend AC	16:31				
62	Youcef Harizi	Enfield & Haringey AC	16:32				
63	John Coates	Tonbridge AC	16:32				
64	Archie St Aubyn	Thames Valley Harriers	16:32				
65	Owen Seamark	Marshall Milton Keynes AC	16:34				
66	Cassian Hyde	Hercules Wimbledon AC	16:35				
67	Ben Matthews	Bexley AC	16:35				
68	Thomas Heylen	Cambridge & Coleridge	16:35				
69	Tim Faes	Tonbridge AC	16:36				
70	Sebastian Anthony	West Suffolk AC	16:38				
71	Josh Clifford	Shaftesbury Barnet Harriers	16:38				
72	Joe Lyne	South London Harriers	16:38				
73	Johnny Naylor	London Heathside	16:39				
74	Jonty Davison	Basingstoke & Mid Hants AC	16:39				
75	Stuart Brown	Tonbridge AC	16:39				
76	William Thomas	Horsham Blue Star Harriers	16:40				
77	James Millett	Highgate Harriers	16:41				
78	Barney Howard	Invicta East Kent AC	16:42				
79	Harry Morton	Marshall Milton Keynes AC	16:42				
80	Brogan McCawley	Camberley & District AC	16:43				
81	Declan Burton	Ashford AC	16:43				
82	Jamie Abrahams	Southampton AC	16:44				
83	Christopher Cohen	Tonbridge AC	16:46				
84	Max Robertson	London Heathside	16:47				
85	James Down	St Albans AC	16:47				
86	Bradley Lawrence	Wycombe Phoenix Harriers & AC	16:49				
87	James Graves	Swanley & District AC	16:53				
88	Joe Cochrane	Chiltern Harriers AC	16:54				
89	Joe Crawford	Bexley AC	16:55				
90	Ben Brunswick	Dorking & Mole Valley AC	16:56				
91	Nathan Mapperley	Camberley & District AC	16:57				
92	Patrick McManus	Lewes AC	16:57				
93	Doug Tandy	City of Portsmouth AC	16:58				
94	Nathan Gibson	Aldershot Farnham & District AC	16:58				
95	Thomas East	Poole Runners	16:58				
96	Ieuan Handley	Eastbourne Rovers AC	16:58				
97	Euan Nicholls	Tonbridge AC	16:59				
98	Ben Eames	West Suffolk AC	16:59				
99	Andrew Headley	Bedford & County AC	17:00				
100	Callum Neal	Chiltern Harriers AC	17:02				
101	Jordan Clay	Leighton Buzzard AC	17:02				
102	Daniel Pidgeon	Horsham Blue Star Harriers	17:03				
103	Bailey Stickings	Blackheath & Bromley Harriers	17:03				
104	Adam Robinson	Bracknell AC	17:04				
105	Andre Stone	Bexley AC	17:04				
106	Jack Blyth	Wycombe Phoenix Harriers & AC	17:04				
107	Mark Hastings	Camberley & District AC	17:04				
108	Toby Herdman Smith	Marshall Milton Keynes AC	17:06				
109	Sam Butcher	Chiltern Harriers AC	17:07				
110	Peter Laing	Tonbridge AC	17:07				
111	Will Cooper	Bracknell AC	17:08				
112	Alexander Machin Paley	Highgate Harriers	17:08				
113	Ellis Taylor	Basingstoke & Mid Hants AC	17:09				
114	Patrick Goffey	St Mary's Richmond AC	17:09				
115	Josh Mann	Southend AC	17:10				
116	Bryn Smith	Aldershot Farnham & District AC	17:11				
117	Ben Hatch	Highgate Harriers	17:14				
118	Jamie Finch	City of Norwich AC	17:14				

119	Scott Barker	Winchester & District AC	17:14
120	Mark Vignaux	Andover AC	17:14
121	Matthew Rainbow	Reading AC	17:17
122	Kai Hammond	Harrow AC	17:20
123	Tom Chappell	Dorking & Mole Valley AC	17:21
124	Jack Wells	Ealing Southall & Middlesex AC	17:26
125	William Whitmore	Tonbridge AC	17:27
126	Lewis Caiels	Bexley AC	17:28
127	Callum Ward	Dartford Harriers	17:29
128	Charlie Mills	Aldershot Farnham & District AC	17:30
129	Ben Hall	Invicta East Kent AC	17:30 IEK 3
130	Toby Ralph	Tonbridge AC	17:33
131	Thomas Butler	Barnet & District AC	17:34
132	Joe Ray	Southend AC	17:37
133	Aaron Clark	Herne Hill Harriers	17:38
134	Edward Olsen	Herne Hill Harriers	17:38
135	Henry Blanks	Chelmsford AC	17:38
136	Max Ferrari	Herne Hill Harriers	17:38
137	Archie Rippin	Marshall Milton Keynes AC	17:40
138	Jack Milnthorpe	Horsham Blue Star Harriers	17:40
139	Oliver Harding	Hastings AC	17:41
140	Matthew Le Poidevin	St Edmund Pacers	17:42
141	Joe Gammell	Harrow AC	17:45
142	Ieuan Alldis	St Edmund Pacers	17:47
143	Joseph Cooper	Thames Valley Harriers	17:48
144	Ethan Bevis	City of Portsmouth AC	17:49
145	Jake Raby	Camberley & District AC	17:51
146	Matthew Franklyn	Crawley AC	17:54
147	Jack Rowlands	Harrow AC	17:54
148	Sanjiv Solanki	Hillingdon AC	17:56
149	Luke Harris	Bracknell AC	18:02
150	Max Scaife	Reading AC	18:03
151	Thomas Desborough	Blackheath & Bromley Harriers	18:03
152	Connor Willis	Medway & Maidstone AC	18:05
153	James Horrex	Thames Valley Harriers	18:06
154	Jack Keen	Thames Valley Harriers	18:07
155	Harry Critchely	Windsor Slough Eton & Hounslow AC	18:09
156	Tom Whitcher	Stubbington Green Runners & AC	18:10
157	Lloyd Milliken	Leighton Buzzard AC	18:10
158	Matthew Litchfield Williams	Bracknell AC	18:11
159	James Bates	Herne Hill Harriers	18:14
160	Tom Boozer	Leighton Buzzard AC	18:16
161	Louis Marriott	Thames Valley Harriers	18:16
162	Marcus Godfrey	Harrow AC	18:17
163	Kieran Ruffle	Basingstoke & Mid Hants AC	18:18
164	Levi Taylor	Dartford Harriers	18:18
165	Edward Hicks	Poole Runners	18:19
166	Joe Gilbert	Thames Valley Harriers	18:20
167	Tim Snook	Aldershot Farnham & District AC	18:22
168	Joe McGarry	Leighton Buzzard AC	18:22
169	Bobby Harrop	Thanet Roadrunners AC	18:24
170	Giles Robinson	Windsor Slough Eton & Hounslow AC	18:25
171	Robert Spalding	Croydon Harriers	18:29
172	Sam Critchley	Windsor Slough Eton & Hounslow AC	18:30
173	Sam Share	Poole Runners	18:31
174	Tom Whiley	Medway & Maidstone AC	18:33
175	Charlie Mead	Leighton Buzzard AC	18:34
176	Josh Boon	Wells City Harriers	18:39
177	Ed Evans	Crawley AC	18:42
178	Charlie Reed	Tonbridge AC	18:42
179	Peter Mills	Tonbridge AC	18:47
180	Zach Inwood	Southend AC	18:51
181	Will Brennan	Windsor Slough Eton & Hounslow AC	18:51
182	Tom Lambert	Lewes AC	18:51
183	Toby McDermott	Harrow AC	19:01
184	Daniel Chalwin	Basingstoke & Mid Hants AC	19:02
185	James Formby	Camberley & District AC	19:04
186	Elliot Nunn	Havering Mayesbrook AC	19:05
187	Tom Holland	Bedford & County AC	19:06
188	Tom Waudby	Crawley AC	19:11
189	Oliver Cooper	Thanet Roadrunners AC	19:13
190	Bradley Pinder	Ealing Southall & Middlesex AC	19:13
191	Luke Savidge	Tonbridge AC	19:14
192	Luc Legon	Bexley AC	19:22
193	Jake Cradock	Winchester & District AC	19:24
194	Alex Lloyd Jones	Hercules Wimbledon AC	19:27
195	Harry Pink	Chichester Runners & AC	19:29
196	Jason Wren	Hastings AC	19:33
197	Sam Avis	Tonbridge AC	19:34
198	Jasper Crockford	London Heathside	19:37
199	Jonathan Shore	Tonbridge AC	19:39
200	Will Russell	Phoenix AC	19:40
201	Harry Sullivan Jones	Brighton & Hove City AC	19:44
202	Alex Ahern	London Heathside	19:54
203	Conor Hicks	Harrow AC	20:01
204	Theo Donegan	Brighton & Hove City AC	20:12
205	Elliott Kerwick	Basingstoke & Mid Hants AC	20:12
206	Liam Tatam	Basingstoke & Mid Hants AC	20:41
207	Conor McCarthy	Ealing Southall & Middlesex AC	21:56
208	Charlie Warren	Brighton & Hove City AC	22:04
209	Dylan Adkinson	Dartford Harriers	22:12
210	Joseph Meese	Reigate Priory AC	25:19
211	Matthew Cornes	Poole AC	25:31

u-17 Men

156 Finishers

1	Jonathan Davies	Reading AC	19:54	1	Aldershot Farnham & District AC	(10 16 21 25)	72
2	Scott Halstead	Bracknell AC	20:10	2	Shaftesbury Barnet Harriers	(3 17 29 49)	98
3	Michael Callegari	Shaftesbury Barnet Harriers	20:28	3	Tonbridge AC	(5 28 34 46)	113
4	Tom Hook	City of Norwich AC	20:28	4	Bedford & County AC	(6 36 41 60)	143
5	Laurie Probert	Tonbridge AC	20:36	5	Windsor Slough Eton & Hounslow AC	(18 40 52 53)	163
6	Ryan Isaacson	Bedford & County AC	20:44	6	Bexley AC	(33 35 51 67)	186
7	Harrison Curling	U17M Spare	20:52	7	Reading AC	(1 19 79 105)	204
8	James McMurray	St Albans AC	20:56	8	Ealing Southall & Middlesex AC	(23 30 98 106)	257

