

NJAL - MEDWAY DIVISION 01/07/2007 - FEMALE RESULTS

A String					
Pos	Club	Athlete	Perf	Grade	Pts

B String					
Pos	Club	Athlete	Perf	Grade	Pts

100m

1	2	Natoya Sylva	13.1		11
2	1	Rachel Hannigan	13.2		9
3	6	Claire Welch	13.2		8
4	5	Chantelle Clare	13.6		7
5	3	Kate Laidlow	13.7		6
6	8	Megan Southwart	13.9		5
7	4	Steph Braithwaite	14.0		4

1	33	Kirstie Robinson	13.0	G3	9
2	66	Charlotte Mackie	13.6		7
3	88	Hannah Tolhurst	13.9		6
4	44	Georgia Gill	14.1		5
5	11	Becky Winstanley	14.1		4
6	55	Rebecca Lucking	14.5		3

200m

1	3	Kate Laidlow	26.5	G3	11
2	6	Yasmyn Joseph	26.7		9
3	2	Natoya Sylva	27.4		8
4	5	Chantelle Clare	27.4		7
5	8	Harriette Griffith-Jones	27.8		6
6	1	Dominique Roe	28.7		5

1	33	Kirstie Robinson	27.4		9
2	66	Charlotte Mackie	28.0		7
3	55	Kathryn Sutton	28.0		6
4	88	Vikki Bradford	28.1		5
5	11	Becky Winstanley	29.1		4

400m

1	3	Tamara Ashaye	59.6	G3	11
2	8	Dunia Pavlovic	61.0		9
3	6	Yasmyn Joseph	61.7		8
4	1	Georgina Twist	62.9		7

1	33	Shackeira Thomas	62.7		9
2	88	Jess Owen	63.0		7
3	66	Hannah Biddiss	63.8		6

800m

1	6	Natalie Wiskin	2:23.9		11
2	8	Catherine Symons	2:27.9		9
3	3	Emily Meins	2:34.8		8
4	5	Hayley Hickmott	3:37.7		7
5	1	Emmeline Rendell	3:14.2		6

1	88	Petra Pavlovic	2:31.7		9
2	66	Tamsin Burling	2:40.2		7
3	11	Kara Gibbs	3:42.7		6

1500m

1	88	Megan Brickell	5:02.9		11
2	1	Grace Nichols	5:03.0		9
3	6	Natalie Wiskin	5:33.5		8

1	11	Briony Walsh	5:12.4		9
2	8	Rachael Salway	5:20.5		7
3	66	Kate Grimmond	5:52.8		6

3000m

1	8	Lowri Richards	12:12.7		11
2	66	Laura Paine	12:16.1		9

1	6	Stephanie Hearn	12:40.5		9
2	88	Stephanie Kitson	13:19.3		7

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A String					
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B String					
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100m HURDLES

1	6	Sophie Copping	16.1	G3	11
2	1	Leah Howard	19.3		9
3	5	Vicky Youngs	21.1		8

1	11	Jo Fairclough	24.3		9

400m HURDLES

1	6	Viki Randall	66.9	G2	11
2	1	Dominique Roe	66.9	G2	9
3	8	Megan Southwart	69.8		8
4	3	Tamara Ashaye	70.7		7

1	66	Laura Reid	78.2		9
2	88	Jess Owen	80.1		7

HIGH JUMP

1	1	Katie Hamilton	1.50		11
2	8	Florence Bailey	1.45		9
3	4	Charlotte Meyer	1.40		8
4	6	Charlotte Mackie	1.30		7

1	88	Harriette Griffith-Jones	1.35		9
2	11	Leah Howard	1.35		7
3	66	Alesha Jivanda	1.30		6

POLE VAULT

1	1	Christine Moore	2.95	G3	11
2	8	Megan Southwart	2.45		9

1	11	Emmeline Rendell	2.60		9

LONG JUMP

1	4	Charlotte Meyer	4.69		11
2	8	Hannah Tolhurst	4.67		9
3	6	Claire Welch	4.30		8
4	2	Natoya Sylva	4.20		7
5	1	Katie Hamilton	4.12		6
6	5	Vicky Youngs	3.70		5

1	88	Holly Jenner	4.54		9
2	66	Viki Randall	4.26		7
3	44	Steph Braithwaite	3.94		6

TRIPLE JUMP

1	1	Rachel Hannigan	11.03	G2	11
2	6	Sophie Copping	10.09		9
3	88	Florence Bailey	9.71		8
4	4	Charlotte Meyer	9.00		7