9	Nyle Clinton	Swindon Harriers	20:57	9	Tonbridge AC	(54 56 74 81)	265
10	Toby Smith	Aldershot Farnham & District AC	20:59	10	City of Norwich AC	(4 78 91 114)	287
11	James Stockings	Woodford Green AC with Essex ladies	21:06	11	Brighton & Hove City AC	(50 55 99 122)	326
12	Matthew Axe	Wycombe Phoenix Harriers & AC	21:07	12	Shaftesbury Barnet Harriers	(90 102 109 120)	421
13	Will Durkin	Phoenix AC	21:08	13	Southampton AC	(59 119 127 132)	437
14	Stephen Woodford	Chelmsford AC	21:12	14	Chiltern Harriers AC	(86 108 128 150)	472
15	Dom Nolan	Croydon Harriers	21:17	15	Worthing & District Harriers	(107 111 126 134)	478
16	Ben Bradley	Aldershot Farnham & District AC	21:17	16	Thames Valley Harriers	(65 140 142 155)	502
17	Sam Wilson	Shaftesbury Barnet Harriers	21:18	17	Tonbridge AC	(118 130 147 148)	543
18	Jack Rowe	Windsor Slough Eton & Hounslow AC	21:19				
19	Ben Priddle	Reading AC	21:21				
20	Benedict Westhenry	Weymouth St Pauls Harriers	21:27				
21	Sam Eglen	Aldershot Farnham & District AC	21:28				
22	Macauley Delo	West Suffolk AC	21:39				
23	Sam Shindler Glass	Ealing Southall & Middlesex AC	21:40				
24	Dominic Oliver	Great Yarmouth & District AC	21:42				
25	Toby Startling	Aldershot Farnham & District AC	21:42				
26	Ross Tennant	Ipswich Harriers	21:42				
27	Peter Chambers	Croydon Harriers	21:43				
28	Corey De'ath	Tonbridge AC	21:43				
29	Phillip Crout	Shaftesbury Barnet Harriers	21:43				
30	Bhaves Sonerji	Ealing Southall & Middlesex AC	21:48				
31	Liam Dee	Herts Phoenix AC	21:48				
32	Callum Kennedy	Wimborne AC	21:50				
33	William Somogyi	Bexley AC	21:51				
34	Nathan Marsh	Tonbridge AC	21:51				
35	Thomas Wright	Bexley AC	21:52				
36	Michael Harrison	Bedford & County AC	22:00				
37	Brendan O'Connor	Basingstoke & Mid Hants AC	22:02				
38	Daniel Mulryan	Poole Runners	22:06				
39	Stephen Simpson	New Forest Junior	22:07				
40	Charlie Critchley	Windsor Slough Eton & Hounslow AC	22:08				
41	Jack Douglas	Bedford & County AC	22:11				
42	Adam Wright	S Factor Athletics	22:11				
43	Robert Morris	Thanet Roadrunners AC	22:11				
44	Ben Upjohn	Oxford City AC	22:11				
45	Mitch Lomas	White Horse Harriers	22:11				
46	Sean Molloy	Tonbridge AC	22:15				
47	Adam Hulin	Aldershot Farnham & District AC	22:16				
48	Samuel Robinson	Chelmsford AC	22:17				
49	Kyle Langford	Shaftesbury Barnet Harriers	22:18				
50	Ian Crowe Wright	Brighton & Hove City AC	22:19				
51	Nicholas Armstrong	Bexley AC	22:20				
52	Ricky Harvie	Windsor Slough Eton & Hounslow AC	22:21				
53	Kieran Wye	Windsor Slough Eton & Hounslow AC	22:23				
54	Tom Devlin	Tonbridge AC	22:23				
55	Charlie Noakes	Brighton & Hove City AC	22:25				
56	Cameron Knapp	Tonbridge AC	22:26				
57	Matthieu Marshall	Oxford City AC	22:27				
58	Tim Livingstone	Hercules Wimbledon AC	22:28				
59	Niall Holt	Southampton AC	22:30				
60	Matthew Bray	Bedford & County AC	22:31				
61	Ben Franklin	Southend AC	22:32				
62	George Ward	Luton AC	22:34				
63	Conor Kissane Wood	Walton AC	22:36				
64	Runner 1660	U17M Spare	22:36				
65	Hugo Cayssials	Thames Valley Harriers	22:37				
66	Rory Bevis	City of Portsmouth AC	22:37				
67	Adam Willis	Bexley AC	22:38				
68	Matthew Arnold	Aldershot Farnham & District AC	22:39				
69	Robbie Fitzgibbon	Phoenix AC	22:39				
70	Steve Hancock	Southend AC	22:41				
71	Lewis Eley	Bexley AC	22:42				
72	Nicholas Doyle	Herts Phoenix AC	22:44				
73	Ben James	Marshall Milton Keynes AC	22:46				
74	Chris Olley	Tonbridge AC	22:47				
75	Richard Fernando	Basingstoke & Mid Hants AC	22:52				
76	Sam Knee Robinson	Bedford & County AC	22:53				
77	Ben Palmer	Hercules Wimbledon AC	22:55				
78	Sean Watson	City of Norwich AC	22:59				
79	Nathan Meredith	Reading AC	23:00				
80	Alec Finch	Thurrock Harriers	23:01				
81	Ben Foreman	Tonbridge AC	23:01				
82	David Long	Bournemouth AC	23:01				
83	Kieran Gilfedder	Wycombe Phoenix Harriers & AC	23:02				
84	Kieran Wood	Cambridge & Coleridge	23:03				
85	Billy Mead	Leighton Buzzard AC	23:03				
86	George Gillingwater	Chiltern Harriers AC	23:04				
87	Tom Richardson	Thurrock Harriers	23:12				
88	Benjamin Collier	Horsham Blue Star Harriers	23:15				
89	Jack Benedickter	Bedford & County AC	23:18				
90	Rory Mudd	Shaftesbury Barnet Harriers	23:20				
91	Callum Russell	City of Norwich AC	23:20				
92	George Pettipher	Herts Phoenix AC	23:22				
93	Brian Foulger	Leighton Buzzard AC	23:23				
94	Greg Baynham	Windsor Slough Eton & Hounslow AC	23:24				
95	Rhys Lewis	Luton AC	23:27				
96	James Roberts	Wycombe Phoenix Harriers & AC	23:29				
97	Callum Todd	Windsor Slough Eton & Hounslow AC	23:33				
98	Malik Ouzia	Ealing Southall & Middlesex AC	23:35				
99	Harvey Noakes	Brighton & Hove City AC	23:35				
100	Jack Messenger	Winchester & District AC	23:39				
101	Will Ruiz	Blackheath & Bromley Harriers	23:39				
102	Richard Johnson	Shaftesbury Barnet Harriers	23:42				
103	Matthew Cole	Wells City Harriers	23:43				
104	Jack Walker	Winchester & District AC	23:43				
105	Alex Bow	Reading AC	23:47				
106	Duncan Pinder	Ealing Southall & Middlesex AC	23:50				
107	Ryan Todd	Worthing & District Harriers	23:51				
108	Liam McDonald	Chiltern Harriers AC	23:51				
109	Calum McCormick	Shaftesbury Barnet Harriers	23:52				
110	Luke MacWilton	Eastbourne Rovers AC	23:54				

111	Tom Lankshear	Worthing & District Harriers	24:01
112	Connor Price	Colchester Harriers AC	24:05
113	George Hoy	Orion Harriers	24:05
114	Luke Alden	City of Norwich AC	24:08
115	Alec Vessey	Abingdon AAC	24:10
116	Niki Faulkner	Bexley AC	24:10
117	Alex Cameron	Dartford Harriers	24:10
118	Gavin Mckay	Tonbridge AC	24:11
119	Amarpal Gill	Southampton AC	24:12
120	James Sothcott	Shaftesbury Barnet Harriers	24:19
121	Augustin Mallon	Hercules Wimbledon AC	24:20
122	Martin Brooks	Brighton & Hove City AC	24:20
123	Keith Algar	Eastbourne Rovers AC	24:21
124	John Tayleur	Herne Hill Harriers	24:23
125	Ryan Higgs	Hastings AC	24:25
126	Charlie Baldwin	Worthing & District Harriers	24:26
127	David Fisher	Southampton AC	24:28
128	Elie Bou Gharios	Chiltern Harriers AC	24:33
129	Robert Smailes	St Edmund Pacers	24:35
130	Alex Norden	Tonbridge AC	24:45
131	Miron Woldemichael	London Heathside	24:47
132	Jack Lynch	Southampton AC	24:49
133	Michael Oliver	Winchester & District AC	24:50
134	Oliver Graveson	Worthing & District Harriers	24:50
135	Alistair Friar	Basingstoke & Mid Hants AC	24:58
136	Pierce Boyle	Highgate Harriers	25:04
137	Ashley Altman	Shaftesbury Barnet Harriers	25:15
138	Luke Bartholomew	Bracknell AC	25:19
139	Oliver Poulain	St Albans AC	25:20
140	Ayuub Abdullahi	Thames Valley Harriers	25:27
141	Alex Ruggles	Southampton AC	25:31
142	Robert Vallance	Thames Valley Harriers	25:33
143	Jacob Canby	Bodyworks XTC Tri Store	25:35
144	Daniel Szajna	London Heathside	25:41
145	Oliver Springett	Brighton & Hove City AC	25:44
146	Sam Harding	Wells City Harriers	25:46
147	Jordan Saul	Tonbridge AC	25:47
148	Harry Avis	Tonbridge AC	25:47
149	Ben Boxer	Barnet & District AC	25:51
150	Jack Walker	Chiltern Harriers AC	25:59
151	Joseph Gunton	Bexley AC	26:23
152	Mark Coates	Tonbridge AC	26:53
153	Anthony O'Dowd	Tonbridge AC	27:30
154	Toby Hall	Peterborough AC	27:54
155	Samuel Cooper	Thames Valley Harriers	29:53
156	Sharmaarke Aden	Ilford AC	30:52

U-20 Men		98 Finishers			
1	Nial Fleming	Shaftesbury Barnet Harriers	26:03	1	Aldershot Farnham & District AC (3 4 8 18) 33
2	Kieran Clements	Ipswich Harriers	26:07	2	Tonbridge AC (7 12 19 23) 61
3	Harvey Dixon	Aldershot Farnham & District AC	26:13	3	Windsor Slough Eton & Hounslow AC (10 32 44 65) 151
4	Joshua Grace	Aldershot Farnham & District AC	26:25	4	Reading AC (25 39 40 54) 158
5	Daniel Woodgate	Luton AC	26:40	5	Shaftesbury Barnet Harriers (1 30 48 91) 170
6	Lewis Lloyd	Herne Hill Harriers	26:47	6	City of Norwich AC (17 37 59 64) 177
7	Robbie Farrnham Rose	Tonbridge AC	26:59	7	Bedford & County AC (11 55 56 61) 183
8	Ian Bailey	Aldershot Farnham & District AC	27:03	8	Ealing Southall & Middlesex AC (68 69 76 85) 298
9	Jack Patridge	Poole Runners	27:06		
10	Bradley Goater	Windsor Slough Eton & Hounslow AC	27:17		
11	Matt Bergin	Bedford & County AC	27:22		
12	Ryan Driscoll	Tonbridge AC	27:29		
13	Finn McNally	Brighton Phoenix Tri	27:31		
14	Harry Carter	City of Portsmouth AC	27:32		
15	Alex Teuten	City of Portsmouth AC	27:34		
16	Chad Lambert	Marshall Milton Keynes AC	27:35		
17	Alex Dunbar	City of Norwich AC	27:42		
18	Andrew Provost	Aldershot Farnham & District AC	27:47		
19	Tom Cox	Tonbridge AC	27:51		
20	Jack Fitsall	Basildon AC	27:53		
21	Alex Muir	Newbury AC	28:03		
22	James McCarthy	Brighton & Hove City AC	28:10		
23	Luca Russo	Tonbridge AC	28:13		
24	Chris Hilton	Stevenage & North Herts AC	28:14		
25	Jonathan Roberts	Reading AC	28:15		
26	Liam White	Hercules Wimbledon AC	28:16		
27	Max Thomas	Hastings AC	28:21		
28	Henry Mitchell	Bracknell AC	28:21		
29	Christopher Spinks	Havant AC	28:35		
30	Tadho Grant	Shaftesbury Barnet Harriers	28:49		
31	Kieran Reilly	Invicta East Kent AC	28:50	IEK 1	
32	Alex Goodall	Windsor Slough Eton & Hounslow AC	28:52		
33	Chris Neil	Andover AC	28:55		
34	Adam Villard	St Mary's Richmond AC	28:57		
35	Grant Webb	Basildon AC	29:01		
36	James Powley	Ipswich Harriers	29:04		
37	Oliver Maskell	City of Norwich AC	29:04		
38	Darren Southcott	Woodford Green AC with Essex ladies	29:08		
39	Jack Gregory	Reading AC	29:15		
40	Davin Lewis	Reading AC	29:16		
41	Kris Everett	Hastings AC	29:25		
42	Matthew Salt	Dacorum & Tring AC	29:26		
43	Jamie Bryant	Tonbridge AC	29:29		
44	Nathan Ditton	Windsor Slough Eton & Hounslow AC	29:39		
45	Tom Bennett	Andover AC	29:39		
46	Simon Dawson	West Suffolk AC	29:46		
47	Ben Cockburn	Blackheath & Bromley Harriers	29:51		
48	Euan McKenzie	Shaftesbury Barnet Harriers	29:53		
49	Chris Youell	Chelmsford AC	29:54		
50	Jonathan Cornish	White Horse Harriers	29:57		
51	Sean Parker Harding	Hastings AC	30:00		
52	Rees Gillard	Southend AC	30:02		
53	Stuart Haw	Peterborough AC	30:12		
54	Edward Stockdale	Reading AC	30:14		
55	Craig Emmerson	Bedford & County AC	30:17		

56	Matt Nicholson	Bedford & County AC	30:25
57	Keiran Silsby	Brighton & Hove City AC	30:30
58	Ross Fawcett	Ipswich Harriers	30:33
59	Damian Rogers	City of Norwich AC	30:33
60	Philip McCorquodale	Thames Valley Harriers	30:34
61	Sam Bennett	Bedford & County AC	30:45
62	Liam Blaikie	Woodford Green AC with Essex ladies	30:47
63	George James	Dorking & Mole Valley AC	30:49
64	Ben Stratton	City of Norwich AC	30:50
65	Ben Kennard	Windsor Slough Eton & Hounslow AC	30:52
66	Dominic Thackeray	West Suffolk AC	31:00
67	Edward Dodd	Eastbourne Rovers AC	31:01
68	Ben Waterman	Ealing Southall & Middlesex AC	31:03
69	William Pinder	Ealing Southall & Middlesex AC	31:05
70	Jack Killiy	Windsor Slough Eton & Hounslow AC	31:08
71	Fergus O'Reilly	Aldershot Farnham & District AC	31:09
72	Jack Keywood	Tonbridge AC	31:12
73	Ryan Meredith	Oxford City AC	31:15
74	Nicholas Stone	Peterborough AC	31:40
75	Adam Crook	Chelmsford AC	31:44
76	Sebastien Zajackowski	Ealing Southall & Middlesex AC	31:49
77	David Kail	Newham & Essex Beagles AC	31:51
78	James Pigot	Tonbridge AC	32:14
79	Joe Strange	Bedford & County AC	32:17
80	Michael Randall	Team Kennet	32:20
81	Lewis Bertiland Shelton	Brighton & Hove City AC	32:23
82	Math Dewey	Andover AC	32:29
83	James Tidd	Windsor Slough Eton & Hounslow AC	32:41
84	Chris Tollett	City of Portsmouth AC	33:05
85	Mark Cameron	Ealing Southall & Middlesex AC	33:15
86	Micah Rogers	City of Norwich AC	33:22
87	Ryan Bowyer	Horsham Blue Star Harriers	33:29
88	Hari Faulkner	Bexley AC	33:40
89	James Sawyer	Stubbington Green Runners & AC	34:08
90	Warren Uden	Ashford AC	34:09
91	Kieran Moreland	Shaftesbury Barnet Harriers	35:05
92	Andrew Robertson	Ashford AC	35:59
93	Chris Hayward	Epsom & Ewell Harriers	36:29
94	John Morrey	Worthing & District Harriers	36:44
95	Wilf Hill	Oxford Brookes Running & AC	37:00
96	Joe Price	Bournemouth AC	37:44
97	Tom Purvis	London Heathside	40:19
98	Matthew Bland	Oxford Brookes Running & AC	41:26