1	8	Hannah Tolhurst	9.56		9
2	11	Katie Hamilton	9.24		7
3	66	Claire Welch	8.39		6

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A String					
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B String					
Pos	Club	Athlete	Perf	Grade	Pts

SHOT PUTT

1	7	Lucy Underdown	11.29	G1	11
2	11	Lizzy Yarnold	10.19	G2	9
3	8	Harriette Griffith-Jones	8.78	G3	8
4	2	Donna Kent	8.50		7
5	66	Sophie Copping	7.55		6
6	3	Shackeira Thomas	7.48		5
7	5	Rebecca Francis	6.77		4
8	4	Sophie Bates	4.29		3

1	1	Emma-Jane Standeven	8.88	G3	9
2	77	Amy Underdown	8.35		7
3	6	Catherine Wearing	7.55		6
4	88	Louisa Woods	7.31		5
5	33	Carol Stone	6.46		4
6	22	Tanya Lillis	6.32		3

DISCUS

1	7	Lucy Underdown	39.10	G1	11
2	1	Emma-Jane Standeven	32.54	G2	9
3	22	Donna Kent	24.22		8
4	55	Rebecca Francis	17.64		7
5	6	Danielle Reeves	16.88		6
6	88	Vikki Bradford	16.56		5
7	4	Sophie Bates	9.28		4

1	2	Tanya Lillis	23.49		9
2	77	Amy Underdown	19.12		7
3	11	Leah Howard	17.01		6
4	5	Kayleigh Saward	16.04		5
5	66	Tamsin Burling	15.80		4

JAVELIN

1	3	Carol Stone	40.09	G1	11
2	1	Lizzy Yarnold	36.79	G2	9
3	7	Amy Underdown	30.39	G3	8
4	5	Rebecca Francis	24.56		7
5	8	Jess Owen	21.05		6
6	66	Tamsin Burling	20.50		5

1	11	Leah Howard	24.34		9
2	55	Kayleigh Saward	17.49		7
3	6	Danielle Reeves	16.25		6
4	88	Megan Brickell	3.19		5

HAMMER

1	2	Donna Kent	45.93	G2	11
2	7	Amy Underdown	22.91		9
3	1	Leah Howard	19.43		8
4	5	Chantelle Clare	17.59		7
5	6	Sophie Copping	17.51		6
6	8	Louisa Woods	16.55		5
7	44	Lauren Marshall	15.97		4

1	55	Vicky Youngs	17.58		9
2	22	Tanya Lillis	13.58		7
3	11	Jo Fairclough	10.30		6
4	88	Holly Jenner	8.35		5
5	66	Laura Reid	7.97		4
6	4	Sophie Bates	3.87		3

4x100m RELAYS

1	6	Medway & Maidstone AC	Yasmyn Joseph, Catherine Wearing, Sophie Copping, Claire Welch	50.9		11
2	3	Cambridge Harriers	Kate Laidlow, Shackeira Thomas, Tamara Ashaye, Kirstie Robinson	51.0		9
3	8	Tonbridge AC	Hannah Tolhurst, Harriette Griffith-Jones, Megan Southwart, Holly Jenner	51.9		8
4	5	Dartford Harriers	Chantelle Clare, Rebecca Francis, Kathryn Sutton, Rebecca Lucking	53.2		7
5	1	Ashford AC & Invicta EK	Dominique Roe, Lizzy Yarnold, Rachel Hannigan, Becky Winstanley	53.7		6
6	4	Croydon Harriers	Lauren Marshall, Sophie Bates, Georgia Gill, Steph Braithwaite	55.0		5

4x400m RELAYS

1	6	Medway & Maidstone AC	Natalie Wiskin, Hannah Biddiss, Charlotte Mackie, Viki Randall	4:08.5		11
2	8	Tonbridge AC	Dunia Pavlovic, Vikki Bradford, Catherine Symons, Jess Owen	4:08.8		9
3	1	Ashford AC & Invicta EK	Briony Walsh, Jo Fairclough, Georgina Twist, Dominique Roe	4:38.3		8

NJAL - MEDWAY DIVISION 01/07/2007 - MALE and OVERALL RESULTS

A String					B String						
Pos	Club	Athlete	Perf	Grade	Pts	Pos	Club	Athlete	Perf	Grade	Pts

100m

1	6	Luke Smallwood	11.3	G3	11
2	5	Gavin Comber	11.6		9
3	8	James Farmer	11.6		8
4	3	Femi Owolade	11.8		7
5	4	Paul Ogun	11.8		6
6	2	Jo Ago	12.2		4.5
6	1	Ben Small	12.2		4.5
8	7	Ben Abbott	12.5		3