Senior Men

745 Finishers

1	Ben Tickner	Wells City Harriers	49:11	1	Highgate Harriers	(10 17 23 32 33 42)	157
2	Phil Wicks	Belgrave Harriers	49:15	2	Bedford & County AC	(6 9 12 38 52 57)	174
3	Jon Pepper	Enfield & Haringey AC	49:21	3	Shaftesbury Barnet Harriers	(4 13 22 24 74 122)	259
4	Glen Watts	Shaftesbury Barnet Harriers	49:25	4	Woodford Green AC with Essex ladies	(27 44 47 48 50 79)	295
5	Kevin Heywood	Bideford AAC	49:27	5	Kent AC	(7 18 36 75 93 104)	333
6	Neilson Hall	Bedford & County AC	49:45	6	Herne Hill Harriers	(51 59 63 69 84 88)	414
7	John Gilbert	Kent AC	49:53	7	Newham & Essex Beagles AC	(26 34 39 66 124 125)	414
8	Ryan Prout	Chelmsford AC	50:04	8	Serpentine RC	(35 49 78 81 85 94)	422
9	Darren Deed	Bedford & County AC	50:41	9	Aldershot Farnham & District AC	(21 25 28 30 177 211)	492
10	Shaun Dixon	Highgate Harriers	50:42	10	Thames Valley Harriers	(46 62 87 115 173 224)	707
11	Andy Greenleaf	Winchester & District AC	50:44	11	Brighton & Hove City AC	(89 95 100 136 140 155)	715
12	Steve Naylor	Bedford & County AC	50:56	12	Thames Hare & Hounds	(45 61 90 111 200 246)	753
13	Dan Watts	Shaftesbury Barnet Harriers	51:11	13	Bideford AAC	(5 53 55 91 192 381)	777
14	Dean Lacy	Cambridge Harriers	51:12	14	Highgate Harriers	(56 129 137 167 179 184)	852
15	Jonathan Gilby	Derby AC	51:25	15	Serpentine RC	(101 128 152 160 196 212)	949
16	James Kelly	Belgrave Harriers	51:26	16	Victoria Park H & Tower Hamlets AC	(76 77 175 201 203 225)	957
17	Ben Noad	Highgate Harriers	51:33	17	Chelmsford AC	(8 40 41 161 358 369)	977
18	James Connor	Kent AC	51:43	18	Herne Hill Harriers	(98 149 162 206 209 221)	1045
19	Steven Way	Bournemouth AC	51:45	19	Woodford Green AC with Essex ladies	(92 110 169 182 250 294)	1097
20	Luke Caldwell	Dorking & Mole Valley AC	51:58	20	Hercules Wimbledon AC	(83 132 159 186 253 337)	1150
21	Steven Connor	Aldershot Farnham & District AC	52:01	21	South London Harriers	(135 145 154 208 233 284)	1159
22	Kojo Kyereme	Shaftesbury Barnet Harriers	52:03	22	Winchester & District AC	(11 60 64 269 300 532)	1236
23	Henry Dodwell	Highgate Harriers	52:09	23	Marshall Milton Keynes AC	(37 68 139 189 311 588)	1332
24	Orlando Edwards	Shaftesbury Barnet Harriers	52:17	24	London Heathside	(130 199 222 232 268 312)	1363
25	Joe Morwood	Aldershot Farnham & District AC	52:25	25	Barnet & District AC	(138 164 277 285 301 348)	1513
26	Kevin Skinner	Newham & Essex Beagles AC	52:33	26	Ranelagh Harriers	(210 240 247 265 343 344)	1649
27	Hywel Care	Woodford Green AC with Essex ladies	52:38	27	Reigate Priory AC	(148 191 256 336 350 373)	1654
28	Neil Phillips	Aldershot Farnham & District AC	52:45	28	Ealing Southall & Middlesex AC	(73 165 266 291 340 521)	1656
29	Nathan White	Windsor Slough Eton & Hounslow AC	52:56	29	Brighton & Hove City AC	(188 231 270 273 351 356)	1669
30	Mark Greenwood	Aldershot Farnham & District AC	53:02	30	Serpentine RC	(218 226 255 317 320 345)	1681
31	James Baker	Chichester Runners & AC	53:12	31	Dorking & Mole Valley AC	(20 170 241 398 432 453)	1714
32	Danny Russell	Highgate Harriers	53:22	32	Overton Harriers	(168 234 308 327 329 359)	1725
33	Ryan McKinlay	Highgate Harriers	53:23	33	Headington RR	(82 190 281 299 459 476)	1787
34	Olly Laws	Newham & Essex Beagles AC	53:24	34	Kent AC	(117 147 158 271 473 632)	1798
35	Hugh Torry	Serpentine RC	53:31	35	Wells City Harriers	(1 187 242 305 527 589)	1851
36	James Savage	Kent AC	53:36	36	Newbury AC	(166 217 286 338 419 426)	1852
37	Tom Comerford	Marshall Milton Keynes AC	53:38	37	Aldershot Farnham & District AC	(235 287 292 326 406 411)	1957
38	Will Mackay	Bedford & County AC	53:40	38	Thames Valley Harriers	(261 263 276 306 391 460)	1957
39	John Clarke	Newham & Essex Beagles AC	53:45	39	Leighton Buzzard AC	(108 205 310 322 464 551)	1960
40	Mark Sanford	Chelmsford AC	53:50	40	Oxford Brookes Running & AC	(119 259 328 390 449 486)	2031
41	James Williams	Chelmsford AC	53:51	41	Blackheath & Bromley Harriers	(86 105 330 396 543 608)	2068
42	Ben Pochee	Highgate Harriers	53:53	42	Hillingdon AC	(121 150 204 492 512 601)	2080
43	Tom Collins	Medway & Maidstone AC	53:54	43	Dartford RR	(172 267 298 451 480 487)	2155
44	Harold Wyber	Woodford Green AC with Essex ladies	54:01	44	Invicta East Kent AC	(99 118 198 520 526 695)	2156
45	Simon Wurr	Thames Hare & Hounds	54:02	45	Tunbridge Wells Harriers	(144 309 339 401 417 614)	2224
46	Robert Russell	Thames Valley Harriers	54:06	46	Guildford & Godalming AC	(134 181 316 427 546 624)	2228
47	Daniel Agustus	Woodford Green AC with Essex ladies	54:07	47	Dulwich Runners AC	(237 274 304 441 475 515)	2246
48	Bertie Powell	Woodford Green AC with Essex ladies	54:08	48	South London Harriers	(319 363 384 385 448 461)	2360
49	Hendrik Zietsman	Serpentine RC	54:09	49	Serpentine RC	(355 361 389 393 424 445)	2367
50	Tom Beedell	Woodford Green AC with Essex ladies	54:09	50	Brighton & Hove City AC	(360 368 392 394 471 472)	2457
51	Alan Barnes	Herne Hill Harriers	54:10	51	Huntingdonshire AC	(296 397 410 439 455 467)	2464
52	Matt Janes	Bedford & County AC	54:11	52	Croydon Harriers	(146 382 435 457 531 562)	2513
53	mark Jenkin	Bideford AAC	54:13	53	Epsom & Ewell Harriers	(279 352 388 497 519 548)	2583
54	Nick Earl	City of Norwich AC	54:18	54	North Norfolk Beach Runners	(141 290 333 379 737 743)	2623
55	Dan Mapp	Bideford AAC	54:20	55	Canterbury Harriers	(314 341 377 518 533 595)	2678
56	Richard Scott	Highgate Harriers	54:21	56	Chichester Runners & AC	(31 375 494 572 607 625)	2704
57	Huw Lobb	Bedford & County AC	54:24	57	Barnet & District AC	(409 433 436 442 463 544)	2727
58	Rob Warner	Havering Mayesbrook AC	54:24	58	Cambridge Harriers	(14 303 470 618 631 705)	2741

59	Mike Cummings	Herne Hill Harriers	54:29	59	London Heathside	(349 404 418 422 516 655)	2764
60	Phil Killingley	Winchester & District AC	54:33	60	Stubbington Green Runners & AC	(223 400 437 552 559 612)	2783
61	Benjamin Reynolds	Thames Hare & Hounds	54:34	61	Sandhurst Joggers	(315 321 468 503 553 652)	2812
62	Chris Smith	Thames Valley Harriers	54:42	62	Bexley AC	(395 408 443 522 547 563)	2878
63	Ben Paviowr	Herne Hill Harriers	54:47	63	Reigate Priory AC	(425 428 500 504 565 622)	3044
64	Alan Murchinson	Winchester & District AC	54:48	64	Ranelagh Harriers	(370 434 484 509 570 697)	3064
65	Jack Tyler	Medway & Maidstone AC	54:49	65	Eton Manor AC	(325 478 479 482 615 689)	3068
66	John Pike	Newham & Essex Beagles AC	54:50	66	Pitsea RC	(399 481 493 535 586 682)	3176
67	Daniel Thorne	Reading AC	54:51	67	Collingwood AC	(372 447 541 582 606 693)	3241
68	Steven Tuttle	Marshall Milton Keynes AC	54:51	68	Stopsley Striders	(438 511 536 592 602 610)	3289
69	Jeff Cunningham	Herne Hill Harriers	54:51	69	Dartford RR	(490 499 529 574 604 628)	3324
70	Will Cockerell	Belgrave Harriers	54:52	70	New Eltham Joggers	(362 386 617 648 653 673)	3339
71	Christopher Rooke	Ipswich Harriers	55:02	71	Overton Harriers	(414 513 524 571 683 714)	3419
72	James Lawler	Bedford & County AC	55:04	72	South London Harriers	(505 508 542 616 641 684)	3496
73	Robert Wilson	Ealing Southall & Middlesex AC	55:06	73	Hardley Runners	(331 539 578 666 726 727)	3567
74	Neil Addison	Shaftesbury Barnet Harriers	55:06	74	Totton RC	(477 597 600 657 698 719)	3748
75	Chris Greenwood	Kent AC	55:07	75	Barnet & District AC	(568 579 647 658 668 679)	3799
76	James Cordwell	Victoria Park H & Tower Hamlets AC	55:09	76	Canterbury Harriers	(613 619 660 702 703 711)	4008
77	Sam Humphrey	Victoria Park H & Tower Hamlets AC	55:11	77	New Eltham Joggers	(676 688 692 700 704 707)	4167
78	David Morgan	Serpentine RC	55:13	78	New Eltham Joggers	(709 712 717 720 722 730)	4310
79	Tomaz Plibersek	Woodford Green AC with Essex ladies	55:17	79	Pitsea RC	(696 728 729 731 740 744)	4368
80	David Vaughan	Garden City Runners	55:20				
81	Will Green	Serpentine RC	55:26				
82	Chris Dettmar	Headington RR	55:26				
83	Kieran White	Hercules Wimbledon AC	55:29				
84	Sarwar Khan	Herne Hill Harriers	55:31				
85	Richard Phillips	Serpentine RC	55:35				
86	David McKinlay	Blackheath & Bromley Harriers	55:36				
87	Sean Renfer	Thames Valley Harriers	55:40				
88	Keith Newton	Herne Hill Harriers	55:42				
89	Kevin Rojas	Brighton & Hove City AC	55:48				
90	Brian Thursby Pelham	Thames Hare & Hounds	55:49				
91	Chris Sellens	Bideford AAC	55:50				
92	Angus Holford	Woodford Green AC with Essex ladies	55:54				
93	Stuart Beaney	Kent AC	55:56				
94	Tiago Branco	Serpentine RC	55:56				
95	Howard Bristow	Brighton & Hove City AC	55:57				
96	Richard Henderson	Bedford & County AC	55:58				
97	Neil Miller	Bedford & County AC	56:02				
98	Simon Coombes	Herne Hill Harriers	56:04				
99	Mark Wilkins	Invicta East Kent AC	56:06	IEK 1			
100	Matthew Bristow	Brighton & Hove City AC	56:08				
101	Miguel Branco	Serpentine RC	56:10				
102	James Chettle	Cambridge & Coleridge	56:14				
103	Graeme Saker	Tonbridge AC	56:17				
104	Rich Munn	Kent AC	56:22				
105	Dan Brewer	Blackheath & Bromley Harriers	56:25				
106	Wayne Lincoln	City of Norwich AC	56:25				
107	Peter Williams	Trent Park RC	56:30				
108	Benjamin Corfield	Leighton Buzzard AC	56:39				
109	David Ragan	Basingstoke & Mid Hants AC	56:42				
110	Stephan Wenk	Woodford Green AC with Essex ladies	56:50				
111	Gordon Pearce	Thames Hare & Hounds	56:51				
112	Greg Cole	Tonbridge AC	56:54				
113	Simon Millett	Windsor Slough Eton & Hounslow AC	56:55				
114	Roy Scott	Southend AC	56:55				
115	Gordon Irvine	Thames Valley Harriers	56:55				
116	Jake Hughes	Bracknell AC	56:58				
117	Steve McGrory	Kent AC	57:02				
118	Chris Holmes	Invicta East Kent AC	57:02	IEK 2			
119	Robbie Kerr	Oxford Brookes Running & AC	57:04				
120	John Scott	Enfield & Haringey AC	57:05				
121	Martin Bateman	Hillingdon AC	57:07				
122	Daniel Davies	Shaftesbury Barnet Harriers	57:07				
123	Charlie May	Vale of Aylesbury AC	57:08				
124	Steve Hepples	Newham & Essex Beagles AC	57:10				
125	Wayne Bell	Newham & Essex Beagles AC	57:11				
126	Andrew McMulkin	Luton AC	57:12				
127	Peter Norris	Harrow AC	57:14				
128	Paul Hayman	Serpentine RC	57:15				
129	Geln Saqui	Highgate Harriers	57:16				
130	George Stewart	London Heathside	57:17				
131	Gilbert Grundy	Woking AC	57:20				
132	Matthew Sharp	Hercules Wimbledon AC	57:21				
133	Jose Luceron Munoz	Brighton Phoenix Tri	57:22				
134	Benjamin Evans	Guildford & Godalming AC	57:23				
135	Ryan Evans	South London Harriers	57:32				
136	Andrew Donno	Brighton & Hove City AC	57:32				
137	Jon Deane	Highgate Harriers	57:34				
138	Alex Horton	Barnet & District AC	57:38				
139	Paul Erwood	Marshall Milton Keynes AC	57:42				
140	Louis Taub	Brighton & Hove City AC	57:45				
141	Chris Merrylees	North Norfolk Beach Runners	57:49				
142	Josh Entwistle	City of Norwich AC	57:51				
143	Ben Hunter	Southend AC	57:53				
144	Daniel Cook	Tunbridge Wells Harriers	57:57				
145	Pat Canavan	South London Harriers	57:59				
146	David White	Croydon Harriers	58:01				
147	Jack Wilson	Kent AC	58:02				
148	Ryan Harris	Reigate Priory AC	58:05				
149	Geoffrey Bernard	Herne Hill Harriers	58:05				
150	Daniel Thompson	Hillingdon AC	58:07				
151	Tom Muddiman	Southampton AC	58:07				
152	Andy Reeves	Serpentine RC	58:09				
153	Anthony Bourne	Horsham Blue Star Harriers	58:11				
154	Kristian Lennard	South London Harriers	58:13				
155	Josh Painter	Brighton & Hove City AC	58:17				
156	Paul Bond	Worthing & District Harriers	58:18				
157	Gareth Robb	Paddock Wood AC	58:19				
158	Paul Bell	Kent AC	58:21				
159	Deon Coetzee	Hercules Wimbledon AC	58:25				
160	Martin Gaunt	Serpentine RC	58:29				