1	33	Stefan Mitchell	11.6		9
2	66	James Alcock	12.0		7
3	44	James Massiah	12.2		6
4	88	Stuart Hollins	12.3		5
5	11	Duncan Adamson	12.3		4
6	55	Jamey Elliott	12.4		3

200m

1	6	Luke Smallwood	22.7	G2	11
2	3	Stefan Mitchell	23.3	G3	9
3	8	Lawrence Wooldridge	23.4		8
4	1	Ben Small	23.8		7
5	2	Jo Ago	24.3		6
6	4	James Massiah	24.7		5
7	5	David Thacker	25.3		4

1	66	Andre Wright	23.8		9
2	11	Duncan Adamson	24.0		7
3	33	Enrico Faucher Folie	24.2		6
4	44	Vincent Auguiste	24.8		5
5	88	Duncan Steward	25.1		4

400m

1	3	Femi Owolade	49.6	G1	11
2	8	Lawrence Wooldridge	50.9	G2	9
3	1	James Phillips	51.3	G3	8
4	6	James Johnson	51.9	G3	7
5	2	Jamie Walker	54.0		6
6	5	Lee Capon	57.4		5
7	4	Mark Goatcher	57.4		4

1	11	Will Allingham	51.3	G3	9
2	66	James Alcock	52.4	G3	7
3	88	James Wildish	54.0		6
4	44	Tim Bateman	56.3		5
5	55	Philip Butler	59.1		4
6	33	Arthur Tanoh	59.1		3

800m

1	6	Ben Tyler	1:59.0	G3	11
2	8	Chris Kiely	1:59.6	G3	9
3	3	Lee Cogan	1:59.9	G3	8
4	1	Josh Fairclough	2:01.7	G3	7
5	4	Tim Bateman	2:15.1		6

1	11	Jack Green	2:01.3	G3	9
2	33	Andrew Sheridan	2:06.2		7
3	88	Alex Hookway	2:08.5		6
4	66	Nathan Breeds	2:18.4		5

1500m

1	1	Tim Burt	4:16.1		11
2	6	Matt Breeds	4:19.2		9
3	8	Andy Combs	4:20.0		8
4	3	Andrew Sheridan	4:24.9		7

1	88	James Pigot	4:21.1		9
2	66	Joe Smith	4:22.7		7
3	11	Ollie Crux	4:28.3		6

3000m

1	88	Nick James	9:25.8		11
2	1	James Hogg	9:37.1		9
3	6	James Myatt	9:50.9		8
4	3	Sam Murphy	9:57.2		7
5	4	Claudius Ricketts	10:12.5		6

1	8	Sam Bradley	9:30.1		9
2	66	Josh Elderfield	9:58.0		7
3	11	Lloyd Worsley	9:59.1		6
4	44	Matthew Kiernan	12:13.6		5

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Pos	Club	Athlete	Perf	Grade	Pts	Pos	Club	Athlete	Perf	Grade	Pts

110m HURDLES

1	3	Jason Manze	15.4	G3	11
2	8	Chris Wakeford	15.4	G3	9
3	2	Jamie Farrell	16.7		8
4	7	Luke Williams	19.8		7

1	88	Chris Kiely	18.7		9

400m HURDLES

1	3	Jason Manze	59.5	G3	11
2	1	Ollie Crux	61.4		9
3	5	David Thacker	62.4		8
4	6	Rob Hackney	65.5		7
5	7	Luke Williams	67.9		6
	8	Jack Parsons	dnf		

1	88	Chris Wakeford	63.0		9
2	66	Nick Simpson	63.3		7
3	33	Lee Cogan	68.5		6

2000mSC

1	8	Chris Kiely	6:41.3		11
2	6	Lawrence Clemence	6:50.2		9
3	33	Liam Corcoran	7:02.6		8
4	4	Claudius Ricketts	7:13.0		7
5	5	Stephen Caller	7:40.2		6
6	11	Stan Gruncell	7:51.2		5

1	88	M J Clemmence	6:51.5		9
2	3	Sam Murphy	7:31.9		7
3	55	David Thacker	7:51.2		6

HIGH JUMP

1	3	Jason Manze	1.85	G3	11
2	2	Jamie Farrell	1.80	G3	9
3	7	Ben Abbott	1.75		8
4	66	James Johnson	1.75		7
5	1	Jack Green	1.70		6
6	44	Mark Goatcher	1.65		5
7	5	David Thacker	1.65		4
8	8	Jack Parsons	1.55		3

1	6	Nick Simpson	1.70		9
2	1	Jack Green	1.60		7
3	55	Lee Capon	1.60		6
4	88	Stuart Hollins	1.55		5
5	33	Liam Corcoran	1.45		4

POLE VAULT

1	2	Paul Lillis	3.45		11
2	8	Will Jones	3.30		9
3	1	Nick Moore	3.30		8
4	4	Ned Quiney	3.15		7
5	7	Luke Williams	2.15		6

1	88	Chris Peers	3.00		9

LONG JUMP

1	4	Paul Ogun	6.45	G2	11
2	8	Chris Wakeford	6.05	G3	9
3	66	James Alcock	5.92	G3	8
4	2	Jo Ago	5.84		7
5	3	Kevin Kwarteng	5.74		6
6	1	Ben Small	5.45		5
7	55	Connor Searing	5.32		4

1	6	Darren March	5.77		9
2	5	Jamey Elliott	5.25		7
3	88	Harry Roberts	5.20		6
4	44	Richard Baah	5.19		5
5	22	Jamie Walker	5.04		4
6	33	Arthur Tanoh	4.91		3
7	11	Justin Crux	4.66		2

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TRIPLE JUMP

1	6	Darren March	14.04	G1	11
2	3	Kevin Kwarteng	13.25	G1	9
3	8	Chris Wakeford	12.74	G2	8
4	4	Paul Ogun	12.41	G3	7
5	1	Ben Small	11.91		6
6	5	Jamey Elliott	11.88		5

1	66	Nick Simpson	11.63		9
2	55	Lee Capon	10.68		7
3	11	Justin Crux	10.13		6
4	33	Liam Corcoran	8.78		5

SHOT PUTT

1	8	Paul Dawson	13.34	G2	11
2	66	Will Burling	11.53		9
3	2	Paul Lillis	11.02		8
4	3	Stefan Mitchell	10.44		7
5	1	Chris Gamble	10.01		6
6	4	Vincent Auguiste	7.95		5
7	55	Lee Capon	7.65		4

1	88	Ciaran Clemmow	11.46		9
2	33	Mayo Oluwole	9.73		7
3	6	Stuart Hitchcock	9.47		6
4	11	Viscar Biqiri	8.95		5
5	5	Stephen Chalk	7.48		4

DISCUS

1	8	Paul Dawson	33.55		11
2	4	Kariym Irving	33.20		9
3	2	Paul Lillis	31.16		8
4	3	Jason Manze	30.46		7
5	6	Stuart Hitchcock	26.34		6
6	1	Viscar Biqiri	25.75		5
7	7	Luke Williams	21.30		4
8	5	Stephen Chalk	19.96		3

1	33	Craig Lacy	28.31		9
2	11	Dean Langford	25.45		7
3	88	Alex Hookway	25.39		6
4	66	Dan Trott	21.33		5
5	55	Connor Searing	14.60		4

JAVELIN

1	5	Daniel Shaw	46.51	G3	11
2	4	Richard Baah	44.20	G3	9
3	1	Ben Johnson	42.84	G3	8
4	3	Graham Smith	42.24	G3	7
5	66	Will Burling	41.71		6
6	7	Luke Williams	36.84		5
7	8	Paul Dawson	35.26		4
8	2	Jamie Walker	29.38		3

1	33	Craig Lacy	41.69		9
2	6	Stuart Hitchcock	35.71		7
3	11	Dean Langford	34.60		6
4	55	Simon Collins	33.32		5
5	22	Jamie Farrell	28.14		4
6	88	M J Clemmence	17.89		3

HAMMER

1	8	Paul Dawson	45.42	G3	11
2	1	Viscar Biqiri	40.45		9
3	44	Kariym Irving	30.55		8
4	3	Craig Lacy	24.93		7
5	5	Stephen Chalk	24.54		6
6	6	Stuart Hitchcock	18.43		5

1	88	Ciaran Clemmow	32.32		9
2	11	Chris Gamble	27.03		7
3	33	Mayo Oluwole	17.25		6
4	66	Dan Trott	16.74		5
5	4	Matthew Kiernan	4.89		4

4x100m RELAYS

1	3	Cambridge Harriers	Mayo Oluwole, Stefan Mitchell, Enrico Faucher Folie, Femi Owolade	44.0	11
2	8	Tonbridge AC	Duncan Steward, Chris Wakeford, Lawrence Wooldridge, James Farmer	44.9	9
3	1	Ashford AC & Invicta EK	Ben Small, Dan Chatwin, Duncan Adamson, Will Allingham	45.2	8
4	4	Croydon Harriers	Paul Ogun, James Massiah, Vincent Auguiste, Richard Baah	45.4	7
5	6	Medway & Maidstone AC	Andre Wright, James Alcock, James Johnson, Luke Smallwood	46.2	6