161	Adam Colgrave	Chelmsford AC	58:30
162	John Kettle	Herne Hill Harriers	58:31
163	Karim Habibi	Tonbridge AC	58:31
164	Richard McCormick	Barnet & District AC	58:34
165	Matthew McCabe	Ealing Southall & Middlesex AC	58:34
166	James Craggs	Newbury AC	58:34
167	Stephen Whiting	Highgate Harriers	58:34
168	Sean Holmes	Overton Harriers	58:34
169	Matt Molloy	Woodford Green AC with Essex ladies	58:34
170	Bruce Harrold	Dorking & Mole Valley AC	58:40
171	Noel Carroll	Cambridge & Coleridge	58:44
172	Andy Green	Dartford RR	58:45
173	Myles Edwards	Thames Valley Harriers	58:45
174	Richard Mathie	Kingston AC & Polytechnic Harriers	58:45
175	Ben Wickham	Victoria Park H & Tower Hamlets AC	58:46
176	Scott Mitchell	West 4 Harriers	58:46
177	Paul Couldridge	Aldershot Farnham & District AC	58:46
178	Malcolm Muir	Iford AC	58:47
179	Stephen Baylis	Highgate Harriers	58:50
180	Ian Gooding	Torrington AAC	58:53
181	Thomas Griffiths	Guildford & Godalming AC	58:53
182	Jim Roche	Woodford Green AC with Essex ladies	58:54
183	Gavin Davies	Ipswich Jaffa	58:55
184	Tom Christopher	Highgate Harriers	58:56
185	Steve Cockerel	Nene Valley Harriers	58:56
186	David Grima	Hercules Wimbledon AC	58:57
187	Elliott Haines	Wells City Harriers	58:58
188	Josh Mutch	Brighton & Hove City AC	59:02
189	Chris Hearn	Marshall Milton Keynes AC	59:04
190	Tim Doole	Headington RR	59:07
191	Mark Thomas	Reigate Priory AC	59:12
192	Andrew Ingle	Bideford AAC	59:16
193	Pat Wright	Tadworth AC	59:20
194	Richard Kinnersley	Reading AC	59:20
195	Rich Berry	West 4 Harriers	59:21
196	Wesley Harrison	Serpentine RC	59:22
197	Paul Jegou	White Horse Harriers	59:23
198	Timothy Corby	Invicta East Kent AC	59:31 IEK 3
199	Martin Potter	London Heathside	59:32
200	Martin Shore	Thames Hare & Hounds	59:33
201	Tony Lashmar	Victoria Park H & Tower Hamlets AC	59:37
202	Stuart Still	Luton AC	59:42
203	Neil Cook	Victoria Park H & Tower Hamlets AC	59:46
204	Christopher Ingram	Hillingdon AC	59:48
205	Andy Inchley	Leighton Buzzard AC	59:49
206	Jonny Muir	Herne Hill Harriers	59:50
207	Jonny Quint	City of Norwich AC	59:52
208	Matt Chapman	South London Harriers	59:53
209	Sam Knight	Herne Hill Harriers	59:53
210	Carl Selya Hammer	Ranelagh Harriers	59:57
211	Nigel Wright	Aldershot Farnham & District AC	59:59
212	Andy Robbins	Serpentine RC	1:00:00
213	Peter Smale	Southend AC	1:00:02
214	David Maisey	Vale of Aylesbury AC	1:00:04
215	Jez Mancer	Benfleet RC	1:00:06
216	Alan Wray	Harrow AC	1:00:08
217	Sam Hall	Newbury AC	1:00:09
218	Jolyon Attwooll	Serpentine RC	1:00:09
219	Andy Holt	Garden City Runners	1:00:10
220	Mike Chapman	Nene Valley Harriers	1:00:10
221	Paul Shiel	Herne Hill Harriers	1:00:10
222	Steve Monaghan	London Heathside	1:00:10
223	Andy Simpson	Stubbington Green Runners & AC	1:00:17
224	Matthieu Ribault	Thames Valley Harriers	1:00:19
225	Jeremy Gold	Victoria Park H & Tower Hamlets AC	1:00:20
226	Barney Southin	Serpentine RC	1:00:23
227	Richard Petty	Highgate Harriers	1:00:24
228	Dan Pickering	Bedford & County AC	1:00:28
229	Andy Walpole	Tonbridge AC	1:00:32
230	Liam Richardson	Cambridge University AC	1:00:37
231	Paul Fizoud	Brighton & Hove City AC	1:00:37
232	Chris Hartley	London Heathside	1:00:44
233	Carl Plumpton	South London Harriers	1:00:47
234	Mike Bliss	Overton Harriers	1:00:50
235	Nick Jacobs	Aldershot Farnham & District AC	1:00:51
236	Ross Langley	Tring RC	1:00:51
237	Wayne Lashley	Dulwich Runners AC	1:00:52
238	John Moores	Crawley AC	1:00:54
239	Oliver Kean	Highgate Harriers	1:00:56
240	Chris Bundhun	Ranelagh Harriers	1:00:59
241	David Moore	Dorking & Mole Valley AC	1:00:59
242	Jon Gilling	Wells City Harriers	1:00:59
243	Jim Clark	West 4 Harriers	1:01:02
244	Richard Larsen	Bracknell AC	1:01:04
245	Roy Reeder	The Stragglers	1:01:04
246	Nic Gould	Thames Hare & Hounds	1:01:06
247	Trevor Maguire	Ranelagh Harriers	1:01:15
248	Andrejs Safars	Medway & Maidstone AC	1:01:16
249	Neil McGoun	Orion Harriers	1:01:19
250	Gareth Cavell	Woodford Green AC with Essex ladies	1:01:21
251	John Ferguson	Cambridge & Coleridge	1:01:23
252	Andrew Suter	Peterborough AC	1:01:23
253	Sean Crummy	Hercules Wimbledon AC	1:01:26
254	Duncan Steen	Victoria Park H & Tower Hamlets AC	1:01:29
255	Ben Cope	Serpentine RC	1:01:29
256	Alister Moses	Reigate Priory AC	1:01:32
257	Simeon Bennett	Victoria Park H & Tower Hamlets AC	1:01:35
258	Milke Trees	Belgrave Harriers	1:01:39
259	Jack Lawlor Anderson	Oxford Brookes Running & AC	1:01:46
260	Alan Metcalfe	Bedford & County AC	1:01:46
261	Cameron Strachan	Thames Valley Harriers	1:01:50
262	Chris Finill	Harrow AC	1:01:55

263	Manuel Da Silva	Thames Valley Harriers	1:01:58
264	Tim Erskine	Maidstone Harriers	1:01:58
265	Marc Snaith	Ranelagh Harriers	1:02:01
266	Stephen Elson	Ealing Southall & Middlesex AC	1:02:02
267	Rob White	Dartford RR	1:02:05
268	John Flahive	London Heathside	1:02:13
269	Paul Stoodley	Winchester & District AC	1:02:13
270	Chris Mallinson	Brighton & Hove City AC	1:02:13
271	Simon Loach	Kent AC	1:02:16
272	Nick Slade	Medway & Maidstone AC	1:02:18
273	Edward Richards	Brighton & Hove City AC	1:02:19
274	Jose Barbetta	Dulwich Runners AC	1:02:19
275	Lander Eguia	Belgrave Harriers	1:02:25
276	Matt Ponting	Thames Valley Harriers	1:02:28
277	Will Morris	Barnet & District AC	1:02:30
278	Mike Bridge	Garden City Runners	1:02:31
279	Phil Sangar	Epsom & Ewell Harriers	1:02:38
280	Rob Walker	Highgate Harriers	1:02:40
281	Richard Skilbeck	Headington RR	1:02:42
282	Adam Styles	Tonbridge AC	1:02:44
283	Tom Cursley	Trent Park RC	1:02:52
284	Dan Gillett	South London Harriers	1:02:57
285	James Taylor	Barnet & District AC	1:03:00
286	Mark Vardy	Newbury AC	1:03:02
287	Matt Norman	Aldershot Farnham & District AC	1:03:02
288	John Ockenden	St Albans Striders	1:03:07
289	Mick Turner	Striders of Croydon AC	1:03:07
290	Robbie Britton	North Norfolk Beach Runners	1:03:08
291	Mark Delahunty	Ealing Southall & Middlesex AC	1:03:09
292	Adam Tribe	Aldershot Farnham & District AC	1:03:09
293	Ollie Mason	Peterborough AC	1:03:15
294	Tony Pamphillon	Woodford Green AC with Essex ladies	1:03:18
295	Russell Coleman	Victory AC	1:03:19
296	Ian Day	Huntingdonshire AC	1:03:19
297	Steven Hall	Peterborough AC	1:03:20
298	Michael Lemon	Dartford RR	1:03:22
299	Gary Harris	Headington RR	1:03:26
300	David Vosser	Winchester & District AC	1:03:27
301	Andrew Cunningham	Barnet & District AC	1:03:30
302	Dave Williamson	Tadworth AC	1:03:32
303	Clem Dixon	Cambridge Harriers	1:03:38
304	Charles Lound	Dulwich Runners AC	1:03:40
305	Nick Sommerville	Wells City Harriers	1:03:41
306	Henry Hughes	Thames Valley Harriers	1:03:43
307	Nick Varley	Swanley & District AC	1:03:44
308	Neil Martin	Overton Harriers	1:03:45
309	Simon Whitaker	Tunbridge Wells Harriers	1:03:46
310	Peter Mackrell	Leighton Buzzard AC	1:03:48
311	Gary Blaber	Marshall Milton Keynes AC	1:03:50
312	Ken Heney	London Heathside	1:03:51
313	Andrew Jennings	Bournemouth AC	1:03:51
314	Mark Ford	Canterbury Harriers	1:03:58
315	Mark Fallowfield Smith	Sandhurst Joggers	1:03:58
316	Marc Woodall	Guildford & Godalming AC	1:04:03
317	Ian Druce	Serpentine RC	1:04:06
318	Neil Crisp	Ilford AC	1:04:06
319	Stuart Searle	South London Harriers	1:04:10
320	Andrew Taylor	Serpentine RC	1:04:15
321	Clive Rolfe	Sandhurst Joggers	1:04:18
322	Tom May	Leighton Buzzard AC	1:04:20
323	Chris Bailey	Highgate Harriers	1:04:21
324	James Miles	Phoenix AC	1:04:21
325	Paul Cates	Eton Manor AC	1:04:24
326	Robert Wakefield	Aldershot Farnham & District AC	1:04:24
327	Richard Clifford	Overton Harriers	1:04:26
328	Charlie Austin	Oxford Brookes Running & AC	1:04:29
329	Robin Oakley	Overton Harriers	1:04:29
330	Roy Priestley	Blackheath & Bromley Harriers	1:04:31
331	Andrew Kellaway	Hardley Runners	1:04:33
332	Peter Young	Ryde Harriers	1:04:34
333	Andy Kett	North Norfolk Beach Runners	1:04:35
334	Stuart Raven	Springfield Striders	1:04:36
335	Colin Beaybrook	St Albans Striders	1:04:38
336	Graham Bull	Reigate Priory AC	1:04:43
337	Stewart Bond	Hercules Wimbledon AC	1:04:46
338	David Wright	Newbury AC	1:04:50
339	Terry Everest	Tunbridge Wells Harriers	1:04:53
340	Robert Brown	Ealing Southall & Middlesex AC	1:04:54
341	Richard Austin	Canterbury Harriers	1:04:54
342	Scott Thrush	Southend AC	1:04:54
343	Peter Faulk	Ranelagh Harriers	1:04:54
344	Ted Mockett	Ranelagh Harriers	1:04:56
345	Gavin Edmonds	Serpentine RC	1:05:04
346	John McCawley	Camberley & District AC	1:05:05
347	Daren Elliott	Phoenix AC	1:05:06
348	Tim Butler	Barnet & District AC	1:05:08
349	Dominic Jackson	London Heathside	1:05:09
350	Paul Blanc	Reigate Priory AC	1:05:11
351	David Benton	Brighton & Hove City AC	1:05:12
352	Alan Ezen	Epsom & Ewell Harriers	1:05:17
353	Stewart Pepper	Enfield & Haringey AC	1:05:20
354	Nigel Bunn	Tring RC	1:05:21
355	Craig Martin	Serpentine RC	1:05:24
356	Niall Robinson	Brighton & Hove City AC	1:05:28
357	Chris Eland	Garden City Runners	1:05:28
358	Ken Hoye	Chelmsford AC	1:05:29
359	Neil Glendon	Overton Harriers	1:05:42
360	Kevin Mason	Brighton & Hove City AC	1:05:43
361	Brent Plump	Serpentine RC	1:05:45
362	Stephen Dipre	New Eltham Joggers	1:05:45
363	Paul Mitchell	South London Harriers	1:05:47
364	Winston Parkinson	Herne Hill Harriers	1:05:51

365	David Weekes	Folkestone RC	1:05:54
366	Kevin Newell	Ilford AC	1:05:55
367	Nigel Rothwell	The Stragglers	1:05:56
368	Simon Ho	Brighton & Hove City AC	1:05:57
369	Paul Freeman	Chelmsford AC	1:05:58
370	Andy Bickerstaff	Ranelagh Harriers	1:05:58
371	Matthew Adock	Watford Harriers	1:06:00
372	Robert Knight	Collingwood AC	1:06:01
373	Wayne Chappell	Reigate Priory AC	1:06:03
374	Daniel Short	Basingstoke & Mid Hants AC	1:06:04
375	Dave Dorning	Chichester Runners & AC	1:06:06
376	Paul Anderson	Springfield Striders	1:06:06
377	Joe Thomsett	Canterbury Harriers	1:06:07
378	Tim Wilkes	Tadworth AC	1:06:09
379	John Christopher	North Norfolk Beach Runners	1:06:10
380	Stuart Nicholson	Swanley & District AC	1:06:11
381	Chris Stone	Bideford AAC	1:06:12
382	Colin Oxlade	Croydon Harriers	1:06:13
383	Matthew Applegate	Cambridge & Coleridge	1:06:15
384	Steve Clancey	South London Harriers	1:06:15
385	Andy Collins	South London Harriers	1:06:16
386	Andrew Eastment	New Eltham Joggers	1:06:16
387	Paul Sullivan	Norwich RR	1:06:16
388	Jeff Butler	Epsom & Ewell Harriers	1:06:17
389	Alex Elferick	Serpentine RC	1:06:19
390	Sam Angell	Oxford Brookes Running & AC	1:06:20
391	John Husbands	Thames Valley Harriers	1:06:20
392	Shaun Billings	Brighton & Hove City AC	1:06:31
393	Richard Taylor	Serpentine RC	1:06:31
394	Tom Ulliott	Brighton & Hove City AC	1:06:31
395	Martin Jenner	Bexley AC	1:06:34
396	Richard Hall	Blackheath & Bromley Harriers	1:06:35
397	Steve Church	Huntingdonshire AC	1:06:43
398	Rob McCaffrey	Dorking & Mole Valley AC	1:06:49
399	Mike Woodward	Pitsea RC	1:06:51
400	Chris Hall	Stubbington Green Runners & AC	1:06:55
401	Daryl Palfrey	Tunbridge Wells Harriers	1:07:12
402	Graham Hodgson	Newquay & Par AC	1:07:12
403	Rajdave Singh	Herne Hill Harriers	1:07:13
404	Andy Owen	London Heathside	1:07:14
405	Barry White	Striders of Croydon AC	1:07:15
406	Andy Hislop	Aldershot Farnham & District AC	1:07:17
407	Rodney Mushanganyisi	Victoria Park H & Tower Hamlets AC	1:07:18
408	Thomas Clench	Bexley AC	1:07:19
409	Peter Ellis	Barnet & District AC	1:07:20
410	Martin Rowe	Huntingdonshire AC	1:07:23
411	Simeon Ward	Aldershot Farnham & District AC	1:07:27
412	Colin Taylor	Watford Joggers	1:07:29
413	Jaime Del Campo	Aldershot Farnham & District AC	1:07:31
414	Keith Vallis	Overton Harriers	1:07:33
415	Paul Allen	Yeovil Town RRC	1:07:34
416	Alec Campbell	St Albans Striders	1:07:35
417	Edward Steele	Tunbridge Wells Harriers	1:07:35
418	Eddie Bayne	London Heathside	1:07:35
419	Dean Makar	Newbury AC	1:07:37
420	Laurence Plant	Bournemouth AC	1:07:37
421	Sam Wilson	Vegan Runners UK	1:07:37
422	Will Whitaker	London Heathside	1:07:40
423	Peter Blomfield	Hastings AC	1:07:45
424	Joshua Paparo	Serpentine RC	1:07:45
425	Gavin Lawrence	Reigate Priory AC	1:07:46
426	Wayne Lillis	Newbury AC	1:07:47
427	Jonathon Monks	Guildford & Godalming AC	1:07:48
428	Ian Burks	Reigate Priory AC	1:07:49
429	Christopher Snowdon	Springfield Striders	1:07:51
430	Iain Martin	Brighton Phoenix Tri	1:07:52
431	Mike Puppy	Sittingbourne Striders	1:07:54
432	Nathaniel Booker	Dorking & Mole Valley AC	1:07:57
433	Des Michael	Barnet & District AC	1:08:00
434	Chris Brook	Ranelagh Harriers	1:08:04
435	Martin Rowe	Croydon Harriers	1:08:07
436	Mel Parker	Barnet & District AC	1:08:10
437	Graham Bell	Stubbington Green Runners & AC	1:08:18
438	Stuart Harries	Stopsley Striders	1:08:20
439	Shane Hunt	Huntingdonshire AC	1:08:27
440	Ker Macrosson	Ipswich Jaffa	1:08:29
441	Michael Mann	Dulwich Runners AC	1:08:29
442	Michael Martin	Barnet & District AC	1:08:30
443	Colin Hyde	Bexley AC	1:08:31
444	Adam Stephens	Worthing & District Harriers	1:08:36
445	Simon Ray	Serpentine RC	1:08:38
446	Chris Hobson	Newbury AC	1:08:39
447	Martin Lloyd	Collingwood AC	1:08:40
448	Bill Arnold	South London Harriers	1:08:42
449	Marco Criado	Oxford Brookes Running & AC	1:08:46
450	Andrew Galligan	Queens Park Harriers	1:08:47
451	Tony Mason	Dartford RR	1:08:48
452	Simon Neville	Keswick AAC	1:08:49
453	Andrew Fay	Dorking & Mole Valley AC	1:08:50
454	Rupert Mainwaring	Herne Hill Harriers	1:08:53
455	Sean Barker	Huntingdonshire AC	1:08:57
456	Grant Patterson	Worthing & District Harriers	1:08:59
457	Neil Alkman	Croydon Harriers	1:09:00
458	Mark Copeland	Wimborne AC	1:09:01
459	John Griffiths	Headington RR	1:09:01
460	Richard Bell	Thames Valley Harriers	1:09:03
461	John Foss	South London Harriers	1:09:04
462	Henry Edwardes Evans	Vale of Aylesbury AC	1:09:05
463	Robert Scott	Barnet & District AC	1:09:06
464	Joe Hurley	Leighton Buzzard AC	1:09:19
465	David Breingan	Chiltern Harriers AC	1:09:19
466	Neil Gillingham	Ipswich Harriers	1:09:22