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4x400m RELAYS

1	6	Medway & Maidstone AC	Ben Tyler, James Johnson, Chris Haines, Luke Smallwood			3:22.9		11
2	1	Ashford AC & Invicta EK	James Phillips, Josh Fairclough, Tim Burt, Will Allingham			3:25.7		9
3	3	Cambridge Harriers	Jason Manze, Stefan Mitchell, Femi Owolade, Lee Cogan			3:27.4		8
4	8	Tonbridge AC	Lawrence Wooldridge, Duncan Steward, Alex Hookway, James Wildish			3:36.4		7
5	5	Dartford Harriers	Jamey Elliott, Lee Capon, David Thacker, Stephen Caller			4:01.0		6
6	4	Croydon Harriers	Mark Goatcher, Matthew Kiernan, Claudius Ricketts, Tim Bateman			4:13.2		5

Meeting Result

1	8	Tonbridge AC	8	528
2	6	Medway & Maidstone AC	7	510
3	1	Ashford AC & Invicta EK	6	473.5
4	3	Cambridge Harriers	5	357
5	5	Dartford Harriers	4	242
6	4	Croydon Harriers	3	232
7	2	Bexley AC	2	174.5
8	7	Paddock Wood AC	1	107

Cumulative Result

1	8	Tonbridge AC	23	1536.5
2	6	Medway & Maidstone AC	21	1459
3	1	Ashford AC & Invicta EK	19	1419.5
4	3	Cambridge Harriers	15	999
5	5	Dartford Harriers	12	765.5
6	4	Croydon Harriers	8.5	679
7	2	Bexley AC	6.5	557.5
8	7	Paddock Wood AC	3	372

AOM

29/04/2007	Michael Baker	Medway and Maidstone	400m Hurdles	54.0
29/04/2007	Beth Carter	Ashford / Invicta East Kent	3000m	9:58.0
27/05/2007	Trevor Okoroafor	Croydon Harriers	Triple Jump	13.91
27/05/2007	Lucy Underdown	Paddock Wood AC	Discus	38.39
01/07/2007	Darren March	Medway and Maidstone	Triple Jump	14.04
01/07/2007	Carol Stone	Cambridge Harriers	Javelin	40.09

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NON-SCORING RESULTS

Men

100m

1	Mayo Oluwole	Cambridge	12.1	
2	Enrico Faucher-Folie	Cambridge Harriers	12.2	
3	Dan Chatwin	Ashford AC/Invicta East Kent AC	12.4	
4	Kevin Kwarteng	Cambridge Harriers	12.5	
5	Arthur Tanoh	Cambridge Harriers	12.6	
6	Duncan Steward	Tonbridge AC	12.7	
7	Harry Roberts	Tonbridge AC	12.7	
8	Roma Dennison	Ashford AC/Invicta East Kent AC	12.7	
9	Justin Crux	Ashford AC/Invicta East Kent AC	12.9	
10	Ben Reid	Cambridge Harriers	13.6	

200m

1	Dan Chatwin	Ashford AC/Invicta East Kent AC	24.9	
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400m

1	James Edwards	Tonbridge AC	58.9	
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800m

1	Will Funnell	Ashford AC/Invicta East Kent AC	2:13.2	
2	James Darby	Tonbridge AC	2:14.1	
3	Stan Gruncell	Ashford AC/Invicta East Kent AC	2:19.4	
4	Chris Blandford	Ashford AC/Invicta East Kent AC	2:19.5	

3000m

1	Steve Yarnley	Ashford AC/Invicta East Kent AC	11:22.6	
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2000m Steeple Chase

1	James Cotterill	Tonbridge AC	7:34.1	
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SHOT PUTT

1	Dan Trott	Medway & Maidstone AC	8.0	
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JAVELIN

1	Dan Trott	Medway & Maidstone AC	36.1	
2	Chris Blandford	Ashford AC/Invicta East Kent AC	19.6	

Women

100m

1	Holly Jenner	Tonbridge AC	15.2	
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1500m

1	Danielle Somai	Medway & Maidstone AC	5:57.1	
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POLE VAULT

1	Kara Gibbs	Ashford AC/Invicta East Kent AC	2.6	
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DISCUS

1	Charlotte Burnett	Ashford AC/Invicta East Kent AC	15.9	
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