467	Ian Marshall	Huntingdonshire AC	1:09:32
468	Austin Soane	Sandhurst Joggers	1:09:33
469	Greg Jarvis	Southend AC	1:09:36
470	Graham Maynard	Cambridge Harriers	1:09:40
471	Michael Bannister	Brighton & Hove City AC	1:09:41
472	David Boyce	Brighton & Hove City AC	1:09:45
473	Bernie Hutchinson	Kent AC	1:09:48
474	Chris Saunders	Serpentine RC	1:09:51
475	Michael Williams	Dulwich Runners AC	1:09:52
476	Laurie Hurman	Headington RR	1:09:55
477	Sean Driscoll	Totton RC	1:09:56
478	Ian Lambert	Eton Manor AC	1:09:58
479	Dave Daugirda	Eton Manor AC	1:09:59
480	Jim Lucas	Dartford RR	1:10:00
481	Adam Gordon	Pitsea RC	1:10:00
482	Adrian Frost	Eton Manor AC	1:10:01
483	Neil Walford	Brighton & Hove City AC	1:10:02
484	Colin Brett	Ranelagh Harriers	1:10:03
485	Frank Wood	Hercules Wimbledon AC	1:10:03
486	Matthew Doherty	Oxford Brookes Running & AC	1:10:04
487	Steve Jarvis	Dartford RR	1:10:06
488	Brad Cobb	Serpentine RC	1:10:07
489	James Hogg	Medway & Maidstone AC	1:10:10
490	Peter Butler	Dartford RR	1:10:13
491	Steve Kemp	Dorking & Mole Valley AC	1:10:14
492	Steve Hirons	Hillingdon AC	1:10:16
493	Andrew Doig	Pitsea RC	1:10:19
494	John Leonard	Chichester Runners & AC	1:10:25
495	Ben Hallifax	Herne Hill Harriers	1:10:25
496	Gary Robinson	West 4 Harriers	1:10:26
497	Bill Arbury	Epsom & Ewell Harriers	1:10:27
498	Chris Morton	Striders of Croydon AC	1:10:28
499	Brian Pitkin	Dartford RR	1:10:30
500	David Taylor	Reigate Priory AC	1:10:31
501	Alan Roberts	Vale of Aylesbury AC	1:10:34
502	Nick Willson	Southampton AC	1:10:39
503	David Breslin	Sandhurst Joggers	1:10:40
504	Brian Churchard	Reigate Priory AC	1:10:41
505	Ross Gentry	South London Harriers	1:10:42
506	Glenn Hatrick	Greenwich	1:10:43
507	Ray Wilson	Peterborough AC	1:10:44
508	Nigel Bush	South London Harriers	1:10:45
509	John Ricketts	Ranelagh Harriers	1:10:47
510	Philip Wetton	Thames Valley Harriers	1:10:49
511	Derek Christopher	Stopsley Striders	1:10:52
512	Andrew Malyan	Hillingdon AC	1:10:57
513	Martin Groundsell	Overton Harriers	1:10:57
514	Keith Hollis	Southampton AC	1:11:00
515	Andrew Murray	Dulwich Runners AC	1:11:00
516	Carl Heap	London Heathside	1:11:02
517	Mike Carney	Metropolitan Police AC	1:11:03
518	Simon Mee	Canterbury Harriers	1:11:04
519	Lee Pollock	Epsom & Ewell Harriers	1:11:11
520	Nicholas Little	Invicta East Kent AC	1:11:12 IEK 4
521	Philip York	Ealing Southall & Middlesex AC	1:11:15
522	Luis Crane	Bexley AC	1:11:16
523	Simon Howard	Newquay & Par AC	1:11:21
524	Lee Tolhurst	Overton Harriers	1:11:23
525	Frank Nolan	Queens Park Harriers	1:11:26
526	Trevor Edgley	Invicta East Kent AC	1:11:26 IEK 5
527	Geoff Cole	Wells City Harriers	1:11:28
528	Christof Schwiening	Cambridge & Coleridge	1:11:32
529	Jay Browne	Dartford RR	1:11:35
530	Ian Richardson	Southampton AC	1:11:38
531	Mike Dawson	Croydon Harriers	1:11:39
532	Marc Lyne	Winchester & District AC	1:11:39
533	Steven Clark	Canterbury Harriers	1:11:41
534	Paul Smith	Norwich RR	1:11:42
535	Terry Noolan	Pitsea RC	1:11:44
536	Chris Lamont	Stopsley Striders	1:11:46
537	Mark Foster	Dulwich Runners AC	1:11:48
538	Justin Lock	Serpentine RC	1:11:49
539	Ian Banks	Hardley Runners	1:11:51
540	Graham Mayoh	Watford Harriers	1:11:55
541	Andy Randall	Collingwood AC	1:11:55
542	Dan Hayes	South London Harriers	1:11:58
543	Andrew Lawes	Blackheath & Bromley Harriers	1:12:03
544	Jerry Bryan	Barnet & District AC	1:12:04
545	Steve Blackmore	Swanley & District AC	1:12:09
546	Alistair Gibson	Guildford & Godalming AC	1:12:12
547	Jon Hunter	Bexley AC	1:12:13
548	Mark Alden	Epsom & Ewell Harriers	1:12:15
549	Alistair Holdford	Woodford Green AC with Essex ladies	1:12:22
550	Nick Stockman	Highgate Harriers	1:12:23
551	Gary Stratford	Leighton Buzzard AC	1:12:25
552	Michael Townend	Stubbington Green Runners & AC	1:12:27
553	Patrick Wadsworth	Sandhurst Joggers	1:12:30
554	Steve Sandham	The Stragglers	1:12:34
555	Geoff Newton	Tadworth AC	1:12:36
556	Malcolm Lavery	Havant AC	1:12:37
557	Tim Parkin	Shaftesbury Barnet Harriers	1:12:41
558	Andrew Mason	Springfield Striders	1:12:42
559	Mike Harper	Stubbington Green Runners & AC	1:12:44
560	Gavin Newton	Crawley AC	1:12:46
561	William Smith	Folkestone RC	1:12:49
562	David Brown	Croydon Harriers	1:12:58
563	Glenn Butler	Bexley AC	1:13:14
564	Glen Barden	Croydon Harriers	1:13:16
565	Neil Hamilton	Reigate Priory AC	1:13:19
566	Dave Cook	Crawley AC	1:13:21
567	Steve Plested	Ealing Southall & Middlesex AC	1:13:23
568	Laurence Scheyvens	Barnet & District AC	1:13:25

569	Stuart Mann	Herts Phoenix AC	1:13:27
570	Mike Peace	Ranelagh Harriers	1:13:34
571	Keith Clark	Overton Harriers	1:13:35
572	Tom Blaylock	Chichester Runners & AC	1:13:37
573	Neville Baker	Headington RR	1:13:49
574	Dave Ringrose	Dartford RR	1:13:50
575	Alec McLaren	Bideford AAC	1:13:51
576	Steve Lambert	Woodford Green AC with Essex ladies	1:13:56
577	Paul Fromme	Serpentine RC	1:14:00
578	Mick Anglim	Hardley Runners	1:14:04
579	Joe Gomes	Barnet & District AC	1:14:10
580	Derek Darnell	Huntingdonshire AC	1:14:12
581	Peter Wirtzfeld	Worthing Striders	1:14:15
582	Bill Walsh	Collingwood AC	1:14:19
583	Matt Kiernan	Croydon Harriers	1:14:23
584	Alan Barrie	The Stragglers	1:14:23
585	Richard Bloom	Herts Phoenix AC	1:14:25
586	Jim Russell	Pitsea RC	1:14:26
587	Zoran Bulic	Oxford Brookes Running & AC	1:14:34
588	Mike Burling	Marshall Milton Keynes AC	1:14:39
589	Rex Whitcombe	Wells City Harriers	1:14:43
590	Brian Rogers	Ipswich Jaffa	1:14:48
591	Steve Feest	Worthing Striders	1:14:50
592	Andy Reid	Stopsley Striders	1:14:52
593	Andy Smith	Woodford Green AC with Essex ladies	1:14:56
594	Ray Powell	Shaftesbury Barnet Harriers	1:15:04
595	Tony McParland	Canterbury Harriers	1:15:05
596	Ian Graham	Bournemouth AC	1:15:17
597	Luke Bates	Totton RC	1:15:22
598	Mark Livingstone	Hercules Wimbledon AC	1:15:24
599	Patrick Martin	Dorking & Mole Valley AC	1:15:24
600	Mark Hayes	Totton RC	1:15:26
601	John Bignell	Hillingdon AC	1:15:32
602	Martin Mitchell	Stopsley Striders	1:15:35
603	Bill Bennett	Orion Harriers	1:15:35
604	Chris Topp	Dartford RR	1:15:44
605	Martin Searle	Hillingdon AC	1:15:47
606	Nigel Wood	Collingwood AC	1:15:47
607	Mike Moorcroft	Chichester Runners & AC	1:15:49
608	Ian Montgomery	Blackheath & Bromley Harriers	1:15:50
609	Steve Le Podevin	St Edmund Pacers	1:15:52
610	Paul Keech	Stopsley Striders	1:15:56
611	Tim Warren	Folkestone RC	1:15:58
612	Gordon Westley	Stubbington Green Runners & AC	1:16:19
613	Mark Cooper	Canterbury Harriers	1:16:24
614	Michael Russell	Tunbridge Wells Harriers	1:16:27
615	Dan Hall	Eton Manor AC	1:16:28
616	Alistair Morton	South London Harriers	1:16:34
617	Alan Cox	New Eltham Joggers	1:16:34
618	Patrick Austin	Cambridge Harriers	1:16:40
619	Robert Davidson	Canterbury Harriers	1:16:42
620	Ian Kennedy	Wimborne AC	1:16:43
621	Mark Jackson	Trent Park RC	1:16:44
622	Paddy Patrick	Reigate Priory AC	1:16:51
623	Nick Crane	Stubbington Green Runners & AC	1:16:58
624	Matthew Lythell	Guildford & Godalming AC	1:17:06
625	Nigel McNestrie	Chichester Runners & AC	1:17:07
626	John Law	Tunbridge Wells Harriers	1:17:13
627	Daniel Webb	Leighton Buzzard AC	1:17:14
628	Brian Sidell	Dartford RR	1:17:14
629	Peter Simpson	Vegan Runners UK	1:17:17
630	John Brenann	Stopsley Striders	1:17:30
631	Ian Marshall	Cambridge Harriers	1:17:31
632	Stuart Scott	Kent AC	1:17:42
633	Mark Palmer	Serpentine RC	1:17:50
634	Ben Bodsworth	Stopsley Striders	1:17:52
635	Davie Reading	Chichester Runners & AC	1:17:53
636	Simon Webster	St Albans Striders	1:18:01
637	David Holdway	Fleet & Crookham AC	1:18:04
638	Andy Dunmall	Swanley & District AC	1:18:09
639	Andy Angus	Queens Park Harriers	1:18:14
640	Anthony Williams	Watford Harriers	1:18:14
641	Steve Vincent	South London Harriers	1:18:16
642	John Blake	Stubbington Green Runners & AC	1:18:17
643	Malcolm Ward	White Horse Harriers	1:18:18
644	Graham Busch	Stopsley Striders	1:18:26
645	Dave Hadaway	Tunbridge Wells Harriers	1:18:36
646	Keith Taylor	Witham RC	1:18:39
647	John Clarke	Barnet & District AC	1:18:42
648	Bryan Maillerdet	New Eltham Joggers	1:18:46
649	Andrew Dodd	Ealing Southall & Middlesex AC	1:18:50
650	Gerry Hutchings	Wimborne AC	1:18:56
651	Malcolm Allen	Trent Park RC	1:18:59
652	James Casey	Sandhurst Joggers	1:19:00
653	Nicky Curtis	New Eltham Joggers	1:19:04
654	Kieth Brown	Croydon Harriers	1:19:08
655	Russell Weston	London Heathside	1:19:08
656	Liam Phair	Metropolitan Police AC	1:19:10
657	Andy Gates	Totton RC	1:19:13
658	John Shirley	Barnet & District AC	1:19:26
659	Martyn West	Winchester & District AC	1:19:30
660	Andrew Farrant	Canterbury Harriers	1:19:35
661	Richard Hogg	Woodford Green AC with Essex ladies	1:19:40
662	Paul Turner	Ipswich Jaffa	1:19:46
663	Graham Wall	Camberley & District AC	1:19:48
664	Colin Harvey	Chichester Runners & AC	1:19:51
665	Norman Hemming	Croydon Harriers	1:19:55
666	Paul Carter	Hardley Runners	1:20:01
667	Simon Bourne	Wimborne AC	1:20:03
668	John Owen	Barnet & District AC	1:20:13
669	Kevin Winch	Bexley AC	1:20:29
670	Nigel Bush	Biggleswade AC	1:20:43

671	Ian Sesnan	Dulwich Runners AC	1:20:47
672	Geln Ridout	Dartford RR	1:20:56
673	Gary Hopkins	New Eltham Joggers	1:21:10
674	Nick Feakins	Reigate Priory AC	1:21:15
675	David Wilkie	Victoria Park H & Tower Hamlets AC	1:21:18
676	Peter Cane	New Eltham Joggers	1:21:22
677	Ben Jones	Ilford AC	1:21:29
678	Julien Guevar	Trent Park RC	1:21:35
679	Kerry Rochester	Barnet & District AC	1:21:43
680	Dene Stringfellow	White Horse Harriers	1:21:52
681	Roy Knight	Dartford RR	1:22:03
682	John Tracey	Pitsea RC	1:22:09
683	Piers Puntan	Overton Harriers	1:22:09
684	Alastair Carr	South London Harriers	1:22:11
685	John Betts	Chichester Runners & AC	1:22:14
686	Martin Coles	Victory AC	1:22:23
687	Anthony Pearce	Worthing Striders	1:22:29
688	John Kemp	New Eltham Joggers	1:22:38
689	Steve Adams	Eton Manor AC	1:22:48
690	Richard Hardy	Stopsley Striders	1:22:55
691	Simon Deville	Eton Manor AC	1:23:12
692	Nigel Kent	New Eltham Joggers	1:23:18
693	Jason Smith	Collingwood AC	1:23:19
694	Grahame Eke	Folkestone RC	1:23:21
695	Tim Kerr	Invicta East Kent AC	1:23:37 IEK 6
696	Kieth Jackson	Pitsea RC	1:24:11
697	Peter Fordham	Ranelagh Harriers	1:24:17
698	David Murray	Totton RC	1:24:21
699	Paul Brooks	Luton AC	1:24:24
700	Mike Brown	New Eltham Joggers	1:24:32
701	Keith Whitaker	Stubbington Green Runners & AC	1:24:48
702	Joe Hicks	Canterbury Harriers	1:24:52
703	Neil Godden	Canterbury Harriers	1:24:55
704	Simon Riley	New Eltham Joggers	1:25:23
705	Mark Newell	Cambridge Harriers	1:26:00
706	Christopher Clarke	Biggleswade AC	1:26:11
707	John White	New Eltham Joggers	1:26:29
708	Mark Travers	Tring RC	1:26:38
709	Michael Lyden	New Eltham Joggers	1:26:40
710	John Murphy	Barnet & District AC	1:26:57
711	David Waite	Canterbury Harriers	1:27:04
712	Stephen Cleverly	New Eltham Joggers	1:27:26
713	Steve Rigby	South London Harriers	1:27:30
714	Steve McNair	Overton Harriers	1:28:05
715	Terry Lapins	Croydon Harriers	1:28:16
716	Matthew Woolston	Swanley & District AC	1:28:46
717	Chris Hunt	New Eltham Joggers	1:28:53
718	David Andrews	Witham RC	1:29:29
719	John Hayes	Totton RC	1:29:47
720	Martin Wisdom	New Eltham Joggers	1:30:15
721	Dave Behagg	Dartford RR	1:30:33
722	Kevin Blake	New Eltham Joggers	1:30:58
723	Graham Foden	Victory AC	1:31:18
724	Raymond Charlton	Springfield Striders	1:31:40
725	Jeremy Smeddle	White Horse Harriers	1:32:41
726	Jeremy Barber	Hardley Runners	1:33:05
727	Ray Noke	Hardley Runners	1:33:18
728	Kieth Passingham	Pitsea RC	1:34:50
729	John Pettifer	Pitsea RC	1:34:53
730	Sean McGranaghan	New Eltham Joggers	1:35:11
731	Mervyn Beckwith	Pitsea RC	1:35:18
732	Richard Long	Bexley AC	1:35:43
733	Alan Wells	Hillingdon AC	1:35:51
734	Paul Jackson	Dartford RR	1:35:56
735	Mike Elmes	Folkestone RC	1:36:04
736	Trevor Brawn	Chiltern Harriers AC	1:36:24
737	Malcolm Ball	North Norfolk Beach Runners	1:36:57
738	Mat Crossland	Stopsley Striders	1:37:44
739	Pete Deadman	Orion Harriers	1:38:08
740	Paul Williams	Pitsea RC	1:39:11
741	Lindsay Davis	Totton RC	1:40:28
742	Berni Eggleton	New Eltham Joggers	1:41:00
743	Andy Toogood	North Norfolk Beach Runners	1:45:31
744	Peter Bates	Pitsea RC	1:46:23
745	Andy Lea Gerrard	Herne Hill Harriers	1:51:16